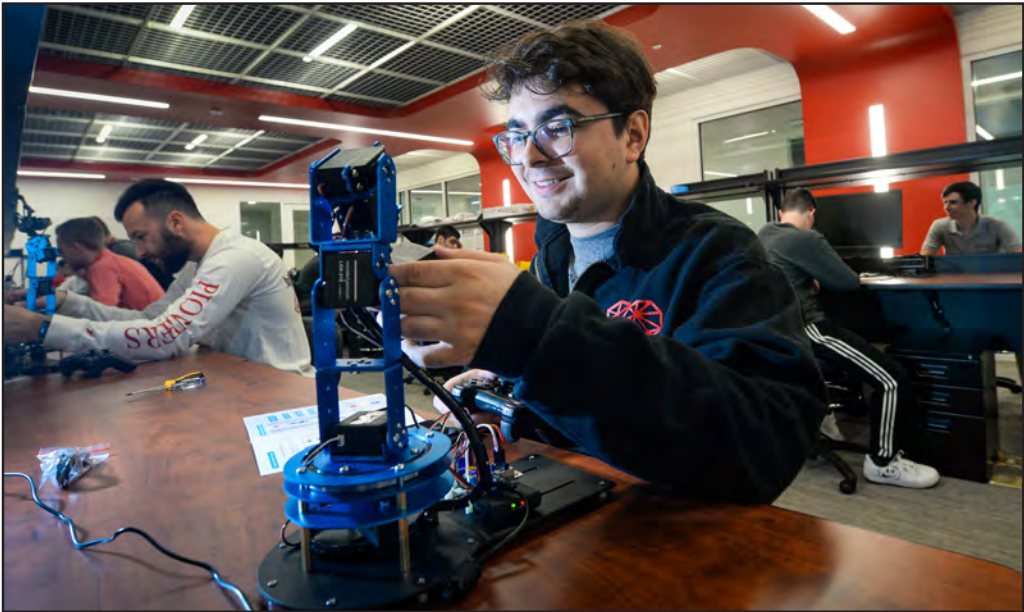


Accreditation for Computer Science and Engineering

BY MADISON BEEKMAN
Staff Writer



Contributed by Tracy Deer-Mirek

Students at the IDEA Lab, located at West Campus. IDEA stands for Innovate, Engineer and Apply.

Three Sacred Heart University School of Computer Science and Engineering programs were recognized by the Accreditation Board for Engineering and Technology (ABET) this fall.

The accredited programs were computer science (CS), information technology (IT) and game design and development. This status will benefit current students, along with graduates from the past four years in these majors, according to a SHU press release.

“It’s like a seal of approval that says that the program you went to is top notch,” said Dr. Robert McCloud, associate dean of the Welch College of Business & Technology (WCBT), and director of SHU’s computer science programs. “What it’s saying is that you’re going to a place that has met the most rigorous standard in its field.”

This credential adds value to both students and their institutions, according to the ABET website.

“ABET accreditation assures confidence that a collegiate program has met standards essential to prepare graduates to enter critical STEM fields in the global workforce,” the ABET website said. “Graduates from an ABET-accredited program have a solid educational foundation and are capable of leading the way in innovation, emerging

technologies and in anticipating the welfare and safety needs of the public.”

The process to receive this title started in 2015, as some classes and faculty had to be added to the programs to meet the ABET standards, according to Prof. Samah Senbel who was a key figure in putting the application together.

Dr. Catherine McCabe, dean of the WCBT, explained that after a program is approved for consideration, a one-year self-study is conducted.

“A self-study is a full-year of analysis and reporting on how the program learning goals have been achieved, how resources are being used for faculty and students, evidence that continuous improvement is in place and evidence that students are experiencing success after graduation,” McCabe said.

The IT program is the first of its kind to be accredited in Connecticut and the game design program is the second in the world to earn this status.

“Most gaming programs have very light courses. Our gaming program is actually the toughest one we have on campus, and popular,” Sanbel said. “This is proof that our gaming program is good, otherwise we wouldn’t have managed to get accredited.”

McCabe became the WCBT dean in July, but said she was not surprised by the result of the accreditation application.

“It was clear, from day one, that the Welch College has outstanding programs and faculty with students who are eager to learn and succeed,” she said.

According to McCloud, the accreditors were not only impressed with the curriculum and faculty, but also the facilities that SHU offers students.

“Our undergraduates in any of these three programs can work in one of five laboratories. We’re able to say that we’re doing a lot of research, and the students are involved in the research with their professors,” he said. “Another thing that was impressive was our focus on ethics because every computer science student has to take a computer ethics course.”

Students, like senior IT major Gage Derrenbacher, are appreciative of what this status can do for them in the future.

“I hope that this accreditation will open me up to extra opportunities in any direction that I take with my career,” he said. “I think it exemplifies the standards that Sacred Heart and the program specifically holds its students to.”

McCabe spoke similarly of the benefit this recognition has for students in the future.

“Having an accredited program is a strong signal to employers that graduates have had the learning experiences needed to succeed professionally,” McCabe said. “It is also an indication that the learning journey includes content and skill building that leads to personal success as well.”

WATCH THE PIONEERS IN ACTION:

FRIDAY 10/28:
WOMEN'S ICE HOCKEY VS. ST. ANSELM COLLEGE IN SHELTON, CONN. AT 4 P.M.
FIELD HOCKEY VS. ST. FRANCIS AT 7 P.M. IN NEW HAVEN, CONN.
MEN'S ICE HOCKEY VS. CANISIUS AT TOTAL MORTGAGE ARENA. PUCK DROP AT 7 P.M.
SATURDAY 10/29:
FOOTBALL VS. ST. FRANCIS AT 12 P.M. ON CAMPUS FIELD.
MEN'S ICE HOCKEY VS. CANISIUS AT TOTAL MORTGAGE ARENA. PUCK DROP AT 4 P.M.



LOCATIONS

NEWSPAPER RACKS

Hawley Lounge
(next to stairs)

Student Life
(across from office between doors)

Library
(inside front doors)

West Campus (West Building)
(first floor lobby)

West Campus (East Building)
(outside East Cafe)

Thea's Abbey
(lobby)

Melady Hall
(inside front doors)

63's
(inside front doors)

Martire
(first floor by the main stair-case)

Spectrum Office
(in the SCMA Wing)

Curtis Hall
(inside the front doors)

Linda's
(first floor)

Pitt Center
(inside front doors)

SC Wing
(first floor near 63's and Edg-erton)

NC Wing
(first floor near couches)

Pio's Kitchen
(inside front doors)

Visit Our Website for even more Spectrum Content!



