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SOUTHERN NEWS

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Disability awareness expressed on campus

**By Tyler Fisher
Contributor**

Southern's Center for Academic Success and Accessibility Services helps solve invisible issues.

"An invisible disability is a physical, mental or neurological condition that is not visible from the outside yet can limit or challenge a person's movements, senses, or activities," according to the Invisible Disabilities Association.

Wednesday's "Shining a Light on Invisible Disabilities" event was meant to educate students about the hardships faced by those with disabilities that cannot often be recognized by sight alone.

No one attended the event. Despite that, a Graduate Intern from the CASAS Center, Brandon Romano, offered his expertise on coping with invisible disabilities and supporting those with them.

"A lot of our students have learning disabilities,"

said Romano. "ADHD, bipolar, mental health - whether it be anxiety or depression. Those are some of those invisible disabilities."

Southern's Disability Resource Center merged with the Academic Success Center during the summer of 2021 to create the new CASAS Center.

The merger is something that Romano views as being a boost to the center's ability to help students.

"We like to be well-rounded," said Romano. "With the merger, it actually helped us with the resources with our students. One example is our academic coaching. When the Disability Resource Center was by itself, us, as professional staff, we're doing weekly coaching meetings with our students."

Romano continued to explain, "Sometimes there were so many students that we could not accommodate all of them. With the merger, being able to work with

the Academic Success Center, they already have academic coaches, whether it be peer coaches or professional coaches. We were able to open up

by Southern's Office of Institutional Research.

Those students are affected by a wide array of both physical and mental disabilities.



PHOTO | TYLER FISHER

Graduate Intern, Brandon Romano speaking.

that opportunity to more students."

Southern had 595 students in the spring of 2021 with a reported primary disability. This was shown in a semi-annual statistical report for the spring of 2021 released

Psychological and emotional disabilities, ADHD, and chronic health complications were among Southern students' most commonly reported disabilities.

"Understand your limitations," said Romano,

"but also pay attention to the ways you can work around them. Take advantage of the things you can do."

Understanding the problems faced by these students is an essential aspect of assisting.

Romano said, "you may not fully understand something, but you'll be able to understand where someone is coming from. Right? So keep an open mind and validate their experience."

Ensuring that students with disabilities receive assistance is crucial. Senior Michael Tompkins, a communications major, hopes to learn more about helping those affected by disabilities.

"It's important to educate students because I didn't know about invisible disabilities. I think that to ensure that all people with disabilities get support, especially from the university, we should all be educated more about giving these students support," said Tompkins.

Moving forward, the

CASAS Center plans on developing stronger relationships between its employees and students.

Romano said, "One program that we're currently working on is the mentor academic partnership program. This program was thought of by me. What the program is, is to develop peer-to-peer relationships for students with disabilities. Because of COVID, what we saw is that students that would come into our office didn't feel a sense of community, nor felt the same connection with their peers."

According to Romano, the program would be fully launched in January. The program focuses on building social awareness skills for students with disabilities while connecting them to campus to create a sense of community.

"Research shows that students who feel like they're a part of the community and feel a sense of belonging tend to succeed," said Romano.

"Chat & Chew" discusses civil and global injustice

**By Danielle Campbell
Copy Editor**

Conversations surrounded the room before the event started. Throughout the event the engagement level was high, and students actively participated.

Focused on civil and global justice, "Chat & Chew: In Justice Global and Civil" was a conversation engaging students in the ideas and understanding of justice held by the Multicultural center in the Adanti

we talk about terms like injustice or justice, we want to make sure that we actually are working from the same framework. So how do we define injustice?"

The general idea in the room was that injustice is a hard thing to define.

"Injustice, in just itself and just this word, in trying to define it, it's undefined," Social Work major Leesy Lindsey, a sophomore said.

The topics ranged from Elijah McClain to America's involvement in

how the judge said his victims cannot be called victims but looters and rioters.

Rittenhouse was a 17-year-old white teen who was dropped off at a Black Lives Matter protest in Kenosha, Wisconsin by his mother. He lived in a neighboring state and went to the event with an illegal firearm. He injured two people and killed one

doing something like that because you want to know why? We couldn't even make that first step to do so. That's where we get stopped. That's the injustice," Lindsey said.

It was obvious the student's felt injustice was prevalent in the world between not being able to pin down a definition and one student claiming this was "nothing



PHOTO | DANIELLE CAMPBELL

Students listening to member discuss social injustice.

Student Center on Oct. 27.

Dr. Randolph Brooks of the counseling center asked the room, "When

Afghanistan.

