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Coming Soon: New Addition to CHE

BY CHANTAL EL CHAIB
Staff Writer

As Sacred Heart continues to expand, students in the College of Health Professions (CHP) and Davis and Henley College of Nursing have been talking about a possible new addition to the Center for Health Care Education.

“There are plans for expanding the Center for Healthcare Education, as our programs and our enrollments have substantially increased,” said Maura Iversen, Dean of the College of Health Professions.

According to Iversen, the expansion of the building will be on the Center for Health Care Education footprint to the right of the existing building. It will be a shared space for use by nursing students and CHP students.

“The university is working with architects at this moment, so there is no specific timeline, only that we are hoping to move expeditiously to meet the learning needs of our students and to allow for future program expansion,” said Iversen.

According to Karen Daley, Dean of the Davis and Henley College of Nursing, more information about this expansion will occur in the summer or early fall.

Although there are not many specific details, many students look forward to the fact that the Center for Health Care Education might be expanding.

“The Center for Health Care Education is a great space to provide additional classrooms and labs and opens up more learning opportunities for those who want to work in healthcare,” said senior Cora Koproski.

“An addition to the center would offer even more beneficial experiences that come from having ample space to offer hands-on experiences and visuals that would not be possible without the Center for Health Care Education,” she said.

According to the Sacred Heart University website, the current Center for Health Care Education houses both the College of Health Professions and College of Nursing and it encompasses 120,000 square feet of learning facilities in a three-story

building on 8.7 acres.

“Both colleges are experiencing sustained growth which has led to conversations about the need for additional space and parking,” said senior Lisa Jacobsen, President of the Student Nurses Association.

“From a student perspective, I feel the need for an expansion within the College of Health Professions and College of Nursing. When communicating with the College of Nursing administration, though, they expressed hopefulness regarding expansion as additions have not yet been approved,” said Jacobsen.

Although some students believe an expansion is necessary, others believe there is no need for one.

“I don’t think that the CHE needs an expansion as it was just recently built and has many facilities for the majors it runs. The school of nursing has two sections for sophomore, junior and senior students to learn in the lab and experience the in-person part of nursing,” said senior Christina Massei. “I think if the building were to expand, they should add more parking spaces.”

“I do not feel the need for more offerings or more expansions to the Center for Health Care Education. I think that the building already provides many great services to students who want to have a career in a health profession,” said freshman Emma Smith.

The center has labs used for teaching and giving services, including an audiology clinic, a pediatric clinic, a driving simulator and motion analysis and human performance labs.

The administration remains excited for what the future has in store for both the College of Nursing and CHP.

“We are excited about the President’s continued commitment to all the health professions and look forward to greater opportunities for inter-professional learning,” said Iversen.



The Center for Health Education provides SHU students with the space to prepare for the real world.

Aidan Daly, Staff Photographer

News

College of Business Renews Accreditation

BY JONATHAN PITCHER
Staff Writer

The Association to Advance Collegiate Schools of Business (AACSB) recently renewed its accreditation to the Jack Welch College of Business and Technology (WCBT), which signifies “the quality and merit of WCBT’s curriculum.”

AACSB International describes itself as a global nonprofit association that connects educators, students and businesses to form the next generation of leaders. Receiving the accreditation is not an easy task for schools to accomplish as there are many qualifications to be met.

“It is a rigorous process that involves strategic planning, faculty qualifications and assurance of learning. To be AACSB accredited, the college must demonstrate through a detailed self-study of its faculty meeting certain academic and professional standards, and it must demonstrate its students are meeting certain learning outcomes while the college has adequate resources and facilities,” said Michael Larobina, acting dean of the WCBT.

The school achieving accreditation from the AACSB is beneficial for both the professors and the students at Sacred Heart University.

“When it comes time for students to seek out internships and jobs, employers take into consideration if the school they attended is accredited. The accreditation aids in validating the quality of the program, adding value to the degrees earned in the Welch College of Business & Technology,” said Barbara Gerwien, Manager of Accreditation Data and Reporting at Sacred Heart University.

There are many plans for the future of the Jack Welch College of Business and its potential for expansion.

“In order to maintain accreditation, the faculty of the WCBT is always evaluating the needs of our students and the external business community to develop business programs to meet their needs,” said Laborina.

According to the SHU Newsroom, “today, a total of 935 institutions across 59 countries and territories have earned AACSB accreditation in business. SHU first earned its accreditation in 2006.”

Some students already feel the excitement of the university achieving this accreditation as they understand its value.

“I am stoked that I attend a college with this accreditation,” said junior Patrick Milner. “Knowing that this type of achievement will help my resume makes me excited and I definitely look forward to what the WCBT has to offer.”

Some students feel like their time spent studying and learning at Sacred Heart is paying off and will help them find the jobs they desire after they graduate.

“I feel like once I graduate, finding jobs will be easier as my resume will be stronger since companies will know that I graduated from a university that was accredited by the AACSB,” said junior Keelin Masuer. “I will be graduating next year, and I look forward to showcasing my accomplishments at Sacred Heart.”

A Dean for the College of Business and Technology has been recently appointed.

“We are very fortunate to have Dr. Catherine McCabe joining us in the role as Dean of the College of Business and Technology. Dr. McCabe’s appointment was announced on March 18, 2022, by Dr. Petillo,” said Gerwien.

