

Fulbright scholar talks about religion Page 2



Resident **Appreciation** Day Page 3



Baseball and lacrosse coverage Page 4



Holocaust remembrance day 'never forget'

By Sofia Rositani **Editor-in-chief**

Co-director of Judaic studies, Deborah Weiss, is a professor on campus. Not many would know that she comes from a family of Holocaust survivors.

Weiss's mother, Mila Nishball was 17 years old when World War II broke out in her home country Czechoslovakia, known today as the Czech Republic.

"The Germans then came in and began systematically changing things in the country for the Jews. So, at one point my mother was kicked out, and all the other Jewish students, were kicked out of school. She was in high school at that time," Weiss said.

When her mother was kicked out of high school, she said that because she was a teenager, she saw



PHOTO | DEBORAH WEISSI Mila Nishball, Weiss's mother, at 17 years old.

She had two siblings, one being an uncle that Weiss never met and her mother and father. Nishball lived in a smaller town near Prague. In Czechoslovakia the Jewish population were Czech first and then Jewish, according to Weiss. This is different to how other European countries were during the war.

it as sort of comical and would joke about it. She then realized how serious the matter was and that it was not at all funny that she was kicked out.

citizenship because he had been born here," Weiss said.

Weiss's father, Richard, was born in America because his mother moved here and had two children. Following the death of her husband she moved back to Czechoslovakia with her two sons. Her father was raised in Czechoslovakia but continued to have American citizenship.

"So, he at the time had American citizenship but he had no money. So, he kind of put it out there in the community that he would marry a Jewish young woman in exchange for the family providing them both with money to be able to leave the country. And it was supposed to be just an arrangement, kind of an agreement, and my mom said that they met at the coffee shop in the town where she lived," Weiss said.

Weiss's father had met with other women and their families, but he chose her mother. Weiss said that her mother, being 17 years old, found him very handsome.

"They were married at the town hall in the town where they lived. And then my father went to live with her parents in the house where they lived in this town. For a couple of months, they lived as just friends and then they told her parents that they really love each other, and they really wanted to be married as husband and wife. So, they actually became, not only in a financial agreement, but they really loved each other, and they became husband and wife," Weiss said. As the war became

worse Weiss's father returned to America and had to get a visa for her mother. Her mother's brother went to England, and he volunteered for the Czech resistance party, which was established in England. Her mother remained with her parents at their house.

"Meanwhile, my grandparents were told that they needed to leave their house and they need to leave everything behind, and they were moved to a ghetto. So, they had three days to be able to put their bears in order and move to the ghetto," Weiss said.

The ghetto was not in their hometown, but it was close to it. The ghetto was in an old medieval castle, which eventually turned into a military barracks. But at that time, it was a ghetto. They were there for a period of 6 months to a year.

Weiss said her mother had a job while there and it was to clean out the toilets for the entire ghetto.

"At one point my grandfather was taken away, this was done frequently people would be taken away and interrogated and they would be beaten up for whatever information they could try and get out of them. He has been a businessman but certainly not a politician he was not involved in any way in

of days," Weiss said.

After Wiess's grandfather passed away it took a couple of years for her father to get the visa for her mother. When he finally did, she did not want to leave her mother because she knew her mother would be alone. The passage had been made and her mother was able to escape the ghetto because it was not guarded.

"So, she (Weiss's grand-

er made the journey to America which involved multiple train rides across different countries in Europe and onto a boat from Portugal.

After she made it to New York she moved to Bridgeport with her husband where she lived until 99 years old, Nishball passed away in February of 2021.

Weiss's mother was a very optimistic and hopeful person. She was never



Richard Weiss (left) and Mila Nishball (right) on their wedding day.

mother) was able to actual- afraid to speak her mind ly leave (the ghetto with) my mother and go with her to the train. That was the last time they saw each other," Weiss said. Nishballs mother ended up being moved from the ghetto to Theresienstadt and then Auscwitz where she was murdered in the gas chambers. After this Weiss's moth-

and was a strong woman, even after the hardships

"And at one point as things started to become even more restricted and very threatening, she was introduced to my father, who was 21 years old. And my father had American

politics," Weiss said.