The majority of the conversation was on the Kyle Rittenhouse case and



PHOTO | DANIELLE CAMPBELL

Students and faculty at the "Chat & Chew" event.

person before the protest.

The mood in the room was heavy. "We have nothing. Nothing. He was powerful enough to walk into an assembly of people, like this one, wave a gun, actively ready to kill somebody. And the black people wouldn't even think of

new." The students were of various colors, mostly from minority backgrounds. All of the conversation was over chicken wings and drinks, the chew aspect of the Chat and Chew event. This was one of many in the event series, which has been virtual



PHOTO | DANIELLE CAMPBELL

Students engaging with the the "Chat & Chew" event.

in the previous year because of the COVID-19 pandemic.

"We started Chat and Chew a few years ago because what if you get the opportunity where you're able to tackle tough issues as well as the issues that are affecting us as a community, and there's no better way to do that than with meals and making connections," said Dian Brown-Albert, Coordinator of the Multicultural Center.

The students also discussed possible solutions to these kinds of injustices. The consensus was educating yourself is the greatest

form of change a person can have. To educate yourself and then teach others is the best solution because you can share what you've learned.

"But it wasn't until I found things that I had connection with that I really started going deeper into reading about history of things or reading about current events and stuff like that," said Communications major, Letel Rutherford, a sophomore.

The next Chat & Chew in the series is Tuesday, Nov. 30 from 12-1 pm in Adanti Rm 301. The topic will be the Critical Race Theory.

Students run as candidates

By Danielle Campbell
Copy Editor

What do two Southern students, a Southern professor and a Yale student have in common? They are all running for Hamden local government.

On Thursday, Oct. 28, Justin Farmer, Abdul Osmanu, Mariam Khan and Siobhan Carter-David were featured guests for the College Democrats' usual meeting. With 12 in-person participants and 13 online, including Carter-David, the event was created to inform students on the campus of the local government looking to make a difference.

"I thought that this event was needed because I think young people, especially at Southern, need to know, the possibilities that are out there for them. You know, seeing these young people come in, they're able to get a sense of what young people can do, and I feel like it can really empower them," said Kyle Thaxton, President of the College Democrats.

Students got to hear



PHOTO | DANIELLE CAMPBELL

Students meet the candidates at the event.

from the candidates and better understand their platform and relationship with the local community. The candidates are running under the same ticket for Hamden local government. Two are running for Board of Education seats and the other two are running for councilmember seats in District 3 and 5.

Environmental systems major Kaitlin Wagner, a sophomore, said, "It was really eye-opening to actually be able to speak with members of the community. And I'm almost like encouraged now to get out and talk to people more about the issues that I'm passionate about."

Each candidate

explained their backstory of why they wanted to run for the Hamden government. Farmer was inspired by his time as an undergraduate, Osmanu was inspired by his political involvement starting at 15, Khan was inspired by the need for change and Carter-David was inspired by her role as a Hamden parent.

Farmer said, "So getting involved and getting to know people. Politics are relational, so being able to know people and even if you're not going to be in it, just to be like cool, I have a personal connection so and so might be someone that can advocate for your community in terms of southern depths."

Crack and Consequences

By Sofia Rositani
Editor-in-chief
By Danielle Campbell
Copy Editor

Films that we associate cocaine with are usually "Scarface" and "Pulp Fiction," but a film showed on campus during the "Soup and Substance" event was "Crack, Cocaine, Corruption and Conspiracy."

The film showed what the crack epidemic has caused and how it is currently affecting the world.

As Brand Nubian's 1990 hit "Slow Down" plays in Adanti Rm 201, the students watch as the oft-described conscious group tears down women for drug use, sexuality, and gold-digging.

In this segment of the Soup & Substance series, where a faculty member comes in to discuss a chosen documentary on a chosen topic with students, Dr. Siobhan Carter-David discussed the crack epidemic.

"So, I'm the oldest one in this room, by far. And so, unlike most of you, I lived through the crack

epidemic, and I have family members and myself were impacted by it. And it's interesting because the documentary and the literature talks about how we identify how we think about the impact of crack cocaine being tied to women, and that's cool," said Carter-David.

The Netflix documentary "Crack: Cocaine, Corruption & Conspiracy" talked about the way crack cocaine took hold of the black community and destroyed many lives. It went through the government sources of anguish, which created the framework for crack to be prevalent in various communities and the retaliation only communities of color faced in its use and sales.