THE SHU BOX SCORE

FOOTBALL	WOMENS VOLLEYBALL	WOMENS SOCCER	MENS HOCKEY
Oct. 22: L 25-31 at Merrimack College	Oct. 21: W 3-0 vs. Central Connecticut State	Oct. 23: T 1-1 vs. Central Connecticut State	Oct. 21: L 4-6 at Niagara Oct. 22: W 5-1 at Niagara

News

Erin Harrison Spotlight

BY ALLY BOTTO
Assistant News Editor

Erin Harrison is a Sacred Heart University alumna who was recently appointed Senior Vice President at NextTech Communications, a subsidiary of The Bliss Group, a marketing communications agency. She graduated in 1997 with a Bachelor of Arts degree in Political Science and is a former Editor in Chief (EIC) of Spectrum.

“I joined the Spectrum during my junior year as a staff writer, then was appointed Editor-in-Chief for my senior year (1996-1997) and loved every minute,” said Harrison.

The Spectrum supervisor during Harrison’s time as EIC was Dr. Ralph Corrigan Jr., Ph.D, Professor Emeritus.

“He is a SHU legend who was a wonderful mentor to me along with so many others,” said Harrison.

While Harrison was a member of Spectrum, the organization was awarded a First Place with Special Merit award from the National Scholastic Press Association. As a result, several of the editorial staff were invited to attend a pre screening of Romeo and Juliet, featuring Leonardo DiCaprio and Claire Danes, in a private theater in New York City.

“After the movie was over, Claire Danes came out and sat on stage so the audience could ask questions. Throughout my career, I’ve been fortunate to be able to interview and meet so many smart and courageous people – including Anita Hill, which was probably the highlight of my journalism career.”

Harrison interviewed Hill in 2016 for an article she wrote for The National Law Journal while working as an editor at American Lawyer Media (ALM).

“I also had the privilege of introducing Hill at an event run by ALM in Washington, D.C. called “Women, Influence and Power in Law,” a network for female lawyers that I helped launch in 2013 when I was EIC of Inside Counsel magazine,” said Harrison.

Based in New York City, Harrison has over two decades of media experience in many different areas including legal tech, legal services and B2B (business-to-business) technology. In this position, she will assist in growing the company’s clientele and legal portfolio by applying her various marketing strategies.

“Being part of Spectrum gave me the opportunity to ‘own’ something that mattered and express my opinions on the issues that were important to me and my peers,” said Harrison. “As a young person, that really shaped me because throughout my career I have always looked for those same opportunities. It also taught me about teamwork and the importance of working together for a mutual cause.”

NextTech works with a wide array of businesses from startups to Fortune 500 companies.

“My goals are to collaborate with people and companies that are innovating and driving the future of our world,” said Harrison. “I am lucky that I get to work with lawyers, entrepreneurs, technologists, marketers, CEOs and everyone in between. I am constantly learning and every day is so different from the next which is what inspires me and keeps me engaged.”

Formerly known as Savarese Communications, NextTech started as a small public relations firm led by CEO Janine Savarese. Now, a year after its acquisition by The Bliss Group, the woman-led company has tripled in size and expanded to multiple cities across America.

“I am proud to be part of a leadership team of smart, strong women where each of us brings different skills and experiences, yet we all complement each other,” said



Erin Harrison is the Senior Vice President at NextTech Communications

Harrison. “I love seeing another woman EIC of Spectrum and hope that it’s as great of an experience for her as it was for me.”

Funeral for 2 Ambushed Officers draws peers from around the U.S.

BY ASSOCIATED PRESS NEWS

EAST HARTFORD, Conn. (AP) — The grieving widows of two slain Connecticut police officers gave tearful tributes to their husbands Friday during a funeral attended by thousands of law enforcement officers from around the country.

Others who spoke at the service for Bristol officers Dustin DeMonte and Alex Hamzy pleaded for an end to hatred and suspicion against the police.

“To Alex and Dustin, you were both true heroes, amazing people and you will be missed beyond words by everyone,” said DeMonte’s wife, Laura, who is pregnant with their third child. “I am so sorry this happened to you. Two of the very best humans. So kind, positive and fun-loving.”

DeMonte, Hamzy and Officer Alec Iurato were shot Oct. 12 in what police believe was an ambush set up by a 911 call made by the shooter, Nicholas Brutcher. Iurato, who survived a gunshot wound to his leg, struggled to get behind a police cruiser and fired a single shot that killed Brutcher. Brutcher’s brother, Nathan, also was shot —

possibly by his brother — and survived.

DeMonte was a sergeant with 10 years’ experience on the force, and Hamzy was an officer for eight years. The funeral included formal, posthumous promotions of DeMonte to lieutenant and Hamzy to sergeant.

Without the crutches he has been using because of his wound, Iurato carried a flag into the stadium during the ceremony. He did not speak at the service, but several people who did called him a hero. He received a standing ovation later during the funeral when Bristol’s police chief spoke of his bravery.

Hamzy’s wife, Katie, said there weren’t enough words for her to describe her love for husband and read a quote she said she came across when he first became a police officer.

“When I see his badge, it is not just a number,” Katie Hamzy said, reading from the quote and crying. “It signifies honor and it has my ultimate respect. His badge that I proudly stand behind lies upon his chest, close to his heart, because this call on his life as an officer takes heart.”

She added: “So while you may know my officer as a number, know he is far more than that. He is my hero, my protection, the love of my life and, of course, my heart. I love you Alex.”

Thousands of police officers, some from as far away as California, Colorado, Texas and Canada, were in the stands for the nearly three-hour ceremony at Pratt & Whitney Stadium at Rentschler Field, the University of Connecticut’s 40,000-seat stadium in East Hartford.

Parts of major highways in the Hartford and New Haven areas were shut down as processions that included dozens of police motorcycles escorted the two officers’ bodies from funeral homes to the stadium.

Officers carried the American-flag-draped caskets into the stadium, followed by the officers’ families and other Bristol officers and firefighters. Relatives of DeMonte and Hamzy

were comforted and escorted to their seats by officers and others.

The flags on the caskets were folded and given to the widows at the end of the funeral. Officers then returned the caskets to the hearses as bagpipers played “Amazing Grace.”

Mourners had streamed into the stadium over several hours before the service began an hour late around noon.

Officers from other states said it was important to show support in large numbers after such a tragedy, especially to the fallen officers’ families and letting them know they’re not alone.

“We’re all family,” said Sgt. Greg Dube, of the New Hampshire State Police. “We definitely feel their pain. The best way we can show our respect is in strength in numbers.”

DeMonte, 35, and Hamzy, 34, who both worked in patrol, were described by family, friends and colleagues as respected officers who were dedicated to the Bristol community, who cared deeply for their families and who put others ahead of themselves.

DeMonte, who also was a school resource officer, volunteered to honor local officers killed in the line of duty and help the homeless. Hamzy enjoyed mentoring youths and was an adviser to the Bristol Youth Cadet Program.

Authorities have not disclosed a motive for the shooting. A preliminary report said Brutcher fired more than 80 rounds as he attacked the officers from behind. The state inspector general also said in the report that it was evident Iurato’s use of deadly force on Brutcher was justified.