Walk A Mile in Her Shoes

BY AIDAN DALY
Staff Writer

On April 23, hundreds of residents gathered in the Fairfield train station parking lot to participate in the 10th annual “Walk A Mile In Her Shoes” campaign, a one mile walk to help raise funds for The Center of Family Justice (CFJ) as well as to raise awareness of abuse against women and children.

The CFJ is a non-profit organization that offers programs and services for victims of abuse with a mission to put an end to domestic and sexual violence and child abuse.

While the Walk-a-Mile in Her Shoes has been happening since 2012, this was the first time since 2019 that it was held in-person due to the Covid-19 pandemic.

“It is a celebration, high energy and a lot of fun,” said MacNamara. “With community leaders, members, politicians, high school students, families, dogs, and a huge SHU presence from Dr. Petillo, our athletes and others, we basically overtake Post Road on Saturday morning and are led by the Hurricanes Marching Band.”

Sen. Richard Blumenthal was also leading the walk alongside MacNamara.

“To all of the survivors who are here today, thank you,” said Blumenthal. “Thank you for inspiring us with your strength and courage.”

MacNamara talked about how important it is to have the community support a



Aidan Daly, Staff Photographer

Participants walked to spread awareness of domestic violence.



Aidan Daly, Staff Photographer

The Center of Family Justice has found that this event brings their community together for a great cause.

Sen.Tony Hwang acknowledged the significance of holding the event in person for the first time in three years.

“Isn’t it wonderful to see everybody in person,” said Hwang. “This is such a wonderful awareness program to let people know that we support those that have been impacted by domestic violence.”

Gary MacNamara, Executive Director of Public Safety and Government Affairs, has run the event since it began in 2012 and was back again this year to lead the walk.

“We started the event ten years ago,” said MacNamara. “I was still the Fairfield Police Chief and Chair to the White Ribbon campaign and wanted to find a way to accomplish a few things during sexual violence prevention month.”

The event was attended by all different kinds of people with many men wearing women’s shoes as a sign of support to women who have faced abuse.

“When I see young people, seniors, community leaders, law enforcement all here, they are here to show support for those whose lives have been impacted by domestic violence,” said Hwang.

sensitive topic such as this, especially men.

“We all have a role in stopping sexual violence,” said MacNamara. “ Most of the victims are women, and we all have women in our lives, and have to do all we can to prevent it from occurring.”

“Most of the offenders of sexual assault are men, however, most men don’t offend,” said MacNamara. “We need these non-offenders to be role models for others. To show what respectful relationships are.”

While the walk has raised a lot of money for CFJ and set a standard for zero tolerance for domestic violence, it has also had a large impact in the Fairfield area.

“I am taking this picture back to my colleagues in Washington at the United States Senate and saying this is America, fighting against domestic violence and you need to join them,” said Blumenthal. “Strengthen the violence against women act, make sure we devote the resources.”

Perspectives

Formal Season Is Back

BY FIONA YOUNGS
Staff Writer



Chi Omega Sisters Julie Dunn (left), Jamie Wisniewski (middle), and Isabella Perry (right) enjoyed their formal.

Junior Tori Lopez put on her mint green dress and her white heels and joined the other 314 people to Zeta Tau Alpha’s April in Paris themed formal. The formal consisted of the members of the chapter and their dates, roommates or friends. They entered the ballrooms of the Riverview Bistro in Stratford, Conn. where the place was elaborately decorated with balloons and flowers.

Formals play a role in Greek life in a variety of ways, though they are not a requirement, but are something that the individual fraternity and sorority decide on.



The Kappa Delta sisters in their spring formal attire Karen Hansen (left), Kaylee McKay (Right)

environment. It’s also an opportunity to meet new people in your sorority or fraternity,” said sophomore Julia Fischer.

The connections with each other are what many people focus on, but others believe more come from them. Some of these women view these events as time with their “family.”

“I believe that these events do make a difference to our chapter... I was able to hang out with sisters that I don’t get to see too often and of course get ready with my family line,” said junior Gianna Romagnoli.

Though it is a fun night for many, safety is Sacred Heart’s priority. Therefore, the school has their input on what is important as well as rules for events like these.

“I do think formals can be beneficial, especially when they are conducted appropriately. Chapters are supposed to register their formals with the Office of Fraternity & Sorority Life and follow certain safety procedures like having sober Social Event Managers and

“There are currently 13 total chapters on campus— eight sororities and five fraternities. We typically see all the sororities having a formal both semesters and if the fraternities choose to have one, they typically reserve theirs just for the spring semester,” said the Director of Fraternity and Sorority life, Nick Frias.

There are many amenities that go into entertainment at formal depending on each organization’s budget.

“A lot of money goes into formals—food, DJ, the venue itself, etc. so it really depends on if each chapter has the financial means to host one for both semesters,” said Frias.

Many members of the Greek life community enjoy the stylistic aspect of formal, as well as the fun time that comes along with it.

“I love dressing up and dancing, so formal was something I really looked forward to,” said sophomore Emmy Arellano.

For others, many people enjoy attending formal, as they feel it brings their organization together.

“I look forward to events such as formal because I believe it is a great bonding experience for our chapter,” said junior Carolyn DeFranco.