Interdisciplinary studies major Madison Alexis, a senior, said, "Because again it becomes a race thing. White people, they're allowed to have the time and space to do this stuff like that. But we come in this like what's acceptable and not socially acceptable in drugs too."

Alexis was speaking

about the conversation which broke out about how drugs are also racially divided and punished. The way crack and cocaine were racially divided and unequally punished was evidence of this.

By the end of the event, students expressed their fears for living in the world in black bodies. How black women live in fear of being assaulted and softness as weakness and black men must live having to be on edge and not show their emotions for fear of the negative culture of competition and aggression.

Graduate intern Simon McIntyre spoke on the negative influence of this competitive nature on black men. "Even in this case. They [crack dealers] started out with something great. Everybody was getting money from it. Everybody was building their bank until we decided now, we decided we want sections. And now the profit of the price margin is decreasing. So now we have to make sure that this territory is mine. And nobody else steps in."

Science building offers a center for nanotechnology

By Benjamin Paquette
Contributor

Tucked within the basement of the Academic Science and Laboratory building is the Center for Nanotechnology (CNT), where physics major with a minor in mathematics Ross Hakala, a senior, is researching how to build an apparatus which can show how carbon dioxide is removed from the air.

"I am working on an apparatus to visualize [direct air capture] in real time," explained Hakala, describing how, "the ultimate goal of my project is to use that apparatus in a classroom setting, to show students how it's done in real time."

Hakala has been using the CNT to help him capture, and visualize carbon dioxide, a process done by heating up biochar, biological waste, to an excess of 800 degrees in an oxygen-depleted vacuum to create a charcoal to repurposed into items like low carbon cement, according to American University

Helping to promote Hakala and other students is the Department of Physics, which offers a total of seven programs for students to explore. Each program offers a uniquely personalized experience, including a required capstone personally assisted by a professor.

Hakala did not start his academic journey here at the university, nor will this be his first degree. Before coming here, Hakala attended Quinnipiac, where he studied law for three years. He would go on to pass the BAR exam, and practice law in Bridgeport doing immigration before deciding to peruse his Bachelor of Science degree in physics.

"I love physics, everything that ever gets me going is physics, but I was always daunted by it because it's widely regarded as the most difficult discipline in science," said Hakala.

Professor and Executive Director of Research and Innovation Christine Broadbridge has worked for twenty years to build a



PHOTO | BENJAMIN PAQUETTE

Physics major, Ross Hakala conducting research in the Center for Nanotechnology.

personalized experience for each student.

"It goes beyond the traditional classroom experience," said Broadbridge.

Together with schools like UConn and Yale, Southern has built a program to compete with the best physics programs in Connecticut.

"The faculty in our department are world class scholars, who love to teach

and provide opportunities for students, which is very significant in the field like physics and engineering where you learn by doing," said Broadbridge.

Broadbridge, whose been with the Physics Department since 2000, highlighted the ongoing development and growth of the physics department, exemplifying how grant funding has combined to help provide students

with cutting-edge research opportunities.

Physics major with a concentration in secondary education Emily Davis, a senior is enrolled in a five-year program through the department. Davis hopes to use her degree to teach high school physics, where her passion for the sciences first blossomed.

"I've known for a pretty decent bit of time that I wanted to do something

in the science fields. Then, once I hit my physics class in high school, I was a senior and it just clicked very easily for me and it was something I really enjoyed," said Davis.

Like Hakala, Davis will be conducting research through the physics department. She is currently in the process of writing her honors thesis.

"The work I'm doing is specific to fuel cells and energy storage devices, so I will be doing individual research on that then then I will also be tying in my education component by writing some model curriculum modules for some high school classes," said Davis.

While Hakala and Davis may be exploring different mediums in their research, they are both committed to implementing their respective research to the further education of those at the high school level, a feat they are assisted greatly in by the departments' staff.

Hakala said, "Physics can seem daunting, but the faculty here make it make so much sense."

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A different kind of “Trap and Paint”

By **Danielle Campbell**
Copy Editor

The popularity of “Trap and Paint” has become unstoppable. Although not the first—or last paint event on campus, this paint story was a bit different.

“We have been trying to put on events for students at Southern since school started, really. We got up to a late start because of paperwork and whatnot. So, this is one of our first

events of the semester,” Zah’Nyah Scott, president and pr of the Steppin’ Up Drill Team said.

Scott said the stress of catching up after COVID-19 might be why the Student Involvement Center is so overloaded. This has affected their ability to have events on campus up until now.

“For our other events, they are not even really confirmed yet, so it’s like, it’s just a little hard, and I know everyone’s busy and with COVID It’s a lit-

tle harder, no one’s really in the office. So, there’s a few setbacks,” said Scott.