Hamzy’s father-in-law, Jeffrey Scott, gave a fiery speech at the funeral condemning animosity toward police officers because of “the actions of a few” as well as the current political climate in the U.S.

“Why is there so much hate in this country?” he asked. “We went from having differences to blatantly hating one another. This has to stop. It has to stop. There is no need for blue to hate red, or red to hate blue, whites to hate Blacks or Blacks to hate whites. We are one, one, one country. ... If we don’t stop, we are going to lose our country.”



AP Photo, Sean Fowler/Hartford Courant
Police salute as the hearses for Bristol Police officers Dustin DeMonte and Alex Hamzy at a funeral service, Friday, Oct. 21, 2022, in East Hartford, Conn. Thousands of police officers from around the country have gathered in a football stadium in Connecticut for a joint funeral for the officers who were shot to death in an apparent ambush on Oct. 12.

Perspectives

The Wild Wild Fall Fest!

BY DAISY TUQUINAGUI
Staff Writer



Collin Moura, Staff Photographer

SHU students wait in line for their orders at the food trucks during Fall Fest.

Students at Sacred Heart University are excited for the events SET planned for this fall. From Oct. 17 to Oct. 21, SET hosted a week of fun fall-themed events as a part of Harvest week. The events leading up to the week included camper mugs, decorating mini pumpkins, and plenty of chances to snack.

Junior Kendall Holland said, “I’m looking forward to seeing the various options of fall foods they will offer this week. Every year it’s something so exciting.”

On Tuesday, students got the chance to ride on a mechanical pumpkin and decorate cookies on 63’s lawn. Students waited in line to see how long they would make it until their fall and make and eat fall-decorated cookies.

“Cookie decorating screams fall season to me and it just puts me in such a happy mood. I really love these events,” said junior Irene Katehis.

Another event of Harvest week was a Friday night screening of Ghostbusters that students could watch from under the stars.

“My friends and I also love a good home feel movie during this season so knowing that ‘Ghostbusters’ will play this week sounds so much fun,” said Katehis.

Many students looked forward to and enjoyed Harvest week, but many more were looking forward to SETs biggest event of the fall: Fall Fest.

“SET events make the Sacred Heart experience so much fun! Bingo is my absolute favorite. I can’t wait to see what they have planned for Fall Fest this weekend.

Every year there is so much going on, it is so hard to pick what to do first,” said senior Daniel Ring.

Senior Kelsey Akoury who plans Fall Fest and is the annual events chair of SET said,

“I think this fall fest is going to be different than previous years because we have worked on it since the summer and are really excited to have a different and unique theme here at SHU for the students to enjoy.”

This year’s Fall Fest was themed around the wild west and many of the activities of the day were based on that theme.

“Our novelties are based around our theme, therefore we have plant your own cactus plant, airbrush tattoo artists, make your own sand

art, mechanical bull, and lasso the longhorn. As for food, it is very much comfort food

like pulled pork, pulled chicken, mac and cheese, cornbread. Etc,” said senior Akoury.

Fall Fest was in full motion on Saturday with balloons and food trucks all around.

There were games and activities set up all around drawing in students to have some fun. Sacred Heart’s President, Dr. John Petillo even came down to make an appearance.

“I’m loving Fall Fest. My friends and I have been looking forward to it. I enjoyed the lunch and it was a nice break from studying,” said sophomore Allison Marx. “If I had to choose my favorite activity throughout the fest it has to be decorating the cacti. They had a bunch of options to choose from and had decorations that you could put on the pot which was cute.”

Senior Madison Miller said “Fall Fest is always something that gets us students excited. I honestly think SET does such great things. These events inspire people to come together to find boundless ways of creativity. I really think it motivates students to always find a work-fun balance.” Isabella Fabbo contributed to this article.



Collin Moura, Staff Photographer

SET (Student Events Team) plans the annual fall fest; a day of food and fun in the autumn weather.



Collin Moura, Staff Photographer

This year’s food included an ice cream truck and a BBQ truck with a variety of options such as pulled pork, mac & cheese, and pigs in a blanket.

Family Weekend Under the Fireworks

BY CIARA O'TOOLE
Staff Writer



Contributed by Mark F. Conrad

SHU students and loved ones pose with Big Red during Family Weekend.

Every year in the midst of the Fall semester, Sacred Heart University Family Weekend. It is a special event that gives parents and friends of students a glimpse into campus life at Sacred Heart.

Senior Djoe Hostin claims that Family Weekend at Sacred Heart is one event that he really appreciates.

“There’s always such a great atmosphere around campus and I really acknowledge the amount of effort from the staff

and students that go into the weekend behind the scenes,” said Hostin. “I think it’s a unique celebration to SHU as I have rarely heard of other universities hosting an event as such.”

The Saturday afternoon football game at the campus field was one of the most anticipated events of Family weekend. Families and students packed the stands as Sacred Heart’s Football team defeated Stonehill College 40 - 27.

According to junior Kim Fenton, the football game was the weekend’s standout activity for both her and her parents.

“My mum and dad were beyond excited for the weekend in general as they haven’t gotten to take part in the event before due to their busy schedules, they were eager to get to the football game as they are huge fans of the sport and loved every minute of the game,” said Fenton.

Sacred Heart families were also able to enjoy walking around campus to see how the university has grown throughout the last couple of years.

“My parents had a blast at the family weekend, we attended most events on campus



Contributed by Mark F. Conrad

Fireworks on Campus Field helped kick off Family Weekend.

including the fireworks, the football game, concerts, and the tour around campus,” said senior Julia Swett. “They were especially in shock with how much the university has expanded since I came to SHU back in 2019.”

Junior Aina Garriga had a very fulfilling weekend despite the fact that her parents couldn’t attend the weekend festivities since they were overseas.

“I got to meet a lot of my close friend’s family and I felt the excitement and love around campus which truly brightened my days, a standout day for me was the Friday when there was a beautiful display of fireworks at the campus field,” said Garriga.

Freshmen at Sacred Heart were particularly excited about the occasion since it gave them a chance to introduce their families to their new friends and show them where they would be spending the next four years.

“It’s been a transition coming into college and being far from my family and hometown friends, so this weekend was truly amazing as I got to reunite with them,” said freshman Ava Scordo. “They also got to see their first college football game and I brought them to Sacred Heart Choirs event which was definitely their favorite part of the weekend. They were also thrilled and relieved to observe how well I have settled in at university so far.”

Features

(Green) Thumbs Up for Clean Up!

BY DANNIA JADAN
Staff Writer



Instagram, @environmentalclub.shu
Club member Kelli Wrinn and President Jill Amari (right) at the campus cleanup.

The environmental club of Sacred Heart University hosted a campus clean up on Oct. 13 from 1-3 p.m. At this clean up, individuals walked through the entire campus helping pick up litter that has been left behind.