Some members look at formal as a chance to connect with new people.

“Formal gives everyone time to socialize and be together outside of the school

have a separate bar area for 21+ individuals,” said Frias.

During the current times, some members believe that COVID-19 has put a damper on formals for a few years which is in part why they are excited for this year’s events.

“It has been a while since we were able to have formal, so it was nice to have such a special event like this again for our girls,” said DeFranco.

Fraternities and sororities have many events over the course of the year but formal is a big event in Greek life that is enjoyed by many.

“The whole community shares the excitement of doing something altogether,” said junior Gabby Teutul.



Isabella Costanza, Features Apprentice Hannah Alexanian (left) and Isabella Costanza (right) took photos on campus before their Chi Omega formal.

End of the Year Check-In

BY SAMANTHA INGRAM
Staff Writer

Sacred Heart’s spring academic schedule began on Jan. 18 and is now quickly coming to an end on May 2. Returning from Easter break, there are only two weeks left of classes followed by graduation and final exams.

“My classes are definitely getting a little more stressful with finals around the corner, but I am hoping to finish strong,” said sophomore Alanna Wunsch.

Many students said that the semester included a lot of activities and clubs to keep students busy.

“Extracurriculars have heavily occupied my semester, but I am happy to have had an eventful second half of my junior year,” said junior Carissa Munoz.

Other students said their semester flew by, especially seniors who are graduating.

“As a senior, I find the end of the semester to be really bittersweet. I definitely feel it’s time to move on; and as soon as my coursework is all finished and submitted, I think I’ll be excited to graduate,” said senior Sydney Duval.

According to students, there have been some significant events that made their semester enjoyable.

“For me personally, the highlight of my semester was Greek Week. I had so much fun participating in Greek Sing, and I loved going to other events to see my sorority sisters and friends in other sororities,” said junior Tara Matthies.

As for some students, there were some low parts of the semester.

“I have had a few challenging courses this semester, so they have been a little tough to get through,” said Wunsch.

Looking ahead to next semester, Student Planning and Advising is a system where students can register for classes. The website has various sections that allow a student to choose classes, view their grades, look at their progress with credits and apply for graduation.

“I did get the classes I wanted for next semester. I have a lot of block classes, but I’m glad they are all in person,” said Munoz.

The low COVID cases have allowed for a more sense of normalcy within SHU’s campus.

“I felt much more safe this semester and since the virus has calmed down, it has allowed the school to have more events that I have missed in the past years,” said Matthais.

Others reflect on positive additions that this semester has allowed.

“As someone who started school here in the fall of 2018, I remember what normal looked like. It’s been really exciting to see things like Senior Week, ‘Dead’s’ at Red’s pub and even the soft serve machine at 63s come back to campus for people to enjoy,” said Duval.

Some seniors look forward to the end of the year festivities as well.

“As a senior, something that I have been excited for as a way to close out the semester is Senior Week. It’s exciting that we are the first class to participate since 2019. I think it’ll be a good way to make more memories with my friends here before graduation,” said senior Kristine Udahl.

Student Government Elections

BY SAMANTHA MARANO
Staff Writer

Sacred Heart Student Government held its elections for the 2022-2023 school year. Students had access to vote from April 12 at 9 a.m. until April 13 at 4 p.m..

Student Government is a student-run organization that advocates for all students' questions and concerns.

"We work hard to impact not only the SHU community but also the Bridgeport community," said Olivia Chaponis, the class of 2022 President.

SHU Students received a link to a voting form on the day of the elections. But students campaigning were not allowed to post on social media about themselves to ensure a fair election.

The newly elected Student Government (SG) executive board for the 2022-2023 school year are President Alejandro Ramos, Director of Public Relations Ryan Downey, Direction of Student Relations Gabriella Orlando, Director of Community and Inclusion Bella Scarmack, Comptroller Sam Deliguori and Chief Justice Lauren Pisano.

Newly elected class Presidents are Olivia Larosa representing the Class of 2023, Erin Clark representing the class of 2024 and Zach Braca representing the Class of 2025.

"I believe that Student Government is important because unlike what many students may believe, we do not care if you are republican, democrat, independent, etc., we care about making a change on our campus and making sure that students get the most out of their four years here at SHU," said Chaponis

This year Student Government went through a few significant changes due to the changes in the constitution this semester. Student Government now consists of a Student Government President, Director of Public Relations, Director of Student Relations, Director of Community and Inclusion, Comptroller, Chief



Instagram, @shustudentgov

Justice and senators.

With the recent changes, each class has a board that consists of a President, Vice President, Traditions Chair and Class Relations chair.

"The election process was incredible as this was my first election post-Covid. This is only my first year at SHU as a transfer student. I was overwhelmed by the support I received from students," said Alejandro Ramos. "I had campaign stickers made and saw friends and random people wearing them. I was overcome with happiness with the fact that so many people supported my campaign ideas."

Even though the elections were so recent, and the newly elected members have not been sworn in, many have already started planning and brainstorming ideas for the upcoming academic year.

"Since I've been elected, I have already contacted my advisor about pub nights, senior week and so much more for next year. A lot is to come that is new and exciting while keeping our traditions alive," said Olivia Larosa.

