

Spring has sprung on campus Page 2



**Programs** Council Tiedye event Page 3



Baseball and softball coverage Page 4

## SOUTHERN NEWS

## Stuff animal plushies with Programs Council

#### By Sofia Rositani **Editor-in-chief**

On one of the colder days on campus, even with the sun shining, Programs Council hosted a stuff an animal and ice cream truck event.

The event, which happened on the patio of Buley library, had a line of students waiting to pick an animal they can stuff. The animals included a kangaroo, octopus, dinosaur, and more. The event also had an ice cream truck where students were able to get sundaes with different toppings.

"I think I knew about it a little while before and I was like, yep, I have to go to this, stuffed animals. I just got out of class, so I power walked over," nursing major, Suhanne Patel, a junior said.

Patel went to the event with her friend from class. They did not get ice cream because the line was too long, and it was cold out-

"I think those (stuffed animals event) have been a big hit every semester," Patel said.

Special education major, Samuel Martin, a junior, said that he did not know

this event was happening and that he was walking around campus putting up flyers for an event.

"I actually just showed up, I did not know this was happening," Martin

Martin ended up getting a stuffed kangaroo from the event.

"The kangaroo has a baby joey and it's a finger puppet," Martin said.

Martin named the stuffed kangaroo Roberta.

"I heard about the event, it was promoted through pro-con and Spring week, but I completely forgot about that. I wanted to

get some ice cream, but the line was so long, but it was so cool seeing so many students outside," communications major, Wilson Valois, a junior said.

Valois said he was confused at first on why he saw so many students on the patio, until he saw the stuffing, tables and ice cream truck.

"I saw students of the Southern community stuffing animals and I've never stuffed an animal before," Valois said.

Valois said he ended up stuffing a "fluffy cat" that he named Comacho.

"I was in a meeting, and everyone was like there's ice cream and stuffed animals on the quad, and I said Well, this meeting is adjourned," English major, Brandon Iovene, a senior

Iovene stuffed a panther at the event, while the name is still unknown, Iovene said he was thinking of naming the panther after the Egyptian goddess of panthers, Bast.

"I went out to the quad, and they had stuffed animals and I've never felt more alive. That stuff is so fun. It's fun loving and I got to see Jules the dog and it was really cool," Iovene said.



Students getting ice ceam from the truck on the quad.



Students sitting at a table to stuffing their plushies.



PHOTO | ROMA ROSITANII

Students stuffing the animal plushies on the Buley patio.

# PHOTO | BROOKE KURYAN

## SCSU Media Board

## We're looking for you! Get involved for 2022-23

#### Crescent magazine:

Adanti Student Center, Room 222 crescentmagazine.org Contact: scsu.crescent@gmail.com

#### Folio:

Adanti Student Center, Room 221 Contact: folio@owls.southernct.edu

#### SCSU TV:

Adanti Student Center, Room 235 Contact: scsutv@owls.southernct.edu

#### Southern News:

Adanti Student Center, Room 222 Contact: scsu.southern.news@gmail.com

#### WSIN radio:

Adanti Student Center, Room 210 Contact: wsinradio@gmail.com

## Springing into a new season

#### By Roma Rositani Photo editor Sofia Rositani Editor-in-chief

With the warm weather New England has provided us with this past week, out came the short sleeves and dresses.

Students have been seen in the academic quad and on the buley patio

sun bathing and talking amongst each other.

Soon enough Spring at the pi will bring more flowers resting i blooming and more warm the sun. weather. Now to

Students are now able to see the cherry blossom trees near Brownell Hall in full bloom with more flowers blooming.

Since the warmth hit more students are sitting

on the patio doing homework, sitting with friends at the picnic tables and resting in the warmth of the sun.

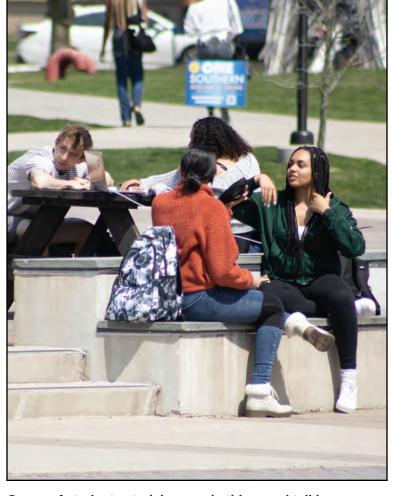
Now that Spring has sprung the hammocks and other activities are back on the residential part of campus where students can relax in the outdoors after a long cold winter.