The campus clean up was open to the entire SHU community including students and faculty. Campus clean ups help the environment by protecting the soil, helping the animals and plants, and ensuring there are no micro plastics in the area we live in.

Campus operations assisted in this clean up by providing materials such as buckets, trash bags, garbage pickers, and gloves. Environmental Club members each were assigned their own section on campus to clean up.

Senior Jill Amari, president of the environmental club, and co-editor on The Spectrum said, “I encourage people to go behind Merton and Seton Hall, behind the parking garage area, Roncalli Hall, and Scholars Commons.”

Members of the club said that they have found an array of garbage items around campus during the clean up. They have collected garbage items such as feathers that have been left behind from sorority recruitment, and saran wrap that was found in construction areas near Seton and Merton Hall.

Amari said, in general SHU students do not take care of the environment. She said, “it’s not the students fault it’s the lack of education on recycling at dorms.”

Morgan Craig, a sophomore in the environmental club, believes it’s important to

educate the community on how to care for the environment.

Craig said, “I think the biggest thing is telling your friends, it’s not going to work if you make a big announcement to people who don’t care.”

In addition to spreading awareness, Craig said that she would like to compost at the dining hall. Seeing the benefits from when she composts at home has influenced her to care for the environment more.

The environmental club has taken initiative in starting a compost pile and have spoken to faculty at SHU to arrange this to help reduce trash and improve the environment.

Nathalia Collazo, a freshman in the environmental club, said that compared to the college she attended last year, Sacred Heart keeps the campus clean. However, she believes students should consider picking up after themselves, especially since there are various trash cans around campus.

“Do your part, even if it’s small,” said Collazo.

Aside from campus clean ups, there are other ways the university assists in keeping the environment clean and healthy.

“Gardening at west campus does a really good job at being environmentally friendly,” said Collazo.

Things like reducing water usage, using reusable water bottles, recycling plastic bottles, and using cold water for laundry are habits we can implement in our daily life to help the planet.

With November being national environmental awareness month, the members of the club said they plan to bring awareness by telling friends and reminding them to recycle. Additionally, they plan to have guest speakers at environmental club meetings where they speak more about preserving the environment.

“I encourage students not to delete the emails sent out by Professor King when they are about the environmental club, the environment is important and we should be paying more attention to it on our campus and educating ourselves with what we can do to protect it,” said Amari.

You can follow the environmental club @environmentalclub.shu for more updates and upcoming events.

Halloween Fun on the Quad with ADPi!

BY COREY COYE
Staff Writer

On Oct. 19, sisters of the Alpha Delta Pi (ADPi) sorority hosted their fall philanthropy event, “Fall 4 the RMHC”. Taking place in the Pioneer Village section of the Sacred Heart University campus, attendees were treated to a night of Halloween-themed snacks, photoshoots, and pumpkin painting. Students were encouraged to purchase tickets in order to play games and donate money, with all proceeds going to the Ronald McDonald House Charities foundation.

One of the key figures behind this festival was Abigail Keating, a current senior at SHU. As the Philanthropy Chair of ADPi, Keating was entrusted with creating an event that was meaningful and enjoyable.

“This time we wanted to try something different,” said Keating. “Last year we set up a dunk tank, and before that we hosted the Diamonds in the Dirt kickball tournament.”

Senior Alyssa Pallato helped plan the event as both an ADPi member and RMHC specialist.

“I work closely with the charity to support these families,” said Pallato. “We cook meals directly for people, write thoughtful greeting cards, and provide activities for the kids to do.”

The Ronald McDonald House Charities program offers help and refuge for families with sick children. The foundation is present in 60 countries across the world and has saved families over \$400 million in food and lodging expenses. Additionally, 90% of children’s hospitals worldwide include at least one RMHC program.

Being that this event has never been done before, the sisters of ADPi had to do additional planning to make it all happen.

“This is my first year working in liaison with both organizations, and we had to decide if trying something new was worth it,” said Pallato.

In the days leading up to the event, the sorority faced some hurdles.

“Our food truck for the festival got an oil leak, and as a result they couldn’t show up,” Keating said.

Despite the obstacles that laid in their path, ADPi sisters believed it was both important and rewarding to host this event.

“I loved looking around and seeing it all

come together. I knew all the work I had put in paid off. It was like preparing for a tough exam and then finding out you did very well,” said Keating.

Current sophomore and ADPi member Maggie Garcia said, “Standing outside in the cold is worth it when you are supporting an organization that you are passionate about.”

“For me, attending in person and seeing where the funds are going is very important. I know I’m making a difference,” said Pallato.

Freshman Abbi Walsh shared a personal connection with her group’s philanthropy.

“The RMHC is really important to me and my family because we spent a lot of time there when my sister was sick, so seeing people work to raise money for this organization was very meaningful,” said Walsh.

With the help of the campus community, Alpha Delta Pi was able to raise over \$10,000 to give to the RMHC.

“This was only possible thanks to everyone’s



Grace Hand, Staff Photographer
Members of Alpha Delta Pi pose in front of the mummy wrapping game at their philanthropy event.

contributions. I learned that doing something good can also be fun as well. Fundraising shouldn’t seem like a forced task,” said Keating.

Alpha Delta Pi was founded on May 15, 1851, at Wesleyan Female College, the first college to offer degrees to women. The sorority features over 200,000 initiated women across North America, and is dedicated to promoting the values of scholarship, sisterhood, and service. The Theta Rho Chapter was established at Sacred Heart University in 2013.

Spreading Hope

through Books

BY ALEJANDRO RAMOS
Staff Writer

SHU’s buildOn chapter kicked off their book drive on Oct. 14 and will conclude on Nov. 1. A donation box has been placed outside of Hawley Lounge in the main academic building.

The books collected will be donated to communities in need. The club will be designating two locations by the end of the drive. The first designation is Bridgeport.

The second is still being decided but will be located in the continent of Africa. “Our goal is to donate to one of the three communities that SHU buildOn has traveled to and built a school in,” said senior SHU buildOn President Kaylee Bowman.

According to the buildOn Global website, “We build schools in eight of the economically poorest countries on the planet, providing access to education to hundreds of thousands of children, parents, and grandparents.”

In January of 2020, the club traveled to Malawi. Malawi is nestled between Tanzania, Zambia, and Mozambique on the eastern side of Africa. During their time there, they constructed a schoolhouse for a village that lacked resources.

Due to a lack of postal infrastructure in some African countries, the club is trying to figure out what would be the best way to deliver the books. SHU buildOn has partnered with Afribuk to see what strides can be made there.

Afribuk Society was founded by a Kenyan native who did not have access to quality literature as a child. Dr. Katie Egan Cunningham, a Sacred Heart education professor, serves as the board’s president.