Since Ramos was elected, he has also started tackling Sacred Heart's campus parking situation and exploring the idea of free feminine products in all public campus restrooms.

"Holding the position of Student Government President means everything to me. The students put me here, and I will do everything I can for them," said Ramos. "I cannot wait to see what the year brings and want the entire student body to keep both myself and all of SG accountable."

SET's Spring Fest

BY JILLIAN REIS
Staff Writer

Spring is officially here and with finals week just around the corner, it is the perfect time for SET's annual Spring Fest which will be taking place in the Curtis Hall parking lot Saturday, April 30 from 2-8 p.m.

The planning for Spring Fest started in November 2021 with SET's Special Events Chair, junior Jenn Larson and President, senior Jenna Karpowich.

"The steps into planning a big event involve brainstorming, contacting vendors, booking space, marketing for the event, creating schedules and logistics for the event and lots more," said Karpowich. "The entire SET executive board helps with this process and gives their input but Jenn is really the one who spearheads this and I oversee a lot of it to make sure everything is on track."

This year's Spring Fest is going to be different from the previous year where students had to pre-register for the event in order to adhere to Covid-19 guidelines.

"We really had to adapt for Covid last year which resulted in limiting the number of students at the event. Students were only able to stay for their time slot which was important for safety but cut out that community feel a bit," said Larson. "This year will be a nice change. Students will be allowed to mingle and stay as long as they'd like."

This year students are invited to stay as long as they would like to enjoy all of what the event has to offer. Spring Fest will have games such as Mini Skee Ball and Chicken BBQ, a variety of food trucks, and carnival rides that include the Mardi Gras Fun House, the Scrambler and more.

"I am not sure what students are going to be most excited about because there are so many options. Food trucks, carnival rides, carnival games, prizes, music, giveaways, so much," said Karpowich. "I think that my favorite part will be all of the food trucks."

Students can grab wristbands and five tickets for Spring Fest with their SHU ID on April 28 from 11-7 p.m. and April 29 from 11-5 p.m. at cabanas two and three. Additional tickets can be purchased on the day of the event for \$5 for five tickets.

There will also be other events taking place as part of Spring Fest weekend starting with the Relay for Life and the Talentless Talent Show on April 29 and ending with Brunch Fest and Mass on the Grass on May 1.

With all of the events happening Spring Fest weekend, the title event seems to be creating the most excitement.

"I'm incredibly excited to be able to work at and welcome everyone to Spring Fest and I hope everyone has a great time," said SET Secretary Junior Daniel Gonzalez. "A huge shoutout is needed for the entire SET executive board and more specifically Jenna and Jenn."

Larson is mainly excited about giving other students the chance to relax before the semester comes to a close

"Spring Fest is really just a way to celebrate all of the hard work that we've put in this past semester," said Larson. "As students, we work in and outside of the classroom for countless hours at a time. Spring Fest is an event that students can come to in order to relax and have fun with friends."

SPRING FEST WEEKEND!

A circular logo with a person holding a surfboard, palm trees, and a banner that says "SPRING FEST WEEKEND". Below the banner is the date "APRIL 29TH-MAY 1ST, 2022" and the SET logo.

SATURDAY, APRIL 30TH
2PM-8PM
CURTIS HALL PARKING LOT

Three logos: "STUDENT ENGAGEMENT & INVOLVEMENT" with a circular design, "SET STUDENT EVENTS TEAM" with a red and white design, and "Sacred Heart University Fraternity & Sorority Life" with a red and white wreath design.

RIDES, FOOD TRUCKS, GAMES, GIVEAWAYS AND SO MUCH MORE!

MORE INFORMATION ON TICKETS TO COME!

Spotlight



Literary Spring

BY JILLIAN REIS AND KELLI WRINN
Staff Writer & Copy Editor

On April 11 the English Club partnered with the English Department in celebration of Literary Spring. Held in the Martire Forum, many students shared creative pieces to an audience of professors and peers. Below are excerpts and explanations of a poem written by Jillian Reis '23 and a creative nonfiction piece written by Kelli Wrinn '23. Both students use their creative talents to discuss complicated topics like mental health and a lost sense of self as young adults.

I Know Why the Caged Bird is Silent

By: Jillian Reis

I know why the caged bird is silent.
she cannot find the notes to express her sorrow
she cannot bring herself to sing of the shackles keeping her down
someone once offered to open the cage, but what good
would it be to fly into stormy skies
it is a cage, but it could be worse
she's seen birds leave and return
beaten, bruised, broken
things could be much worse than her

cramped

little

cage.

I know why the caged bird is silent.
The caged bird is silent because if she let out a note, it would be a scream.
Reading this at the Lit. Spring was nerve-wracking, to say the least. I usually try to keep my writing very light and funny, and this was neither. This poem is something that was very personal to me and reflects an experience that some might call traumatic. I originally was not planning on sharing this poem with anyone but was encouraged by Dr. Young to share it at the event. It was a hard thing to do but I am glad I was able to read it. People seemed to enjoy it a lot and it felt cathartic in a way. For anyone who can relate to the poem as much as I do, I hope you find your way out of the cage.