Setbacks aside, the drill team has deemed their ‘Spooky Week’, featuring a week of Halloween-inspired events, to be from Oct. 25–28. Monday, Oct. 25 started the week with “Spooky Trap and Paint” in Adanti Room 306.

“We wanted to do this because we realized that it’s the start of the semester and we noticed that some of the kids on campus, or students on campus, really aren’t engaged in on-campus activities. So, we decided let’s have events for them,” said Vice President Devin Hudson, a senior.

Last semester, as with all campus clubs, the drill team was forced to move online. They had a trap and paint event virtually last year so they wanted to be more intimate and social this time around.

“I was a little anxious and I’m kind of having social anxiety. So, I’m kind of trying to push myself to go out and meet more people. And I thought paint might be more relaxing,” Vice President of the chemistry club and biochemistry major Annweshia Roy

Chowdhury, a senior, said Chowdhury found calm in painting, as she sat with the paintbrush quietly creating her artwork.

Other students started slowly picking up the painting bug, as more participants walked through the door looking for relaxation from the day’s stresses.

“I love painting. I feel like it’s very relaxing and calming. And this is an opportunity to get people together, on Southern’s campus to build new friendships while socializing and meeting new people,” Treasurer and healthcare studies major Brianna Parham, a junior, said.

Accounting major Anika Miller, a senior, said she also finds painting “really calming and helpful for anxiety.”

The students listened to an array of musical artists, from Future to Giveon to a mini Drake Loverboy album session. Ultimately, the dial landed back on the event’s namesake: trap music.

A nice array of students attended the event. Biology major Azaria Augustine, a sophomore, who came to the event



PHOTO | DANIELLE CAMPBELL

Students sitting around a table during the event.



PHOTO | DANIELLE CAMPBELL

Panda painting done at Spooky Trap and Paint event.

because she “needed something to do,” and psychology major Zoé Pringle, a sophomore, attended because she “wants to get to know my fellow Black students here.”

The “Spooky Trap and Paint” was a success for an event that just went up on OwlConnect two days prior.

Despite the setbacks, the Steppin’ Up Drill team has seen so far in the semester, they are off to a

great and positive start.

Scott said you can look for the team around campus this semester. “We will have a few performances, come fall. I believe you guys can see us at the social justice event with the Multicultural Center,” he said. “I think that’s on November 10, I believe. So, we will be performing there and probably some surprise performances on the patio or something. So, you can look out for us.”

Madison Beer comes to New Haven

By **Sarah Shelton**
Features Editor

“How could you be so reckless with my heart?” Madison Beer sang at Toad’s place.

On Saturday, Oct. 20, Madison Beer visited New Haven and some of the university’s students attended.

Beer had two opening acts before her set, Audrixx and Maggie Lindemann. I was very excited when she announced she was touring with them because I love Maggie Lindemann’s music.

Audrixx was pretty good, I actually saw her downstairs close by the bathrooms before the show not knowing it was her, I wish I did because it would have been a cool experience.

Maggie Lindemann sang some of my favorite songs such as “Lonely” and “Different,” which made me very happy. But at this point, I was nervous because someone right next to my friends and I passed out and the show had to be stopped for security to come into the crowd and help.

Beer started her set with her song “Baby.” One thing I did not really like was how everyone immediately held their phones up so high,

ruining the view.

I mean, I am definitely one to record at concerts. I feel like if I do not, I will not really remember much. It is a cool way to keep memories, but there is a way to hold your phone where it is not at the highest point you could reach, blocking everyone’s views.

The next song was “Good in Goodbye,” a performance I definitely had to record. I love when artists have their music video playing behind them while they sing. Music is something I consider life-saving and I actually spend a lot of time watching music videos because it calms my anxiety and makes me feel better. When she performed the song, she had the music video, that I have probably seen so many times, playing and it felt so surreal. It was cool to see her in front of it singing with the crowd.

She even questioned “y’all are going to make me cry in Good in Goodbye?” because of how loud and excited the crowd was to see her. This was her first show in America for this tour, so I could see why she would be so full of joy enough to cry at the reaction.

She then performed the

songs “Stay Numb and Carry On” and “Emotional Bruises,” which were beautiful. Beer has a lot of slow songs so it was interesting to be at a concert where most of the songs were not fast-paced.

After these songs, she had an interlude for “Reckless,” which is one of her most popular songs so the crowd was very loud.