According to Afribuk Society’s website this is their mission statement: “To promote joyful literacy experiences in under-resourced communities through the power of stories and human connection. Afribuk Society is a youth-led program that supports college and

university students to share books and stories from their own lives with children.”

Similarly, the mission of buildOn is to break the cycle of poverty, illiteracy, and low expectations through service and education.

“BuildOn’s mission is so important to me. I am really proud of the work our club has done with the book drive because I think it hits every single aspect of that,” said Bowman.

Others on campus have realized the impact that this book drive is set to make both to the local and international community.

“I think it is an excellent opportunity to give back to our local and global community,” said sophomore Maeve Cahill, Student Government Director of Clubs and Organizations. “Encouraging early reading is important because it promotes independence and self-confidence and sets kids up for a more successful future. We should all try and make it a priority to donate.”

In just a week, the club collected over 500 books. This exceeded their original goal of 200. SHU’s buildOn team decided to up the goal five-fold and are now hoping to hit 1,000 books by Nov. 1.

“I am really looking forward to this club’s continued success and am wishing them all the best for this academic year,” said Cahill.

Bowman and her team are hoping that this book drive’s success will help them moving forward with new projects.

“Once the book drive is over, we are going to shift that momentum into a toy drive. We will also be making blankets to donate to a women’s shelter in early November. In, pre-COVID times we have entirely funded and built schools in Senegal, Malawi, and Nepal. We are hoping to do that again in the near future,” said Bowman

Spotlight



On Coming Out Day

BY AYASHA CANTEY AND JILLIAN REIS
Contributing Writers of Audrey's Corner

On Coming Out Day: A Sprinkle of Sparkle

by Ayasha Cantey

On Oct. 12, Sacred Heart University’s Multicultural Center held an event to honor and celebrate National Coming Out Day. Guest speaker Brian Coleman shared his experience as a Black, gay, cisgender man.

Growing up, Brian always felt like he was “different.” But, like many other kids, he couldn’t exactly figure out what that “different” was. It wasn’t until around sixth grade when Brian was exposed to the idea of being gay. He was reading a magazine article written by a married woman who had just discovered her husband was cheating on her with another man. Brian was confused and struggled to wrap his head around his feelings. He didn’t have resources in school or anyone he felt he could turn to for help. So for years, he struggled with this alone.

As Brian grew, so did his understanding of his sexuality. But he was still ashamed. He expressed this strong sense of internalized homophobia. He wanted to hide and suppress who he really was. He felt like he was going to disappoint his family and people around him because being gay wasn’t something that was talked about openly. And it definitely wasn’t what he was raised to believe was okay.

His internalized emotions soon turned into depression and suicidal thoughts. It became so bad that his mother decided to get intensive hospitalization to help him. The first person he officially came out to was someone on his treatment team. They had an idea that he was struggling with his sexual orientation. So, after a worker came out to him, he felt comfortable enough to confide in them. After Brian was released from the hospital, he came out to his mother. His mother was genuinely supportive of her son’s sexuality.



Instagram, @sacredheartuniversity
Pride flags were swaying in the wind during the Coming Out Day ceremony on the Upper Quad.

Years later, Brian became a social worker in Illinois. He now identifies as a “Unicorn,” a term he started using during an interview when asked why he was different from other candidates. The term is thought of as a way of owning and embracing your trauma. It also expresses the unique perspectives and skills he was able to bring to the table that he felt other candidates did not have. Brian said, “No one could do us, live us, be us or tell our truth like us.”

Brian is still a counselor in Illinois. He is also a motivational speaker in his free time. Brian has been recognized for many awards and accomplishments, some of which are the 2019 National School Counselor of the Year, 2019 College of Education Alumni of the Year, 2019 Human Rights Award and 2018 Illinois High School Counselor of the Year.

They Don’t Know

By Jillian Reis

I know a girl who is ace

Her mom accepted her

But “One day you’ll like sex,

You just have to grow up”

I know a guy who is bi

His dad accepted him

But “You just haven’t met

The right girl yet”

I know a person who is pan

Their parents accept them

But “If you’re gay you should

Just tell me so I can come to terms with it”

We live in a society of acceptance

But there is always a caveat

And there is always something to be said

About those who don’t know what acceptance really is

In regards to the article “The Power of Meditation: Spotlight of Venerable Shim Bo” which was featured in our issue published on 10/19/22, we would like to make two corrections. In our print edition, student Maya Lokaj was misidentified as Maya West and we would like to retract the following statement: “Before I decided to come here, I actually followed the Catholic faith and originally wanted to work in the hospital setting,” said Shim Bo. ‘But after receiving an email from Colin Petramale, the coordinator of community partnerships, and eventually having good meetings with him, I thought it was only right for me to come here.”



Arts & Entertainment

“I Got a Deeper Sense of Who I Was as a Human Being”

BY CARMELA COGLIANO
Staff Writer

Susan Clinard hosted a lecture series in the Michelle Loris Forum located in the Martire Center for the Liberal Arts on Oct. 18. Many students gathered to listen to her speak about her art work, home life and experiences.

Clinard is a sculptor from Hamden, Connecticut, where she was born and raised. She developed a love and passion for art at the age of 19 during her time as a student at the University of Michigan. Clinard was pursuing a degree in cultural anthropology with a minor in sculpting.

“I was really more focused on social work, sociology and anthropology, and in the end those interests have melded together in a very organic, beautiful way with my art,” said Clinard.

Following receiving her diploma, Clinard moved to Chicago where she worked as a social worker in the foster care system.

“Being a social worker in the foster care system was beautiful, but very taxing.” She felt that it wasn’t what she wanted to do with the rest of her life. It wasn’t until Clinard’s sister, who pursues her dream of being a dancer, convinced her to commit 100% to her sculpting. This is when her storytelling through her art really took off.

“I find it very inspirational that she followed her dream and made a name for herself in a field that is extremely demanding,” said sophomore Giovanna Mascia, who attended the lecture series. “The fact that she realized that what she majored in isn’t what she wanted to do with her life gives me reassurance as a college student.”

Clinard is also a mother of three and was told to never mention that she is a mother when people asked about her art work.

“Growing and learning how to raise a child you learn so much about yourself,” said Clinard.

She expressed that one thing she has always kept constant is that from birth, her children saw her leave the house to go to work.

“Children need to see that we don’t fit into that construct, this is what I do and I have to do it,” she said.

After teaching at the School of Art Institute of Chicago for 8 years, Clinard decided to move her studio back to her roots in New Haven, Connecticut, and settle down so she could finally start putting all her attention into her artwork and studio. “My work got larger in scale and I got a deeper sense of who I was as a human being.”

Clinard started exploring more materials and working with found objects. “Using found wood pieces helped me tell stories and share histories,” said Clinard.

“Every piece tells a story and I truly think that is what is so special about her artwork,” said Mascia.