Home or Lack Thereof

By: Kelli Wrinn

Sometimes, I would imagine what it would be like to live somewhere else, be a part of a different family, and live in a different home. Now that I am older and I have lived in new places, with my friends instead of my family. I find my mind wandering to similar thoughts I had when I was a kid and angry with the world - what would it be like if I lived elsewhere? Back then, I knew my home. My home was a tan-green house with a two-car garage and a pool in the backyard. It was living with my mom, dad, brothers (one older, one younger), and two cats. It was the big front yard with yellow crabgrass from years of all the neighborhood kids gathering and playing soccer with a hockey net. It was the friends I spent time with at school and sports practices. Back then, I knew my friends, my family, my street - and they were my home.
For most people, it isn't this simple. It actually isn't even this simple for me now. The concept of home is much more complex than the place where you live, as the definition states.
Home is fluid. It is an ever-changing concept of where you feel you most belong. Throughout my life, I have spent a significant amount of time in eight houses with both friends and family. You would think that I feel more comfortable in one place or with one person more than any other, but truthfully, I don't.

While writing the longer version of this piece, I realized that homelessness does not necessarily mean that you do not have an address. It can also mean that you do not have a place where you feel you fit the best. I have struggled with this feeling for years, and I learned that many of my friends and peers feel similarly. Our lives are moving too fast for us to wrap our heads around these changes. Writing this was therapeutic for me - even though I still have these feelings, I find comfort in knowing that I am not alone.
Reading the full piece at the English Department's Literary Spring, I felt vulnerable. I was not afraid of being judged or criticized but exposed while sharing some of my deepest thoughts. I was scared that the feelings that I wrote about in my essay were wrong, that those who I did not speak to in my writing process would wholeheartedly disagree with my entire stance. If that were the case, then that would mean I would be alone again, and I think that is why I felt so vulnerable in sharing my piece to a room full of peers. I am appreciative of the positive feedback I did receive from my peers, but a piece of me will always be afraid that I will once again be alone in my feelings.
Despite how I feel now, I try to stay positive and incite my positivity in others for our futures. I am hopeful we will not be in this limbo forever. One day, we will find our places where we belong and feel the most comfortable in being ourselves. When we get there, we can look back on the times when we did not have a home and feel grateful for the lives we have built for ourselves.

Arts & Entertainment

What to See Before You Leave

BY SARAH COSTA
Staff Writer

The Claddagh Dancers Irish Dance Showcase kicked off an entire weekend of dance. Performances were showcased by Sacred Heart University’s (SHU) Dance Company, SHU Mo(VE)ment, Inception Dance Crew and the SHU Dance Ensemble.

On Thursday, April 21, the Claddagh Dancers Irish Dance Ensemble performed in their showcase at the Edgerton Center. The performance contained a variety of dances, ranging from modern to more traditional styled pieces.

“Many of our dancers, including myself, have never had a solely Irish Dance Ensemble show at SHU, so it is really exciting having this opportunity to perform and share our dances with the community,” said junior Abigail Lupinacci.

A lot went into preparing for the performance. The Claddagh Dancers had 20 different pieces to choreograph, rehearse and learn. One of the pieces in the show titled, “The Grackle,” was choreographed by the five dancers in the number and their coach, Allison Wetterauw.

““The Grackle,” is really special because the music and the energy that the dancers bring remind me why I love Irish dance so much. It was such a team effort having the dancers performing it, actually choreographing it as well,” said junior Grace Kelliher.

The Claddagh Dancers’ showcase was not the only performance that took a lot of rehearsing and preparing. Dancers in the SHU Dance Company and the SHU Dance Ensemble had to learn a variety of dances, some in a short amount of time.

“We have nonstop rehearsals starting the first week of each semester. Some student and professional choreographers for company and ensemble work once a week with their cast, but we have some professional guest choreographers that only come a handful of times during the semester,” said dance company coordinator Sidney Choothesa. “So, some pieces are rehearsed weekly, and others have only had a single weekend to learn.”



Samantha Ingram, Staff Photographer
SHU Dance Company members put on a wonderful performance over the weekend.

The weekend of dance performances began on April 21 and concluded on April 24. However, as the semester comes to an end, there are many more events for students to enjoy.

The SHU Student Chamber Ensembles presents the Instrumental Chamber Ensembles Concert on April 29 at 8 p.m. The concert will feature all the small chamber ensembles within the program. The music in the concert will range in both style and genre, from traditional pieces to more modern and contemporary pieces.

“The music that we are going to present at this concert is a different kind of music, and it requires a different kind of engagement from the audience,” said the director of bands and orchestra Keith Johnston. “It allows you to really dig down within yourself and make a musical connection between yourself, the performers and the music that they’re playing.”

The Instrumental Chamber Ensembles Concert will take place in the SHU Community Theater, as well as the SHU Orchestra Spring Concert.

The SHU Orchestra will perform its annual spring concert on May 1, at 3 p.m. The concert will feature Haydn’s Symphony No. 100, also known as the “Military” symphony. The concert will also feature music of Josh Groban and music from the film series, “Pirates of the Caribbean.”

“We are all part of the same community and I encourage everyone to please go and support your fellow Sacred Heart students who have put so much time and energy into preparing something. It’s also a fantastic opportunity to hear some music that we don’t necessarily get to hear in our day to day lives,” said Johnston.