Her mother told Weiss that she did not know why they took him to be interrogated.

"After a couple of days, they kind of just dumped him at the entrance to the ghetto. And he had been beaten very badly and he would die within a couple

she faced in her life during the war and after it ended.

"She felt her family would want her to live her life, kind of almost in defiance of Hitler. He tried to defeat us, but we are not going to be defeated, so that was her attitude,' Weiss said.



NEWS

Global fantasies of religion and domestic violence

By Wula Cham copy editor

Last Wednesday, on March 30, Chair of the English Department Andrew Smith welcomed an audience of both students and faculty to the Global Fantasies of Religion and Domestic Violence lecture.

At the start of the event, he made sure to give thanks to all the individuals that worked with him to plan out and lead this event to a success, including, but not limited to, Christine Petto from the History Department and Dr. Rafael Hernandez from the World Languages and literatures department.

This gratitude talk followed with a small background on what the event was going to be about and an amazing introduction of the speaker to be presenting came after. Smith introduced the presenter as a colleague and friend from Cairo, Egypt and then proceeded to provide her successes and accomplishments leading up to and following her position as an assistant professor at Edline Johnson University in the faculty of Education.

"She is a Fulbright visiting scholar at Santa Fe College in Gainesville Florida, right?" Smith asked, as he checked for clarifications. "She has her master's degree and PhD in English language and literation. Her dissertation was on the victimization of women and Alice Monroe's fictional world. And she also has a TESOL diploma from Florida, Atlantic University and teaches in language in that area."

Mona Ashour, the

speaker introduced, started off by telling the audience a little bit of herself. She mentions that she is here on a visiting scholarship for nine months and has two main objectives connected to co-teaching to be completed while she is in the states. One part of the objective is co-teaching with professors while the other involves public lectures around community services in institutions.

"I also gave many lectures about African humanities and African literation. So, I'm here mainly to internationalize or to share in internationalizing," Ashour said.

Ashour also mentions that due to COVID-19, she is here alone without her husband and kids. She hopes that her work is going to valuable and fruitful for the United States



Ashour giving a lecture on the topic that made her a FulBright Scholar.

PHOTO | BRIA KIRKLIN

and that she can transfer all of her experience in the American education and life to Egypt. Ashour started off her lecture by instead of the religion itself. Faith and religion are two different meanings though they get confused for each other quite often. plots involving women who persevere through violence, whether it be domestic or not. The works of Nawal El Saadawi talk



Mona Ashour speaking about faith, religion and domestic violence.

relaying questions she planned to answer by the end of her lecture.

"Why many religious perspectives may support women to be victimized by, their husbands who promised before God to cherish and love for a lifetime?" asked Ashour.

Ashour goes to argue that in terms of marriage with religion, the victimizer finds a legalization in the religion to commit violence while the victim in turn finds a source of healing and comfort in the same religion.

According to Ashour, this has to do with faith

Domestic violence occurs in regards of the type of person in the marriage and not because of the religion itself. Individuals misinterpret rulings and ways as an opportunity to commit this crime when in fact they are in the wrong but convince themselves to be otherwise.

Later on, the lecture, Ashour introduced writers that help with her argument on how religion is not the cause of domestic violence but the person. The works of Nagu-

ib Mahfouz, Alifa Rifaat, Nawal El Saadawi and Zora Neale Hurston include about women on women violence and in her book "Bahiyya's eye" she writes about female genital mutilation.

"But culture and faith are much stronger than suffering. My daughter should be like me because culture and faith is telling her to that her daughter should be like her, although she is suffering," Ashour said.

The lecture ended with very few questions due to the faculty needing to get to their classes.

"Faith is an important part of a woman's journey of healing," Ashour said.