One of Clinard’s favorite pieces is in honor of the lives lost during the Sandy Hook shooting in 2012. “This piece is the torch that keeps me lit inside,” said Clinard. The piece depicts a boat full of the children that passed in the shooting.

“My son was the same age as the children that were killed. It’s hard not to feel that extra punch in the gut. All 20 little ones who lost their lives are on that boat,” said Clinard.

At a memorial in honor of a tragedy, a father of one of the children approached Clinard and thanked her for “giving the parents an image of peace to replace the horror.”

“I knew at that moment that art did indeed have a powerful place in this world, and I needed to always follow my heart and trust my intuition.” Clinard reported that this sculpture is being permanently installed next week in a church in Newtown, CT.

“I thoroughly enjoyed listening to this lecture series,” said Mascia. “Getting to listen to her experiences and stories inspired me to find my passion and use it to touch the lives of others.”

Halloween Classics Revisted

BY ISABELLA GAYDOS
Staff Writer



Instagram, @jamielcurtis
Jamie Lee Curtis pictured at the premiere of “Halloween Ends.”

Dr. Lori Bindig Yousman, Department Chair of the School of Communication, Media and the Arts said, “There’s no new horror film that I’m ‘dying’ to see (pun intended.)”

Some of the favorite films include comedies such as “Hocus Pocus”, “The Addams Family” and “Tim Burton’s The Nightmare Before Christmas.”

Other movies scare the viewers such as “The Exorcist” and “The Conjuring.” The story line of “Friday the 13th” focuses on the fictional antagonist, Jason Voorhees.

Prof. James “Todd” Barnes, J.D., Artistic Director of the School of Communication, Media and the Arts said, “Our kids love the Tyler Perry movies ‘Boo!’ and ‘Boo 2!’ so now we watch them as a family. We have a ‘Boo!’ poster hanging in our house through the holiday as part of our decorations.”

For the first time in decades, Charles Schultz’s popular Halloween movie “It’s The Great Pumpkin, Charlie Brown” will now air on Apple TV+ as rights were bought back in 2020. Families will have to keep the tradition by turning on their Apple streaming service.

There are also classic Halloween films that come in a franchise such as “Scream,” “Ghostbusters” and “Halloween” starring Jamie Lee Curtis and Michael Meyers playing a serial killer.

“I’m not generally a horror fan, but I want to see ‘Halloween Ends’. Does it really end?!,” said Barnes.

The famous special has been airing every October on television since 1966.

“I don’t have any traditions now, but when I was little a family tradition would be to carve pumpkins, toast the seeds and watch ‘It’s the Great Pumpkin, Charlie Brown’,” said Prof. Bindig Yousman.

The final film of the Halloween

franchise, “Halloween Ends”, which released on Oct. 14, is available on Apple TV. “Hocus Pocus 2”, which released on Sept. 30, is available exclusively on Disney+, but the company has provided a seven day free trial.

According to Disney Plus Free trial, “At the end of your free trial, you will automatically move to a paid subscription plan, billed at the current rate until canceled.”

There are many ways to watch your favorite film this month. There are many streaming services that have also been beginning to stream new films. Peacock TV is allowing streaming of “Halloween Ends” on their service.



Instagram, @hocuspocusdisney
The Cast of “Hocus Pocus” at the premiere of “Hocus Pocus 2.”

Others connected the genre to social impacts and connections.

“For me a good horror film is not about guts or gore, but about the psychological thrills and what the film has to say about the human condition and contemporary society (think about ‘Get Out’ or ‘Master’),” said Bindig Yousman.

All the New Things

BY HALEY ALVARADO
Staff Writer



Instagram, @blink182
Blink-182’s came out with a music video for their new song “Edging.”

Blink-182, an American band that merges into the genre of rock and pop, announced a new single and tour on Tuesday, Oct 11, on the band’s official YouTube channel. The current members are Mark Hoppus as bassist/vocalist, Tom DeLonge as guitarist/vocalist and drummer Travis Barker.

The new single, “Edging”, was produced by the band’s first in-studio session in 10 years and released alongside the tour information. Blink-182’s tour commences in Latin America on March 11, 2023, and concludes on Feb. 24, 2024 in New Zealand.

Sophomore Katlin Dryer said, “Tom DeLonge left the band awhile back and hasn’t toured with Blink-182 since. Now it’s cool to see them together again.”

In Blink-182 history, DeLonge has left twice, once in 2009 and again in 2015. When DeLonge left the band in 2015, he was replaced by Matt Skiba for seven years, leaving Hoppus as the only founding member of Blink-182. Baker replaced the original drummer Scott Raynor in 1998 before Blink-182’s commercial success in the early 2000s, according to The Guardian.

The first album that the trio played together was the third studio album, “Enema of the State,” from 1999. Overall, the album sold over 15 million copies worldwide, according to uDiscoverMusic.

The band is known for their music videos, like “What’s My Age Again?,” which depicts the band members running around nude and has over 89 million views on the official YouTube channel.

According to Prof. Greg Golda of the Department of Communication, Media, and the Arts, “It is incredibly rare these days for a band to break without a visual component. The main way to get into the public’s consciousness is through social media.”

In the promotion of the band tour, Blink-182 has created a TikTok and spread informational

news on Twitter.

Sophomore Xanthe Robison, a fan of the band, said, “I like their fast songs and would define their sound as 90’s and 2000’s American rock.”

The average ticket price for the upcoming tour starts at \$200, while more expensive seats go up to \$900, according to Ticketmaster.

Prof. Keith M. Zdrojowy of the Department of Communication, Media, and the Arts said, “Often times, when ticket prices are lower, scalpers buy the tickets too, then sell them at a much higher price with the profits going to the scalper. Now, you see they have just started with the inflated price with the proceeds going to the artist and not to the scalpers.”

The method Zdrojowy is referring to is dynamic pricing. According to TechTarget, dynamic pricing, often known as real-time pricing, is a highly adaptable method of determining how much a service will cost based on the market’s demand.

Hoppus addressed the issues of dynamic pricing and responds to fans. “I understand that the ticketing can be frustrating,” he said on Discord.

According to Blink 182 official website, the supporting band for Latin America will be Wallows in North America, the punk band Turnstile for Europe The Story So Far, and in Australia/New Zealand, Rise Against.

Monday, Oct 17, 10 am tickets went on sale at ticketmaster.com. The performances in San Diego and Los Angeles sold out only after 15 minutes of the tickets being available to the general public.

Blink-182 official Twitter has been announcing additional shows to fill supply and demand. The band added more performances to the tour schedule in Mexico City, Los Angeles, San Diego, Glasgow, Manchester, London, Toronto, Chicago, Melbourne, and Sydney.

“Being A Part of a Team is Lot More than Goals, Records or Stats”

BY COLLIN MOURA
Staff Writer



The Pioneers have rebounded after a rough start to the season, defeating Colgate University and Stonehill University in back to back match-ups.