The SHU Choral Program will also present Kaleidoscope: A Celebration of Diversity. The concert will feature a diverse selection of American Choral music. It will take place on April 30, at 7:30 p.m. at the Edgerton Center.

For tickets and more information on the upcoming events visit, <http://edgertoncenter.org/>.



Samantha Ingram, Staff Photographer
Students work very hard in order to create such wonderful performances.

She’s Out For Blood

BY STEPHANIE PATELLA
Staff Writer

Actress Amanda Seyfried donned an all-black power suit and slicked back bun to portray Stanford dropout Elizabeth Holmes in the Hulu original miniseries, “The Dropout.” The first three episodes premiered on March 3 and new episodes were released each week leading up to the April 7 finale.

The show focused on Holmes and her effort to change the course of health technology by developing ways in which one drop of blood can be used to perform hundreds of medical tests through her company “Theranos.”

At the start of her career in 2015, Forbes named Holmes the “youngest and wealthiest self-made female billionaire in America.” She gained support of many influential figures, including capitalist investor Tim Draper and former U.S. Secretary of State Henry Kissinger.

According to Professor Davis Dunavin, communications & media studies instructor at Sacred Heart University, “She comes from the generation of tech gurus, people like Elon Musk and Mark Zuckerberg. They managed to make these mass amounts of money based on promises of what they can create.”

However, Holmes’s success was short-lived when a federal grand jury accused her of multiple counts of fraud in June 2018. The U.S. vs. Holmes’ trial began in Aug. 2021 and concluded in January, according to the U.S. Department of Justice.

“The jury found Ms. Holmes guilty on four of 11 counts of wire fraud or conspiracy to commit wire fraud. Each count carries a maximum prison sentence of 20 years,” reported the Wall Street Journal.

“The Dropout” was written and produced during Holmes’s trial. It was writer Elizabeth Meriwether’s task to adapt her story on screen and create an accurate representation of the reality.

“In this story, the deeper you dig, the less understanding you have. She’s such a mystery and, for me, she continues to be a mystery even after working on the show,” said Meriwether to NBC News.

Meriwether wasn’t the only one who found mystery in Holmes’s character. Seyfried revealed her thoughts on playing this complex role.

“Gosh, what a complicated person to be able to play. I feel so lucky. And yet I don’t know anything about her, but her story is fascinating,” said Seyfried on “Late Night with Seth Meyers.”

Seyfried also revealed the challenge she faced to master the deliberate low baritone voice that Holmes created.

“I would be talking like Elizabeth and (my throat would) get a little sore, And I’d be like, ‘This can’t happen. Am I going to be able to do this for weeks?’” said Seyfried in an interview with LA Times.

Wardrobe choices were another important element in the show as they aimed to accurately depict Holmes’s sometimes ill-fitted corporate style.

“Costume designer Claire Parkinson ensured that all of Amanda’s clothes looked awkward and ill-fitting, sampling wrinkled and billowed pieces from Gap and J. Crew,” said beauty and pop culture TikTok content creator Cat Quinn.

Dr. Rachel Bauer, theater arts coordinator at Sacred Heart, believes that costumes are vital aspects to any life-to-television adaptation.

“Costumes say so much more to an audience than we realize. In this case, the subtly of the ill-fitting costumes goes a long way to showing how Holmes was a bit of an outsider who worked her way into the industry,” said Dr. Bauer.

“The Dropout” is not the only way to learn about Holmes’s story. In Feb. 2019, ABC launched a seven-episode investigative podcast with the same title discussing Holmes and her trial. That same year, Alex Gibney directed a documentary titled “The Inventor: Out for Blood in Silicon Valley” which chronicled Holmes’s well-publicized rise and fall.

In an interview with Jimmy Fallon, Amanda Seyfried said, “I watched everything and listened to everything, the videos, the podcasts. Man, I couldn’t get enough.”



A few members of cast of “The Dropout” attending a red carpet event.

Instagram, @mingey

Sports

It’s NBA Playoff Time!

BY JORDAN GREENE
Contributing Writer

With the National Basketball Association (NBA) regular season finished and the playoffs in full effect, the quest for a championship trophy is now on. With a league full of high-flyers and knockdown shooters, fans across the world will be glued to their devices to see who will come out on top.

According to students across Sacred Heart University, there are a number of teams who look to make a serious run in achieving success for the next few months.

The third seed in the Eastern Conference Boston Celtics was one of the teams several students mentioned in their top picks. Led by young players such as shooting forward Jayson Tatum and shooting guard Jaylen Brown, the Celtics come into the playoffs after a much improved second half of their season, winning 15 of the last 19 games they played in.

Track and field sprinter Drew McInnis had some evidence to why the Celtics could make a strong run this year.

“The Celtics have one of the best defenses in recent history,” said McInnis. “Combined with the fact that

they have a group of top tier scorers, I expect them to do really good this year.”

In terms of the Western Conference, the number one seed Phoenix Suns are also a team to be reckoned with according to students as well. The only disadvantage they may have coming into the playoffs is not having their star shooting guard Devin Booker, who led the team in points and three pointer but suffered a hamstring strain that may keep him out of play for at least 3 weeks, according to CBS Sports.

SHU football player Jake Walsh feels the Suns can hold their own in a tough conference in the West.