Sourdough bread study with rats and mold By Melanie Burgos 20 species of yeast and lized SP2 strain was found dough multigrain bread, or "I've only made banana" was used in the s

20 species of yeast and over 50 species of bacteria although research has to be the most effective in the, 9.81mL NaOH N/10, with a factic acid of 2.93g/ kg, compared to the fresh, TTA 14.0mL NaOH N/10, and freeze-dried, TTA 11.5mL NaOH N/10, and control sourdough bread samples, TTA 11.5mL NaOH N/10. Overall SP2 strain in any form created all the desired characteristics of good sourdough bread, better acidity, organic acid content and the dough had better resistance to mold and spoilage. Healthcare studies major Chris Powers, a senior, said he has made bread before, and the only thing he noticed was the yeast. "I have had bread mold. maybe about one to two weeks," Powers said.

conventional white bread in isolation for 3 weeks improved the postprandial blood glucose and insulin response production, and mineral absorption, Ca2+ Cu2+, Fe 2+, Mg 2+, Zn 2+, Gil-Cardoso also tested the effects on RAA and serum insulin, triacylglycerol, and MCP-1, an inflammatory marker, levels using rats. Consumption of Sourdough bread in rats in a 3- week period resulted in beneficial and negative side effects; Ca-MGB decreased blood triglycerol levels one of the best side findings of the 3-week sourdough consumption study was the rise in RAA Ca2+, CU2+, Fe2+ Mg2+, and Zn2+. An increase in Postprandial blood insulin responses in mice eating white bread was most likely related to the carbohydrate intake. Which caused high insulin responses in the mice.

bread and I didn't think it was too hard. But I do know that real bread takes hours to make," chemistry major, Arianna Cruz, a junior said. Her favorite bread to eat is white bread. Mice fed only on Sourdough bread resulted in decreased AUC of the blood glucose this might have been due to the fermentation process and low sugar in sourdough bread. The glycemic response was also reduced in mice eating sourdough, it is important to note that the effects of eating sourdough change depending on the sugars, organic acids formed, the microbial composition, and the proteolytic activity. Adding different ingredients to sourdough bread can also enhance the overall quality of sourdough bread. For example, encapsulated Kombucha

was used in the starter for sourdough. The findings showed that the microbes and bloactive material in kombucha inhibited the volume, firmness, and loaf volume compared to the control group. Findings showed the main differences between regular sourdough bread and kombucha encapsulated, KE, sourdough bread were the compounds alpha aminobutyric acid, alanine, acetic acid, riboflavin, pyridoxine, anserine, tryptophan, gluconic acid, and trehalose. The volume of the KE was significantly higher with a P-value < 0.05 and a volume of 976.7 ± 25.2mL. KE sourdough bread also had a higher taste score and longer shelf life on average it lasted 5 to 10 days at room temperature. Sofia Rositani, Wula Cham, Sarah Shelton and Dave Lee contributed to this article.

Sourdough bread is known for its Aromatic, naturally leavened dense yet airy characteristics. Since the Covid-19 pandemic, many people took to making sourdough bread.

Contributor

"It tastes better crunchy,"psychology major T'Aja Henry, a junior said.

she said that she likes garlic bread and that finding out there is microorganisms in sourdough bread makes her not want to eat it.

Unlike most bread which relies on active dry yeast, saccharomyces cerevisiae, to convert the sugars in the dough to carbon dioxide. Sourdough uses a Started or levain consisting of a fermented dough created by whole wheat flour wild yeast and bacteria. Using PCR testing researchers have been able to find over which microbes make up the entire microbiome of Sourdough bread.

Pediococcus pentosaceus SP2 strain was recently isolated and observed as a strain of bacteria present when beginning a sourdough starter. SP2 strain was found to influence the characteristics of the sourdough bread by being more resistant to mold. The number of days between mold and spoilage in freeze-dried, fresh, and immobilized SP2 has 2-3 days difference in freshness on average.