The Sacred Heart University (SHU) field hockey team defeated Colgate University on Sunday, Oct. 16 by a score of 4-3. The win marked the first of the year for the Pioneers, who have struggled greatly throughout the 2022 season, falling short in each of their first 13 games. The much-needed victory placed them into the win column for the first time all season, a huge morale-boost for the program.

Yet even in tough times, Sacred Heart’s perseverance has never faltered, a source of pride for head coach Sydney Van Der Merwe.

“It’s been a hard season, but the girls have never given up. They have come out to every single practice, every game, working hard,” said Van Der Merwe. “I’m very happy and so proud of them for winning on Sunday. They deserved the win.”

An offensive flurry from sophomore forward Aine Keaney propelled the Pioneers to victory. She tallied an impressive three goals in the contest, the first hat-trick of her career. Two of her goals were assisted by senior forward Ally Frampton, who offered high praise for Keaney and the speed that she brings to the offense.

“She’s always all over the field. Playing with her makes my life so much easier,” said Frampton. “She was able to put three goals in the net, which helped us secure that win.”

On the defensive end, SHU was led by sophomore goalie Samantha Maresca. She was a key contributor for the team, accumulating five saves in the outing.

The game was a bright spot in what has been a tough season for the Sacred Heart squad. While talented, the team’s youth and inexperience has been apparent since early on.

“Since it’s a young team, everyone is still sort of building that confidence on the field,” said Maresca.

The majority of SHU’s roster is composed of first-year starters; a major factor in many of

their offensive woes. Early on, they struggled with finding consistent production, especially during conference matchups where experience is vital.

Through their first 14 games, the Pioneers had been outscored by 39 goals, and had only converted on 12.8 percent of their shots.

This lack of execution during scoring opportunities has been the team’s biggest weakness thus far, and something they will look to improve upon in the coming games.

It’s difficult to pull yourself out of a losing streak, but the Pioneers have finally done it, and are now hoping to close out their season with a string of victories. They have faced adversity at every corner, and have refused to quit even through the hard times.

“We’re very ready. After Sunday’s win, we’re much more ready than we have been,” said Keaney. “We now know how it feels to win and know what it takes to win.”

With just two games remaining, Sacred Heart hopes to end the season on a strong note. They are determined to chalk up some more wins and set up a culture of success for the program’s bright future.

“Being a part of this team is a lot more than goals, records, or stats,” Frampton said. “We’re like a big family, and no matter the record, it’s always been a pleasure to be on this team.”

The Pioneers extended their winning streak to two games on Oct. 21, beating Stonehill College 4-2, before losing a close 2-1 game to Merrimack College on Oct. 23. Their Senior Day game is on Oct. 28 when they host Saint Francis University at 7 p.m. Sacred Heart Athletics contributed to this article.

The most important right now because it’s the next game. We’re trying to take it one game at a time and just go from there.”

The Pioneers fell to Merrimack College on Oct. 22 by a score of 31-25 and sit at 2-1 in the NEC, good for third place. Their next game is another NEC battle, this time against Saint Francis University at Campus Field on Oct. 29 at noon. Saint Francis is currently tied for first place in the NEC.

SHU Athletics contributed to this article.



Head coach Sydney Van Der Merwe has over 20 years of coaching experience, and is currently in year six with the SHU program.

The Boys of Fall

BY GRACE HAND
Staff Writer

On Oct. 15, the Sacred Heart football team took on Northeast Conference (NEC) newcomer Stonehill College, winning by a score of 40-27 at Campus Field in front of a record crowd of more than 10,000 fans on Family Weekend.

The day was highlighted by career performances from multiple players, including senior quarterback Marquez McCray and junior receiver Kenneth Womack. McCray passed for 405 yards, coming just 9 yards short of setting a SHU single-game passing record, while Womack had 173 receiving yards on eight catches.

“I’m happy for them,” said head coach Mark Nofri. “I’m happy because they’re good kids and work hard. If Marquez keeps playing like that, I feel good about our chances.”

McCray was also honored with the New England Football Writer’s Golden Helmet Award, the second Pioneer to be awarded the honor in the past two years alongside senior running back Malik Grant, who received the award in October 2021. McCray also received recognition as NEC Offensive Player of the Week.

“Any award Malik gets is amazing,” McCray said. “Just to be mentioned with him is outstanding. It means so much to me and I’m very grateful.”

Despite such strong individual performances, the win against Stonehill was a team effort. SHU dominated the game in the second and third quarters, out-scoring Stonehill 31-14 in the two quarters combined.

“We played as a team offensively and defensively,” said Womack. “We needed that win coming off the bye week. We want to keep the win and push forward.”

McCray put the credit for his career performance on the back of his teammates. “Our o-line played amazing, our receivers were amazing, our running backs were amazing, the play calling was amazing, and the defense was amazing,” he said. “I just had to hand off the ball here and there or throw a quick little pass.”

The energy from the crowd was also an influential factor for the team. The game coincided with Family Weekend at SHU, bringing students, parents and alumni together to cheer on the Pioneers.

“The energy that the crowd brings when you make a big play or the defense makes a big play is always there,” Grant said. “They’ve got your back supporting you. It’s just amazing to have that atmosphere and that energy rubbing off on you when you’re playing the game.”



Quarterback Marquez McCray (#7) throws the ball downfield.



Jalen Madison (#3) carries the ball into the endzone helping to lead the team to victory.

Coach Nofri, a longtime face in the SHU program, also noticed the crowd’s effect on his team.

“It was outstanding,” Nofri said. “I’ve been here 28 years and never had that many people at a game before. It really gives us a boost, an extra bit of energy knowing that you have that support.”

With the rest of their season consisting of conference matchups, the players realized the importance of this game against Stonehill in their quest for another NEC title.

“It opened our eyes to the different weapons on our team and gave us more confidence to play,” said Grant. “We control our own destiny. It’s us versus everyone.”

Womack also had a similar outlook. “We had to get this one, we’ve got to get the next one, and then we’re in the driver’s seat,” he said.

As for the rest of their games, both coaches and players are determined to continue their success on the field.

“The next couple games are very important,” said McCray. “But the Merrimack game is the most important right now because it’s the next game. We’re trying to take it one game at a time and just go from there.”

The Pioneers fell to Merrimack College on Oct. 22 by a score of 31-25 and sit at 2-1 in the NEC, good for third place. Their next game is another NEC battle, this time against Saint Francis University at Campus Field on Oct. 29 at noon. Saint Francis is currently tied for first place in the NEC.

SHU Athletics contributed to this article.

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Things We Wanted to Say

JILLIAN REIS

PERSPECTIVES EDITOR

Hi, dear reader of the Spectrum, my name is Jillian Reis and I am the editor of the perspectives section. You may know me from my perspectives article on parking on campus or even some of the stuff I wrote last year as a staff writer for the features section. I have been writing for almost a year now and have learned one very important rule in news writing:

No matter how badly you want to, you can not put your opinions in an article.