Friends cohersing with eachother during a sunny spring day.



PHOTOS | BRIA KIRKLIN



Group of students studying, sunbathing, and talking amongst one another.



Students doing work on a warm day on the Buley patio.

Group of friends walking with each other after attending an event.



Studemnts sitting in a circle under a tree in the acadmeic quad on a sunny day.

Students relaxing underneath a tree in the academic quad.

WWW.THESOUTHERNNEWS.ORG

APRIL 20, 2022

## Camila Cabello comes back with familia

#### **By Sarah Shelton Features Editor**

"Romance" was an album I thought Camila Cabello could never top, but with her new album release, it is safe to say she did just that.

I have been a fan of Cabello since she was a teenager in the group Fifth Harmony. While my favorite member may have been Lauren Jauregui, I always knew Camila had that star power.

After Cabello left the group, she had a few singles come out such as "Crying in the Club," but then she came out with her album, "Camila," which had some really good songs, mostly known for the song "Havana."

I even got to see her in concert and meet her during the "Camila" tour. However, in my opinion, this album was not even half as good as her next album, "Romance."

With a big hit, "My Oh My," and her very overplayed song with Shawn Mendes, "Senorita," "Romance" had many great songs. My favorites are "Bad Kind of Butterflies,"

"Shameless" and "Cry for me."

"Familia" starts with a 17-second clip of music, also titled "Familia," to set the vibe of the album. I always think it is cool when artists do this. I have seen Madison Beer and Billie Eilish both do this, typically in between songs like it was a concert.

Then goes into her song "Celia," which is entirely in Spanish. I have noticed many "English-speaking" singers with Mexican and Cuban roots doing this recently, such as Lauren Jauregui and Selena Gomez. I think it is great that they explore their musical roots, even if their typical music is in English, which is why I also greatly respect K-pop artists.

The next song on the album is her single, "psychofreak" with Willow Smith. I really like this song, it feels different than anything Cabello has ever done, yet it gives off the vibes of one of her first solo singles "OMG." I saw a thread on Twitter by @karxlo explaining how "psychofreak" is the "per-

The user said "psychofreak" could be a term used to place herself in the story, as a person who is incapable of controlling her own emotions.

"Camila also reportedly portrays herself as a misfit. Willow also does this in the pre-chorus," the user wrote. I also really love the lyric in this song, which she has seemed to confirm is about Fifth Harmony. The lyric says, "everybody says they miss the old me. I've been on this ride since I was fifteen. I don't blame the girls for how it went down."

"Psychofreak" is definitely in my top three of this album.

After "psychofreak," comes her other single with Ed Sheeran titled "Bam Bam." As someone who is also recently out of a relationship, Cabello and Shawn Mendes also recently breaking up, I felt this song

in my heart. At first, it was not a hit for me, because I was still in a relationship when it came out, but as a lover of lyrics, I do like it now.

According to Genius. com, "coming months after

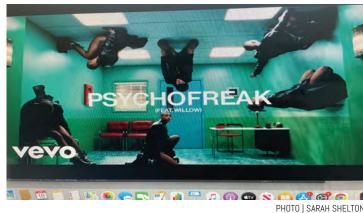
her breakup with Shawn Mendes, "Bam Bam" is Camila Cabello's anthem about moving on and accepting inevitability in losing a partner. Things change, and one can't dwell on that for too long. The track was inspired by a saying of her mother, "Así e' la Vida" (English: "That's how life is"). This saying is referenced in the chorus." Track five, "La Buena Vida" has very fun back-

tracks. I cannot figure out what this song reminds me of, but I really like it. This is also in my top three favorites of this album.

For the next song, "Quiet," I really like Cabello's vocals in this. It also really makes me miss the feeling of love.