The pH, TTA, total titratable acidity, and organic acid content of the bread also significantly improved with the inclusion of the SP2 strain overall. The average TTA for sourdough bread with the immobi-

It is important to consider the health benefits of what we are consuming. Researchers tested if eating Sourdough bread, sour-

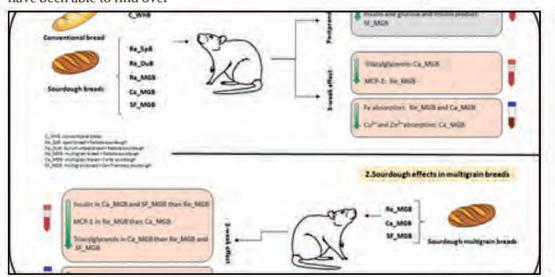
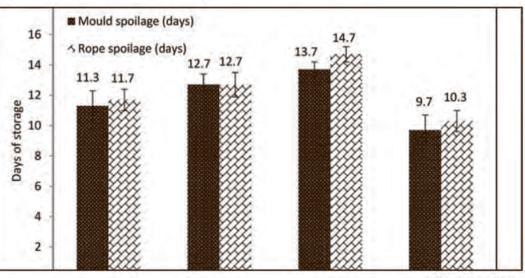


Figure of a rat and sourdough bread.

PHOTO | MELANIE BURGOS



Mould spoilage with sourdough bread.

PHOTO | MELANIE BURGOS

FEATURES

WWW.THESOUTHERNNEWS.ORG

APRIL 6, 2022

Students win prizes for Resident Appreciation

By Sarah Shelton Features Editor

Two events, one day and a lot of opportunities for residents was available on Saturday, April 2 for the university's Resident Appreciation Day.

The first event, just being Resident Appreciation Day was, according to Owlconnect, "Join RHA to celebrate YOU! The residential community would not be the same without the residents, so we want to take a moment to celebrate the community. Featuring FREE Laundry for 24 hours!"

Resident Hall Association. RHA, hosts this day for students to do their laundry for free every year.

"Just swipe your Hoot Loot and it should just start for free," West Campus Resident Advisor Allison VanDerlyn said at a floor meeting for the second-floor residents.

VanDerlyn warned students that the laundry room will be full during the day because of this, so suggested doing it very early in the morning or



Prize table at Resident Appreciation Day.

late at night.

When doing laundry on campus, students will put money on their Hoot Loot cards, load their clothes into the washer, walk over to the swipe box machine to pay for the wash, put in the number located on their washer and then they are able to start the machine. On Saturday, the cards did not even have to be swiped to start the process.

On this day, VanDerlyn was right, because piles of clothes were all over the top of the machines waiting for their turn to be put into the wash.

The next event listed on Owlconnect was, "Resident Appreciation Day -Discovery Day.'

According to the website, "For residence appreciation day RHA will be having a carnival-style event in the residential quad. We will be having games, food, prizes, and other activities for the residential students. Upon sign-in, students will receive a complimentary tote bag and be told how they can accumulate tickets to win and choose prizes. The more they participate the more tickets they can get."

While this event was going on, the university was also hosting "Admitted Students Day," and the incoming freshmen also got to participate in the carnival event, they just could not sign in for the complimentary items, an RHA tote bag and T-shirt. "I heard a lot of resi-

dents saying that they love the carnival-style events that they've seen around campus, so we figured we could kind of bring it back but in a different way or with some different vibes,"

RHA Vice President Siddhi Then, if you successfully Suresh said. "So we decided to run some carnival games from one of our vendors and then set up a few stations for people to get some tickets to win prizes."

The event had two "Minute-to-Win-it" stations, a ring toss, and knocking down blocks. Students were able to gather tickets by playing these games as many times as they wanted.

"If you participate at any of the four stations that we have set up you get one ticket for participation.

attempt the game, and win you get another ticket. We have a variety of different prizes. We have some key chains, some slap bands, you know, things that you would typically find on a carnival, and then you everything has like a number of tickets that you can redeem it for," Suresh said.

Sociology major Gianna Rubino, a freshman, said she came to the event to play the games, which she loved, and to hang out with friends.

"I'm happy," Rubino said. "I love free shirts."