Anything you may think or feel has to take a back seat because here at the Spectrum, we want to give you an unbiased source to learn about things happening in the world or on campus. So every week we take a deep breath and read over articles to make sure we aren't giving you any of our own opinions, beliefs, feelings, etc.

Now there are a few very small exceptions to this rule, the first is if there is a part of our staff that is inextricable from the subject at hand (ex. Someone writing an article about the English club can quote Kailey Blount even though she is an editor because she is also the president of said club). The second exception is Audrey's corner which is primarily for creative writing.

The third exception is the editorial section which is not bound to many of the rules of other sections, an area where an editor can write about whatever they want within reason. This includes opinions we have on articles that we could not put our opinions in.

I think you know where this is going.

The hardest article I have ever written for Spectrum was by far the parking article because of how hard it was not to "accidentally" slip in a quote from myself. When I originally pitched the idea, everyone, and I do mean everyone, in the room groaned because we all know what the parking situation is like on campus.

"It's kind of ridiculous the amount of spaces that are taken up by unused machines and piles of rubble," said copy editor Codi Lynders. "I know the school says they are trying to relieve the problem by building another parking garage that will add

spaces but that won't be done before I graduate."

Yes, the amount of machinery on campus is kind of crazy and I am sure many of you have seen the construction going on at the parking lot by the main campus entrance by the Edgerton. It's also a little frustrating to be graduating after it seems like the issue is being taken seriously. Of course, the parking lot is not the only construction being done by Sacred Heart.

"A couple of my articles that I wrote last year I wanted to talk about my own opinion and then this year seeing the articles written I know I wish I could've added my own opinion on the parking at school and the new dorms," said assistant features editor Isabel Haglund.

More and more people are getting to the experience of Sacred Heart University, but the new dorms are supposedly for underclassmen and as someone who was initially promised four years of housing and is living in an apartment off campus, I can't help but feel a little jipped. My big question though: What happens when these underclassmen become upperclassmen? We only have so many places to put people and if they are going to be off campus where are they going to park?

"I'm a commuter and need to park on campus because I live 20 mins away and can't just walk like some other people," said Lynders. "It's frustrating having to get to campus so early just to find a parking spot when I don't need to be there that early."

This. This is the biggest issue I have faced with parking. When you drive over to whatever parking lot five hours before class and can not find a single spot. A lot of my classes are at the Martire building and I will say that people have gotten creative with how they park, but for anyone who doesn't want a ticket, a legal spot isn't easy to find and usually leads to circling around campus for what feels like hours.

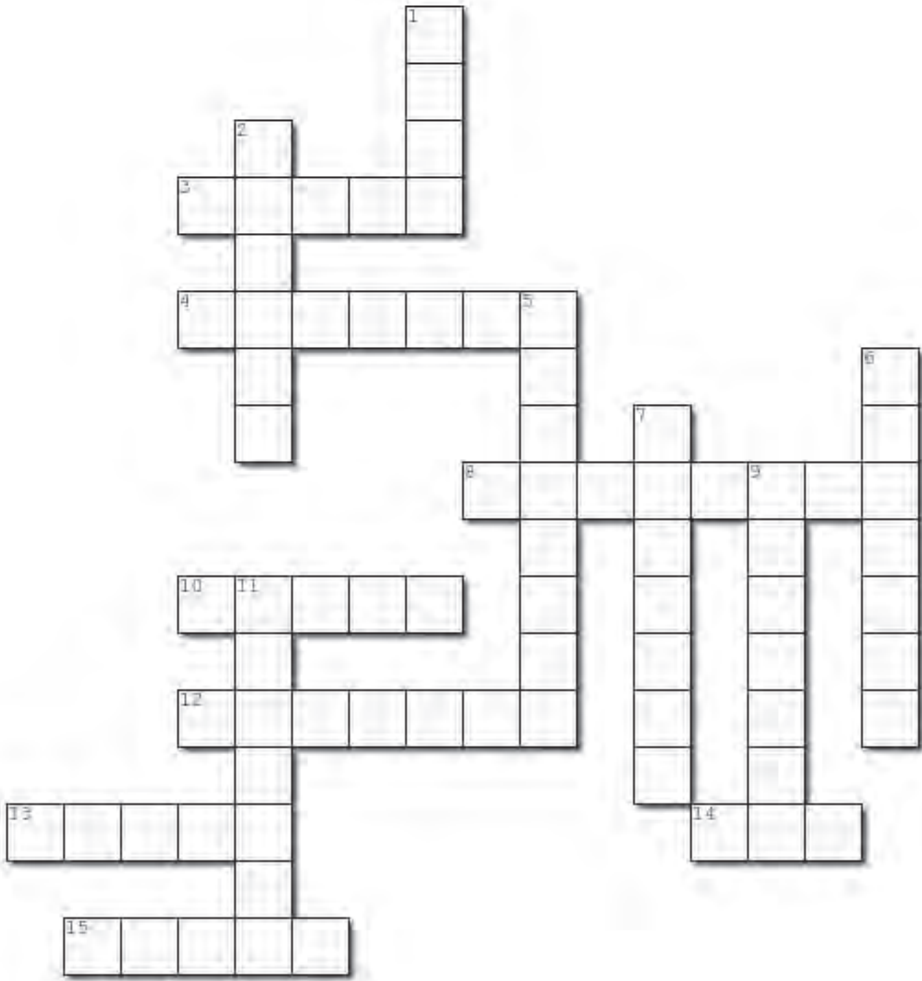
I've taken to calling this the "shark hour" where my car and the other moving cars are all sharks and we're trying to sniff out the blood in the water or in this case a parking space.

Anyway, I hope you enjoyed reading my opinions and a few of my colleagues opinions especially since we usually don't get the chance.

The editorial page is an open forum. Editorials are the opinions of the individual editors and do not represent the opinions of the whole editorial board. Letters to the editor are encouraged and are due by Sunday at noon for consideration for each Wednesday's issue. All submissions are subject to editing for spelling, punctuation, and length.

Letters to the editor should not exceed 600 words and should be emailed to spectrum@sacredheart.edu. The Spectrum does not assume copyright for any published material. We are not responsible for the opinions of the writers voiced in this forum.

HALLOWEEN CROSSWORD



Across

- 3. 'I put a ____ on you'
- 4. The undead
- 8. Said to be bad luck
- 10. 'Boo!'
- 12. Pick one out and carve it up
- 13. Counterpart of trick
- 14. What spiders create
- 15. Skittles, for example

Down

- 1. Season of scaring
- 2. Scary synonym
- 5. Just the bones
- 6. The Sanderson sisters
- 7. Spookiest month of the year
- 9. Outfit for Halloween
- 11. ____ House