The next songs are "Boys Dont Cry," "Hasta Los Dientes (Ft. Maria Becerra)" and "No Doubt." Also all great songs, especially "No Doubt," being in my top three. But I do love the message behind "Boys Dont Cry."

Track 10 is another older single, released in 2021, called "Don't Go Yet" which is a song I immediately loved. The song is one of



Psychofreak music video on a Southern News computer.

those songs that can put you in a good mood. The music video is also very colorful and fun.

The last two songs on the album are "Lola" and "everyone at this party." Many dreamers, women, and immigrants on Twitter shared their stories

"It's so sad because it's the reality many women are living," @MusicALexiss

on Twitter because of this

wrote on Twitter. Another user wrote, 'Camila Cabello's song "Lola" deserves much more appreciation and recognition. It sheds light on social oppression & speaks to all the dreamers and immigrants from all over the world just reminding them that they belong. It's one of her best songs lyrically, please stream Familia."

Lastly, as someone who is recently single with an ex who goes to many parties, I currently cannot listen to "everyone at this party" without wanting to cry. But again, as someone who loves lyrics, I absolutely love when celebrities turn their pain into art and we fans can relate to it.

"Hey, did you realize you don't need me? Everyone at this party isn't you," Cabello sings. "Everyone at this party isn't you. You're the only one I wanna run into. But I never do."

### Day of Caring brings owls to campus

fect allegory to anxiety."

#### **By Sarah Shelton Features Editor**

To start the university's Day of Caring, on April 13, right on the Buley Library Patio were live owls and students huddled around them and their caretaker.

"The people of a wildlife rehabilitation and education center called A Place Called Hope, specializing in rescue and care for raptors came since Otus, our mascot, is an owl," environmental studies major Shy Jones, a sophomore, said. "The place came to educate us about the owl. They also brought three other types of owls: one was a eastern screech owl, one a barn owl and a barred owl. They taught us students a lot about Owls. I think it was a great event. I heard from multiple people that it was an incredible experience."



PHOTO | SARAH SHELTON Students in line for food.

After the owls left, they started to set up a few trucks and tables. A tent with refreshments under it was already up.

Biochemistry major Carlos Calderon, a senior, said he did not know any of the events were happening.

"I just saw it out and I was like, oh, cool and then also there was like that wildlife birds thing and free stuff," Calderon said. "At first I actually thought it was just going to be the birds."

**Programs Council** advertised being a tacos and tie dye event that day, but since it was the university's Day of Caring, the university decided to celebrate the community with a few tables collecting donations, Otus the owl out ready to take pictures, a video game truck, free tacos, real owls and a live DJ.

"I knew it was going to be the taco truck and the tie dye, but I didn't realize it was going to be a bunch of the other stuff as well," chemistry and biology major Alvssa Rolls, a senior, said.

Rolls did not end up getting food, but Calderon said the burrito he got was very good.

"I was walking to class and I saw that someone posted on Snapchat a picture of an owl. So I was like, I have to go see the owl and then I saw free food and now I'm here," Theater major Sebastian Cordero, a



A live owl on campus.

junior, said. Cordero's friend, psychology major Jacob Adorno, a junior, said he learned about the event through his girlfriend, but he was mainly there because they had free doughnuts in the University Access Program's office.

Cordero and Calderon both waited in the line for food, but Rolls and Adorno refused to wait in a line that long. The truck offered a variety of food including tacos, quesadillas, and burritos.

"Don't ask, I may start crying," Cordero said when asked about how long he had been waiting in the food truck line.

Members of True Blue Owls, a philanthropy program on campus, were also present at the event. They reported raising \$766,398 as of midnight.

News

Photo and Layout

#### INIONS Heartbreak on campus Cosmopolitan article, "love and focus on your studies. By Sarah Shelton

## **Features Editor**

Being heartbroken while a college student, especially with finals coming up, can be tough, but you are never alone on campus.

You think you are going to last forever, then they get stressed about school or work and start taking their anger out on you, affecting your studies, appetite and mental health.

You forgive them time and time again, but then they are out of your life suddenly.

Your entire Facebook, Tik Tok and Instagram feeds are full of breakup quotes saying "suggested for you."