PHOTO | SARAH SHELTON Laundry machine in West Campus.

Grammys or Scammys? Review on the awards and red carpet outfits website. Now, he has won an award without even trying.

Another thing I am very surprised and somewhat disappointed by is "Freedom["] winning best music video over Rodrigo's "Good 4 U," Lil Nas X's "Montero" and Billie Eilish's "Happier Than Ever." They were all great videos.

"Good 4 U" was filmed by my favorite director, Petra Collins, and Billie Eilish is known to make crazy music videos without special effects. Eilish went underwater in a sma house for this video.



PHOTO | SARAH SHELTON

Grammy red carpet outfits. Dua, Lil Nas X and SZA (top). Justin & Hailey, Tayla and Addison Rae (bottom).

butterflies on it. Also with the matching shoes? The inner eye corner makeup that matched the butterfly

Justin wore a pink beanie, which did not fit the oversized outfit at all, and Hailey looked to be in a bedsheet, which is disappointing because Hailey is seen creating many cool fashion trends. I guess she is just better with streetwear. People on Twitter ripped Justin Bieber's outfits to shreds. "Also my look at 5 yearsold when I dressed like "a business man,"" George Reinblatt took to Twitter. Someone else wrote he gave the vibes of a 13 year old boy wearing a suit to impress grandma. @TrinaHel3785113 wrote on Twitter, "Horrible. You gotta be kidding me." Many made Shaq jokes and brought up how the beanie "had to go." My favorite comment was, "It's giving, 'I'm dressed. Alright?" That is all I have to say about this year's Grammys. this year.

By Sarah Shelton Features Editor

Every year my favorite artists do not get Grammy awards and I say the Grammys are a scam and I am not going to watch again

Well, here we are with the 2022 Grammys.

When writing about my opinion on the nominations back in December 2021, I wrote, "one thing that really stood out to me this year for the 2022 nominees was Selena

With those being the things that stuck out to me the most during the nominations, I am happy, yet disappointed again with the Grammys.

Let us start off with "Best Latin Pop Album," because it is so disappointing.

As biased as I am, since I have been a fan of hers for over a decade, I truly believed Gomez had a fighting chance with her EP "Revelación." Every prediction website I saw predicted either Gomez or Camilo winning this category.

The winner ended u

year makes us upset. It is not an award show based on musical talent, It is just like whose music is the most radio-friendly," my boyfriend said as I sat

down to write this. This was Gomez's first nomination, and another first of the night is Olivia Rodrigo's first win.

Rodrigo's first official win was for "Best Pop Solo Pop Performance," for her song "Drivers License."

This win was very well deserved. As much as I love Eilish's "Happier Than Ever," "Drivers License



PHOTO | SARAH SHELTON

Students playing games at the event.

Gomez finally got recognized. In 2021 there were many articles about how The Weeknd and Selena Gomez were snubbed. In 2020 there were also many articles about how Harry Styles and Selena Gomez were robbed of a nomination. I mean, how did her first number one, "Lose you to Love me," not win a Grammy, never mind a nomination."

I also wrote about how I felt Olivia Rodrigo and Billie Eilish getting seven nominations was well deserved, I knew Rodrigo would win but I was not sure about Eilish.

The only negative I had for the nominations was Justin Bieber. I wrote, "In my opinion, "Peaches" is not Grammy-worthy and how is his album nominated for both Pop and R&B? However, looking back in the past, many years ago, Bieber lost "Best New Artist," and he definitely got snubbed back then.'

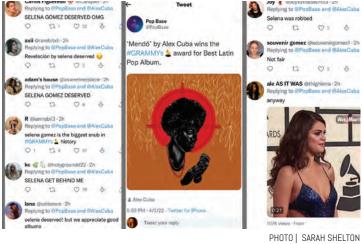
being Alex Cuba with his album "Mendó."

I do not condone hate to the Grammy winners, because for one the Recording Academy picks the winners, and all pop music fans, like myself, remember when Ariana Grande got snubbed and Billie Eilish stood on that stage feeling bad and saying Ariana deserved to win. Yet, this album was not even a big enough release to have critic reviews on AOTY, Album of the Year.