“They are a great team led by tremendous leaders like Chris Paul and Devin Booker,” said Walsh. “With Booker out with injury, it is hard to see where the Suns can go as of now. But once he comes back, they will definitely be a dominant team.”

To watch the NBA playoffs, tune into ABC, TBS or streaming sites such as Hulu, FuboTV and SlingTV for all of the action. The NBA finals will begin on June 1 where the 46th Larry O’Brien trophy will be given to one champion.

Scheffler Takes Augusta, PGA Championship On Horizon

BY ALLY BOTTO
Staff Writer

The Masters Tournament is one of four major professional golf championships. The other three include the Professional Golfers Association (PGA) Championship, U.S. Open and Open Championship.

This year, the Masters took place from April 7-10. The winner was 25-year-old American Scottie Scheffler who finished 10-under par and is currently the number one player in the world.

“I don’t feel like number one, I feel like the same guy I was four months ago and I hope that doesn’t change,” Scheffler told The Spun by Sports Illustrated. “Winning golf tournaments isn’t easy, so knowing bad things will happen and being able to react to them in a positive way is important.”

This was Scheffler’s fourth win on the PGA Tour but only his first major championship win. As a Masters Champion, he received a \$2.7 million prize, a gold medallion, a Sterling Replica of the Masters Trophy and the coveted Green Jacket.

According to the Masters website, the tournament was cofounded in 1934 by Bobby Jones, the amateur golf champion and Clifford Roberts, a New York investment banker. Together, in 1932, they created the Augusta National Golf Club in Augusta, Ga. where the tournament is played yearly.

15-time major champion Tiger Woods made his championship golf return at the Masters for the first time since his car crash in 2021 where he nearly lost his right leg.

“As a big Tiger Woods fan, I was so happy to see him back on the course, especially after his accident,” said sophomore Jake Cardinale, who is also a contributing writer for Spectrum.

Woods finished 47th out of 91 golfers, which was the lowest he’s ever finished in this tournament.

“To end up here and be able to play all four rounds, even a month ago, I didn’t know if I could pull this off,” Woods told CBS Sports. “I’ve got some work to do, and I’m looking forward to it.”

SHU Rugby beats ECSU in First Annual Peter DeSalvo Memorial

BY JENNA LETIZIA
Staff Writer

On Friday, April 8, the Sacred Heart University men’s club rugby team beat Eastern Connecticut State University (ECSU) 49-30 at Campus Field in the first annual Peter DeSalvo Memorial Rugby Match.

In conjunction with Alpha Delta Pi and the Student Nurses Association, the club rugby team held this match to raise money and support for Suicide Awareness Initiatives. The event raised a total of \$680 through food and raffles sold once the game concluded.

“To be able to finally hold this match after two years have gone by and to do something in commemoration of Peter meant a lot,” said junior Christian Appel. “I knew everyone on our team did not want to lose that game because of what it meant to us and how special the cause is to this team.”

Peter DeSalvo was a freshman on the SHU club rugby team when he tragically took his own life on Feb. 1, 2020. The Basking Ridge, N.J. native was 19.

Appel and fellow junior Anthony Alliegro were freshmen on the club rugby team at the same time as DeSalvo.

“It was really meaningful to be able to put on this game for Peter,” said Alliegro. “My class is one of the last ones to have personally known him and to have played with him and we just want to keep his name alive within the team.”

Despite obtaining a quick 28-0 lead, Sacred Heart penalties allowed ECSU to take advantage and the X-Men saw their lead slowly diminish to just 3 points.

The Pioneers were able to rally back by increasing their point total by 21 while only allowing ECSU to gain five

more points for the remainder of the game.

“We did not have our best scrums, but we were dominant in them and we were able to win most of them,” said Alliegro. “There were a couple great runs by a few of our players that allowed us to take advantage and make use of their gaps and eventually score.”

While captain and senior Bryan Calton did not play in the game, he was there on the sidelines to support his team and the cause near and dear to his team’s hearts.

“As a leader on the team I have tried to show my teammates what it means to play this sport with respect,” said Calton. “Being one of the few guys that did know Peter, it is also part of my job to make sure his legacy remains with the team for many years to come.”

This may have been the inaugural match honoring the life of Peter DeSalvo, but the club rugby team hopes to make this a part of their culture and a tradition for many years to come.

“I think this cause has built an identity for our team, ” said Appel. “This is something that we are going to associate ourselves with for a very long time and teach new incoming players what it means to the program.”

The club rugby team wrapped up their spring season by competing in the Beast of the East Tournament at the Gardner Seveney Sports Complex in Portsmouth, R.I..

After wins against The University of Massachusetts and the University of New Hampshire in the first round, the X-Men fell to the University of Rhode Island in the semifinals on April 24.

Sacred Heart Club Sports Contributed to this Article.

The next major event will be the PGA Championship from May 19 – 22 at Southern Hills Country Club in Tulsa, Okla.

According to CBS Sports, this tournament wasn’t planned to be there until 2030. It was originally supposed to be at the Trump National Golf Club Bedminster, but the PGA of America Board of Directors voted to terminate the agreement after protestors stormed the U.S. Capitol last January.