How does the algorithm even know? Then you are sitting in

class, teary-eyed, while they seem fine.

One tip of advice: seek out counseling on campus. Did I cry three minutes into my session? Absolutely. However, that is what they are here for. They want you to talk to someone, even if therapy is not your thing.

Another tip, forget him, her or them.

You can do everything they want, support everything they do, but if they are not a good partner, no matter how good you treat them, they will never be happy, or at least the happiness will not last.

They will say something like "you deserve better," "we have nothing in common," even if you definitely do, "I don't care about you anymore," or my favorite, "I'm better off alone," because they are self-aware they do not treat their partners right, and then they are on Tinder, or some other dating app, a week later ready to love bomb another person.

Another tip: notice the red flags. According to a

bombing may very well be the scariest thing that can happen while dating. Not only is it an extremely manipulative tactic used by narcissists, abusers, and, ahem, con artists, but it's also very, very hard to detect and suss out as it's

happening." Definitely evaluate yourself. Do some shadow work. I know with one of my exes I thought, "maybe I was not the best girlfriend I could have been," but sometimes that is not the case, but if it is, it is okay to mess up and learn. Meaningful apologies go a long way. Other times, you have to be self-aware to realize it was not anything you did.

Dating in college is hard, especially when it comes to breakups. I have noticed so many couples on campus breaking up within the last few weeks. I do not think we are in Mercury retrograde, but I do know many planets have been in Pisces.

It is time to study for finals, eat some good food

Go to counseling, or write a petty opinion article about your heartbreak experiences to inspire others going through the same thing. But do not let it affect your grades.

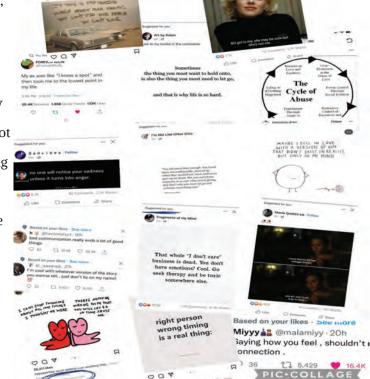
Seeing the cute couple Instagram pictures go, getting out of bed, hearing the lies they are saying about you, and learning how to do daily activities without wanting to text them could be some of the hardest parts. However, you deserve someone who recognizes how amazing you are.

Seriously, put on some music. Selena Gomez's "Rare," Leah Kate's "10 Things I Hate About you" or even Ariana Grande's "in my head," and jam out.

Or cry to "Exile" by Taylor Swift. And then get up and go to an event on campus. Do your homework. Text your mom.

Heartbreak is hard. College is also hard. Give yourself time to heal and do your best to get back up

again.



A collage of suggested posts on social media.

Advisers: **Cindy Simoneau** Frank Harris III

Contact information: Email: scsu.southernct.news@gmail. com

Southern Connecticut State University 501 Crescent Street Student Center

Room 222 New Haven, CT 06515

Issues printed by: Valley Publishing, Derby, CT

Sofia Rositani Vacancy **Section Editors** 

Vacancy Sarah Shelton Morgan Douglas Roma Rositani

**Staff Reporters** Vacancy Vacancy

Vacancy **Copy Desk** Wula Cham Mary Katherine Belli **Photographer** 

Bria Kirklin

Editor-in-Chief Managing Editor

Features, Opinions & Online Assistant

News Writer Sports Writer **General Assignment** 

APRIL 20, 2022 WWW.THESOUTHERNNEWS.ORG PAGE 4

# Baseball continues winning ways Consistent pitching and a potent offense have the Owls rolling

#### **By Morgan Douglas Sports Editor**

It may be beginning to sound like a bit of a broken record, but the Owls' baseball team is in the middle of a really good

Having won six of their last seven games, the Owls' record is now an impressive 22–7, including an 8-1 victory at home against the Stonehill College Skyhawks this past Thursday on a lovely afternoon.

The Skyhawks struck first, getting a run across against starting pitcher Steve Phillips, a redshirt freshman, in the top of the first inning, but that would be all Phillips would allow in his outing before clamping down and continuing what has been a strong campaign.