Even though the ratings for this EP were not astronomical, this was her first album in Spanish, with one Spanglish, Spanish and English, song, and her voice was truly made for it. She herself said she felt her voice fit better with the Spanish language.

Many fans, even nonfans of Gomez on Twitter were very upset. Gomez also did not attend the Grammys.

"The Grammys every



Tweets regarding the Alex Cuba Grammy win.

was a huge hit. I remember being in Florida at the time it came out and my entire Twitter feed was full of this

song and I did not even know Rodrigo until that moment, and now she is one of the biggest stars of this generation.

Rodrigo won two more awards, "Best New Artist" and "Best Pop Vocal Album," and performed the song "Drivers License" at the show.

I really liked how she began sitting in a car and it felt like she really put her heart into that performance.

Another performance I really enjoyed was Billie Eilish's "Happier Than Ever." Her and her brother Finneas had it raining on them, really bringing the feeling of the music video to the Grammy's stage.

I honestly do not understand why the Grammys had BTS and Eilish perform, yet did not give them any awards. They basically used them for views, which they have done in the past for The Weeknd.

One thing that made me laugh is Kanye West winning "Melodic Rap Performance," because The Weeknd is featured in the winning song. After being robbed of a nomination one year while the Grammys were using him for promoting their show, The Weeknd made the decision to never submit his material again, with the Recording Academy deleting his award wins from their

There were many more categories, but these ones stood out to me the most.

Lastly, as someone who loves celebrity fashion, I want to talk about the red carpet outfits.

I saw so many beautiful outfits, but in my opinion, the best dressed were Dua Lipa, Lil Nas X and SZA.

SZA had a beautiful dress with flowers going down the middle, which gave a little bit of "high school prom" vibes, but not entirely.

Next, Dua Lipa wore a slim black Versace dress, and you could never go wrong with Versace. I am also in love with black clothes, and the gold jewlery and buckles were a good statement piece to the sleek dress.

Finally, Lil Nas X with his white rhinestone suit with



background? It was amazing.

Lastly, the worst dressed of the night, in my opinion, were Justin and Hailev Bieber, Tayla Parx and Addison Rae.

Tayla Parx is known for having unique outfits, but I do not understand her green spiky outfit. Is she supposed to be a dinosaur? We still support but this was not the outfit this year.

As for Addison Rae, I have seen many great outfits on her, but i personally feel the Grammys is worth more than a plain white slip on dress with some bracelets.

Rae and Hailey Baldwin Bieber must have been planning together because I have the same opinion for her outfit.

Justin Bieber took the "Billie Eilish" style this year with a suit way too big.

> Sofia Rositani Vacancy **Section Editors** Vacancy Sarah Shelton Morgan Douglas Roma Rositani **Staff Reporters** Vacancy Vacancy Vacancy **Copy Desk** Wula Cham Mary Katherine Belli Photographer Bria Kirklin

Editor-in-Chief Managing Editor

News

Features, Opinions & Online Assistant Sports Photo and Layout

News Writer Sports Writer **General Assignment**

Publishing, Derby, CT

SPORTS WWW.THESOUTHERNNEWS.ORG

APRIL 6, 2022

Baseball's walk-off grand slam A pair of home runs from Andrew Eng powered the Owls to victory

By Morgan Douglas Sports Editor

Owls' baseball has been as consistent this season as the day is long.

Baseball boasts a 16-6 record more than halfway through the season and has not lost back-to-back ball games all year.

"It's the perseverance," outfielder Billy Sullivan, a redshirt freshman, said. "It has been all year, we get down in the last inning, no matter how many runs, forget about it. We're going to win that game and we know we're going to win that game. There's no quit in this team. Nobody gets complacent."

There was no greater representation of Sullivan's sentiment than this past Saturday's 7-3 victory over the Le Moyne College Dolphins.