This will be the eighth time Southern Hills has hosted a major championship and the fifth time it has hosted a PGA Championship. Woods won the last one that was held at Southern Hills in 2007.

Woods is still unsure whether he’ll be attending the PGA Championship. However, he already announced that he’ll be competing at the Open

Championship in the United Kingdom in July.

“The fact that Tiger was able to play in the Masters was an incredible accomplishment,” said Cardinale. “I expect him to compete at the PGA Championship, although I don’t think he’ll score very well.”

Scheffler isn’t favored to win the PGA championship even though he’s coming off his first major win and is number one in the world. Spanish golfer Jon Rahm is favored to win the event.

Rahm is currently ranked number three in the world and tied for 27th place at the Masters. He has finished in the top ten in five of his last six major championships.

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BY KAILEY BLOUNT
Audrey’s Corner Manager

For most of my life, my eyes were inkwells. They began spilling over at seventeen. I woke up, drenched in ink, stuck with pages, and wanting more. So, I let my wells leak and my ink stain. My blank pages blackened and soon I worried about floods. Later, with sopping paper and a floating mind, I worried about droughts. Between floods and droughts, old ink swam to new eyes. That’s how I ended up in Georgia. I’d never read my ink spills to strangers. A few classmates here and there. My sister, mostly. Even then, my writing felt like chicken scratch compared to the bound paperbacks piling up on my twenty-dollar bookshelf. So, when the English Honors Society sent me a letter, stamped and sealed, I did not expect an invitation. Writing is an intimate act. A quiet bond between a person and a page. The reader is a faraway fantasy, a dream. When my ink first began

Inkwell Eyes

spilling, I never dreamt I’d have eyes other than my own to soak it all up. In Georgia, that dream came true. That intimacy grew to contain a room full of strangers, of eyes. The fantasy of other inkwell eyes haunts my pen. It stilts and sways at their every blink. There is a responsibility that comes with inkwell eyes. A responsibility that weighs down my every stroke. I know even if my ink is only a drop in the well of another’s eyes, it still has left an irreplaceable mark. A blot of help or hurt. The saying is true. There is power in a pen. A power I promise to wield with the care it deserves. Because I am in awe of your inkwell eyes – forever grateful, forever scared.

Fashion

A Fake German Heiress

BY JESSICA FONTAINE
Staff Writer

“Inventing Anna” is a new true-crime mini-series on Netflix that follows the investigation of German socialite scammer Anna “Delvey” Sorokin. According to the Independent, Sorokin, played by Emmy award-winning actress Julia Garner, uses elaborate fashion as a way of posing as a wealthy German heiress in which she uses to becoming a con artist. “I think what’s really interesting about ‘Inventing Anna’ is that it was based on this real occurrence and everyday life, yet it wasn’t a documentary,” said Dr. Lori Bindig Yousman, department chair of Communication Studies. “Some of it was purposefully fictionalized because the character Vivian Kent doesn’t exist but other characters such as Anna do, so what sets it apart is the way that it is both true and fictionalized.” According to CBS News, Sorokin scammed money from hotels, banks, and friends. She was found guilty of larceny and theft in April 2019, sentenced to between 4 and 12 years in prison and faces deportation to Germany. “Fashion tells the story about the person without ever having to utter a word; it’s a form of non-verbal communication,” said Dr. David Loranger, a fashion marketing & merchandising professor. “Initially, Anna is a blonde who dresses eclectically. When she approaches bankers, lawyers and investors she realizes that they won’t take her seriously because she doesn’t fit their idea of a ‘serious’ businessperson, so she takes on a different persona, goes brunette and dresses in dark-colored tailored clothing,” said Loranger. According to Vogue, Delvey wore different styles to fit in with the various crowds of New York City society. Garner’s wardrobe, created by costume designer Lyn Paolo, was almost a direct match to the real Anna Sorokin. “The saying, ‘never base a book off its cover,’ is pretty much what everyone did with Anna and the clothes she wore,” said junior Claire Mancini. “She was able to con so

many people just by looking the part of being rich.” Bindig Yousman said, “The costume needs to represent and reflect the character, the turmoil that they’re going through and their overall trajectory. You hear how fashion was really Anna’s escape route because the clothes were her armor and the way she was able to transform herself into character.” Time reported that Paolo studied Sorokin’s Instagram account at length to discover the exact brands she wore and how to replicate them. She wore clothing from high-end designers such as Dior and Valentino and her Céline glasses were her signature accessory. “There is a theory in fashion studies called Symbolic Self Completion, which says that people curate their persona and acquire dress items with a specific intent of becoming part of a social group or sub-group,” Loranger said. Loranger believes that the theory of Symbolic Self Completion applies to defendants in a court room during a high-profile case. “Anna’s lawyer was trying to make her appear to be trustworthy, professional and sympathetic. So even here, we see fashion used to craft her persona and get her followers on Instagram to pressure the legal system to go easy on her,” Loranger said. Mancini said, “In the episode when Anna was in court, she was so scared, but she still wanted to put on a show by wearing something nice that people would remember her in. She was always so confident. She was a wall, and no one could break her down. No one could really get to know Anna.” Deadline reported that Sorokin is in detention by immigration authorities for overstaying her visa. However, she is working with Bunim/Murray Productions on a new docuseries that will cover the next phase of her life.

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