"I had the fastball and the changeup working," Phillips said. "My curve and slider weren't really there today, but you've got to work with what you got going on each day. So, it's just something to overcome for me at work."

The 1-0 deficit was not much of a daunting task for the Owls' potent offense to overcome, as they swiftly responded in the bottom of the first inning with some offense of their own.

With one out and Outfielder Billy Sullivan, a redshirt freshman, on base, it was time for outfielder Andrew Eng, a graduate student, to do what he has been doing all year long.

Crush baseballs. Eng hit a two-run shot of a home run to leftcenter field for his teamleading eighth homer of the year to give the Owls a 2-1 lead they would never relinquish.

"Andy (Eng), when he's on, he's one of the best hitters in the conference, region and probably Division II baseball, Sullivan said. "He's seeing the ball well right now, he's rolling with it, and it takes a lot of pressure off everyone else's shoulders knowing that he is going to get it done."

The Owls would tack on another run in the frame to give Phillips the advantage he needed in order to ground the aggressive Skyhawks.

It was apparent from their approach that the Skyhawks were trying to match the Owls propensity for making balls take flight.

Seemingly every Stonehill player who would come up to bat was swinging for the fences,



PHOTO | BRIA KIRKLIN

Owls' baseball has not lost back-to-back games all season and have won six of their past seven to put their record on the season at 22-7.

and they came up empty.

"They were trying to send the ball 400 feet every time," Phillips said. "You've just got to pitch around the barrel. They caught a couple barrels. Nothing really happened out of it, so just missing the barrel, that was the game plan."

In the bottom of the third, Sullivan homered to extend the lead to 4-1.

"It felt pretty good," Sullivan said. "These don't come around too often. It's never really my approach,

to go big fly, but when I saw it go over the fence, there was a definite sigh of relief to settle in and be able to get going down the home stretch."

The Owls' offense scored four more runs in the bottom of the eighth inning to cap off an 8-1 victory.

Phillips picked up the win and his record for the season is 7-1 to go along with a cool 3.12 earned run average as part of the Owls' pitching staff that has been consistently strong all year.

"It's great," Phillips said. "The staff has a lot of confidence. We have a lot of depth. A lot of guys are catching fire right now. That's what counts. That's what matters."

The Owls will look to keep on winning when they take on Le Moyne on Tuesday, April 19, at home.

"I think we're playing good ball. Our best ball? Not yet," Sullivan said. "I think at the right time, you're going to see something really special with this team."

Streakin' it!

#### By Morgan Douglas **Sports Editor - Opinion Column**

When it comes to covering games on campus, I am on a hot streak.

That's right folks. I have not seen an Owls' team lose in over two months.

And this takes into account several sports, including swimming and diving, gymnastics, women's basketball, softball, baseball and lacrosse.

If only men's basketball had not lost that game to Pace back in mid-February, this streak would really have been something.

Does this make me a good luck charm?

Why of course it does. I am the equivalent of a horseshoe stuck up the rump of Otis the Owl himself.

All jokes aside, I have not been a superstitious sports fan in many years.

I do not have an ego big enough to believe that the things I say or do while watching a game have any direct impact on what happens in a game.

Some do believe it

My dad hates watching Red Sox games in the kitchen, particularly at night.

He thinks he has a direct bearing over whether or not his favorite team will play well or poorly based on his geographical location within his own dwell-

I find it funny.

My friends do this too. except with them, it is a matter of jinxes and anti-jinxes.

Kike Hernandez broke out of a slump just moments after being called out by a buddy of mine in our group chat.

A day or two later, the same thing happened with Shohei Ohtani, he caught fire after a friend of mine in the group chat complained about his lack of production.

As far as this win streak on campus goes, there has been no rhyme or reason

It is not like I have been wearing the same outfit or a lucky hat to these events, I just go to the home games I can make it to and hope for the best, because believe me, interviewing athletes and coaches after a win versus after a loss makes a world of differ-

I have been lucky in picking the right game to attend.

For the Owls' sake, I hope this streak of good fortune continues, but more likely than not, I have jinxed myself and the Owls here by acknowledging this streak for the first time.

I should take advantage of this lucky streak while it lasts, though.