The Dolphins and Owls played a doubleheader at the Owls' home ballpark, which saw the road team

take the first game, 12-4. After a quick turnaround, the Owls took turnaround, the Owls took the field for game two in search of revenge.

The second leg of the doubleheader, a seveninning game, was a true pitcher's duel through the early innings, as the two teams combined for just one run through the first five frames.

Dolphins starter Jacob Marshall, the 6'6" right hander, was the first to blink, surrendering a solo home run to Owls' centerfielder Andrew Eng, a graduate student.

Eng had no doubt the ball was gone, as he admired it for a bit and flipped his bat before circling the pillows.

"He looked very comfortable," head coach Tim Shea said. "There's been at bats where he's been leaning and leaking forward and getting on his front foot, but that at bat, he looked very comfortable."

Owls' starting pitcher Nick Guarino, a graduate with an important shutdown inning in the top of the fifth to hold the lead at 1-0. He was assisted by a nice catch made by Sullivan in the outfield.

Unfortunately for Guarino, the top of the sixth inning was not so easy as the previous frame.

Guarino ran into trouble and was unable to finish the inning. surrendering three runs and with it the lead before being replaced by pitcher Tommy Hughes, a redshirt sophomore, who got the Owls out of the inning before further damage could be done.

The stage was set for a dramatic late comeback. It was up to the Owls to deliver in the final innings.

A leadoff walk and a pair of base hots loaded the bases with nobody out in the bottom of the



Captain Tony Zambito at bat against Le Moyne this past weekend.



Pitcher Tommy Hughes picked up the win in relief this past Saturday vs. Le Moyne.

"All I was looking for

said. "Fastball in the outer

was one pitch," Sullivan

third to try to do some

damage, stay to the right

side of the field, and I got

the job done: Give Andy

big swing. I knew he was

going do it soon as he got

second home run of the

slam to give the Owls

contest to finish the game

in style. A walk-off grand

the 7-3 win and send the

crowd home happy. "It's awesome," Zambito said. "Walk-off grand

slam on the first opening

weekend at home. There's

nothing better, you can't

The Owls will hit

the road for their next

game against the College

He was right. Eng hit his

(Eng) a shot to take the

up there."

beat it."

seventh.

Team captain and infielder Tony Zambito, a graduate student, was next up and was hit by a pitch to force in a run and make cut the Dolphins lead to 3-2.

Zambito was hit by a pitch earlier in the game and has been hit six times this year, something he wears as a badge of honor.

"I'm pretty sure the (program) record is 12 hit by pitches, so that's what I'm going for right now," Zambito joked. "But in that situation, a hit by pitch is just as good as a hit."

The Dolphins finally made a pitching change, but it mattered naught, as Sullivan, who's batting average is hovering around .400 was up, and he delivered with the

and I am feeling ebullient.

Without any football and with college basketball having ended this week, baseball will be a welcome addition to my daily sports consumption.

Games starting at 7:05 p.m. just as they were intended.

Sure, baseball has its problems.

After all, we are coming fresh off a lockout which nearly canceled regular season games, but it goes beyond that.

Baseball is boring. I hate saying it, because it was my first love in sports, but I must admit it.

As a Boston Red Sox fan, I have had an awesome run, with four World Series teams in my lifetime, so my interest in the sport never wanes.

I am lucky to be a fan of a competent organization, and it keeps me engaged with the Red Sox specifically.

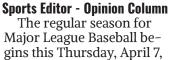
By law, as a Sox fan, I am obligated to keep up with the New York Yankees as well but mustering the energy to care about the other 28 big league ball clubs is more than I can bear.

I can and do watch Boston seven nights a week and look forward to it because I follow that specific team.

PAGE 4

Play Ball

By Morgan Douglas



game-tying single.

of Saint Rose this Wednesday, April 6.

Lacrosse remains undefeated at home

PHOTO | BRIA KIRKLIN

By Morgan Douglas Sports Editor

If only Owls' lacrosse could play every game at Jess Dow Field.

Lacrosse has a 3-5 record this season with interesting home and road splits.