Quick, someone get me up to Fenway Park for a Red Sox game, and if you can swing it, get me to a Chicago Bulls game, they clearly need my good juju.

Better yet, take me to a casino while you are at it. Let it ride.

## Softball sweeps doubleheader at home

#### By Morgan Douglas **Sports Editor**

Owls' softball defeated the University of New Haven Chargers in both games of a doubleheader this past Friday at Pelz Field.

Game one was a blowout, with the Owls winning 10-0. Game two featured another strong starting pitching performance in late game heroics which led to an exciting finish and a final score of 3-2.

"This shows that we don't ever give up," outfielder Liz DeRosa, a senior, said. "And that we also can put runs on the board against tough teams. UNH is a great team and we really played

well today." DeRosa was a key player in both games on Friday and wound up with four runs batted in, two of which came on a home run in the fourth inning of game one.

"At first, I thought it

was just a solid line drive to the wall and then everyone started cheering and I looked, and the girl was on top of the fence," DeRosa said. "I was just thrilled."

Pitcher Jessica Perucki, a junior, was dominant on the mound in game one, striking out seven Chargers over five innings before the game ended due to a mercy rule after DeRosa's dinger to make the score 10-0.

For the season, Perucki has a 3.14 earned run average and has struck out 85 batters over 84.2 innings pitched.

In game two, Perucki's counterpart, starting pitcher Jazmyn Martinez, a graduate student, looked to build on her equally impressive season.

"My changeup was really good today," Martinez said. "My offspeed was what saved me. My curveball wasn't the best, but I was working with what I had. The defense was great, they

helped me out, the offense put runs on the board."

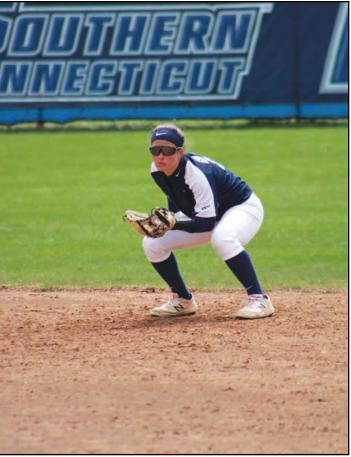
The offense would take its time in scoring their runs, however, as the Chargers struck first, scoring a pair of runs off Martinez in the top of the second inning to take a 2-0 lead.

The Owls would get their first run across in the bottom of the third inning, when catcher Jacqueline Dumont, a senior, drove in outfielder Emily Lange, a sophomore, on a single to right field.

The bottom of the sixth was when the offensive magic happened.

Still, a 2–1 game, the Owls had the heart of the order due up, and they delivered.

First baseman Jayden Delaporta, a graduate student, got the Owls off to a great start, with a leadoff double that hit off the third-base bag before going into left field to put the tying run in scoring position with nobody out.



Owls took the 3–2 lead.

this energy that carried

Delaporta said. "And we

knew that everyone just

had to get up there and

do a job and then Kat Roy

came up huge and got that

Martinez finished the

"My teammates kept me in

the game, so it was just a

over from the first game,"

"We all just kind of had

#### Katrina Roy drove in the go-ahead run during this past Friday's 3-2 home victory against UNH. Delaporta said, "The Sauve scored, and the

first couple of times I faced her (UNH pitcher Mia Iodice), I kind of was just like swinging and swinging, but I waited for my pitch in that at bat and was able to turn on it."

Dumont popped up for the first out. Infielder Madelyn

Sauve, a freshman, delivered the game-tying hit with a base hit to left field to score Delaporta.

DeRosa was then able to get a ball into right field which was misplayed and both runners were able to advance safely, so the game was tied with runners on second and third.

Infielder Katrina Roy, a sophomore, delivered the key hit by simply hitting it back to the pitcher who could not make a play.

game off on the mound to earn the complete-game victory in the comefrom-behind effort. "It's definitely a good feeling," Martinez said.

run in.'

home.

solid win all-around." The Owls will look to improve upon their 13-15 record on Tuesday, April 19, when they play a doubleheader against Caldwell University at

Softball boasts a home record of 8-4 on the season and is 13-15 overall on the year after sweeping a doubleheader against UNH this past Friday.