They are 0–5 on the road, and 3-0 at home.

"This is the first time in my collegiate career we've won three games in a season," attacker Karlie Rowe, a senior, said. "So we've just got to keep the ball rolling."

Their most recent victory came this past Wednesday in a thriller against the American International College Yellow Jackets, a game which ended with the potential game-tying goal in the stick of the Owls goalkeeper.

The Owls were down 2-0 in this game before most spectators had taken their seats. Yellow Jackets attacker Kathryn Moody, a junior, scored two goals in the first 65 seconds of the game.

It was just the beginning of what would be a banner day for Moody.

Rowe responded for the Owls, scoring shortly after Moody's second goal to make the score 2–1.

The following goal to tie it was an emotional one. Midfielder Amelia

Mansfield, a freshman, scored her first collegiate goal midway through the first quarter, and did so with a heavy heart.

"My brother was going to come to the game today, but he had to have emergency hand surgery," Mansfield said fighting back tears. "So I was just happy to score for him."

Moody scored again, and gave her team the 3-2 lead, get ready to see her name some more.

The Owls would score the next two goals in the game to take a 4–3 lead.

Moody of course then tied the score at four a side.

Rowe was then able to find Mansfield with a pass and assist on the freshman's second goal on her emotional day.

"The past couple games, I've been in a little bit of a funk," an emotional Mansfield said. "And so it was really nice to be able to let all that go and be confident with the ball."

In the final seconds of the half, midfielder Mia Pulisciano, a senior, gave the Owls a 6-4 advantage.

Rowe built on the lead, scoring the first goal of the second half, only to have Moody answer with her fifth goal.

A little later on, attacker Savannah Feinberg, a sophomore, scored two

goals in span of one minute, next two goals, giving her and just seconds after her, midfielder Jettke Gray, a sophomore, scored to push the lead up to 11-5 and put an exclamation point on the owls 6-1 scoring run.

"The first goal was surprising for me because it was a look that we usually don't get off of the play that we had. I was so excited," Feinberg said. "It's my first two goals, so I was really excited about that."

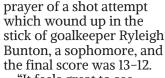
The pesky Yellow Jackets did not retreat to the nest however, as Moody, Yellow Jacket queen scored the

an outstanding seven for the game. Her teammates scored two more goals to cut the lead to 11-9 in the final quarter.

Clutch goals by Rowe and Takacs pushed the lead back up to 13-9 with five minutes to play.

The Yellow Jackets then swarmed, scoring three unanswered goals in the next four minutes and made it a one score game with 44 seconds left.

The nail-biting final seconds ended with AIC attempting a last-second



"It feels great to see a lot of people coming out, like families and everyone coming to see us," Mansfield said. "And I'm just so happy to win even though it got really close at the end."

Lacrosse is on a road trip and will have played their next game against Adelphi University on Tuesday, April 5, by the time this comes out.



PHOTO | BRIA KIRKLIN Amelia Mansfield scored her first two collegiate goals during last Wednesday's win.

You will never catch me spending an evening watching the Seattle Mariners vs. the Baltimore Orioles.

This is a case unique to baseball in my experience.

The NFL showcases some really putrid games and matchups on Thursday Night Football, but I will watch the whole messy slog no matter who is playing because the athleticism on display is unlike anything you will find on this planet.

Also, fantasy football implications, but that is beside the point.

I will tune into an NBA game to watch Kevin Durant, Joel Embiid, Devin Booker, I could go on, and I am not a fan of any of their teams.

I cannot say the same about baseball.

As great as they are, Shohei Ohtani and Mike Trout do not make the Los Angeles Angels appointment viewing, where I have to watch them live, the way the big stars in football and basketball do.

While I am just another in a long line of people who poke fun at baseball, it is still a very popular sport, just more popular in a regional sense than in a national sense.

There are many fans like me who are fully devoted to their one franchise, while the other franchises garner only a glancing interest.

I know Sean Manaea got traded to the San Diego Padres, but do not care because it does not affect Boston. See what I mean?