One thing that bothered my friends and I is people became very pushy. I have been to over 20 concerts and I have never been as pushed and pulled as I was at this concert.

During Maggie’s set, I was an entire two feet closer than I was for Madison’s set because of the pushing. This happened a lot during Reckless, but I was not going to let it ruin the mood because of my love for the song.

I always say in all my reviews how much I love relatable songs, but Madison Beer is basically the queen at making relatable songs for people like me.

She performed a lot of songs after this, such as “Selfish” and “Dear Society,” and I had a great time. Beer sounds amazing live and I highly recommend her music. In my opinion, she is very underrated.



PHOTO | SARAH SHELTON

View at the Madison Beer Concert.



PHOTO | SARAH SHELTON

Madison Beer performing in New Haven

OPINIONS

Full garbages around campus

By **Sarah Shelton**
Features Editor

Trash. I have noticed a garbage problem around campus and I guess I do not have too much to complain about, but I am just wondering, why?

At the beginning of the semester, I was with my friend who lives in North and I noticed their dumpster overflowing with trash bags. Piles of bags were next to the dumpster and even in the recycle bin. There was also a bad storm at this time which left garbage all over the back parking lot from trash bags ripping open in the wind.

Lately, I have been using the dumpster in-between Neff hall and Hickerson hall and it has also been overfilled. I have met a few janitors in West Campus and they are very good at their job, so I do not blame them, especially because I do not even know how the trash system works at this school.

Do garbage trucks come and empty our dumpsters? I am surprised I never even thought about what happens after we throw our garbage outside. If they



PHOTO | SARAH SHELTON

Garbage overflowing in-between Neff and Hickerson.

do, maybe we need them to come more often?

When I see a dumpster overflowing on campus, I tend to throw my trash all the way at the top instead of leaving it next to it, but sometimes it is so full you just cannot do this. I have even seen students stuffing their garbage bags into the garbage cans around campus, but I have also seen many of those overflowing and not being taken care of for weeks.

I know the university cares a lot about their

image and honestly, we look a little gross having trash bags everywhere by the residence halls. I am wondering, are we not used to having this much trash? I know last year we had only a small amount because we did not have many residents due to COVID-19 and drops in enrollment, but I do not remember this problem in 2019, my freshman year.

Like I said, I am not too bothered by it, I am just wondering what the university is going to do about the mess.

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Men's soccer wins in OT on senior day A pair of freshmen score to power the Owls to an important 2-1 victory

By Morgan Douglas
Sports Editor

Men's soccer turned out to be a bright light on what was a rather gloomy day at Jess Dow field this past Saturday, winning 2-1 in overtime on senior day.

The Owls' sudden death victory over the Southern New Hampshire University Penmen marked their fourth win on the year, with all four comings at home.

"You're home. You're trying to defend your school," forward Juan Avila, a junior, said. "You are trying to show the students who take time out of their day to come and support you that we are a team

worthy of coming out and watching."

Back-to-back overtime wins at home have been sending fans home happy recently, and as the season winds down, the owls seem to be playing their best soccer at the right time.

"We came in knowing that this is our last home game ever for the seniors, and we just wanted to come out, play our hardest, and we played the best game of our season," goalkeeper Aren Seeger, a senior, said. "It felt amazing today to come out with a win in overtime against a really good opponent."

The Penmen entered the contest with a five-game winning streak and boasted a 9-4-1 record and looked

to have the upper hand in the first half.

On a wet and dreary day, the Penmen controlled possession of the ball for the majority of the first 45 minutes, attempting seven shots to the Owls two, with midfielder Luca Shubitidze getting off five shots of his own to no result.

Shubitidze also picked up a yellow card in the first half, one of four in the match.

Seeger, one of seven seniors honored as part of the day's festivities, had three saves in the first half.

The rain started again in the second half, having an impact on the way both teams played.

"The turf itself is a fast surface to play on, but it's faster when it's wet," Avila said. "Whenever the ball skips, it skips farther than it would on a dry surface. The ball moves weirdly because it's wet. Small little adjustments, but those end up making the difference at the end."

After some jawing back-and-forth between the two teams in the opening moments of the second half, midfielder Lennox Strelow, a freshman, found the back of the net for the Owls in the 48th minute to grab a 1-0 lead. A big moment for the first-year player from Germany.

"I don't really remember anymore. I just saw the ball in," Strelow said. "I was like, 'Yeah, I gotta go for it', and then first man gets it,



PHOTO | ROMA ROSITANI

Defender Jacob Rose, a freshman, looking for an open teammate to pass to.

and it's in the goal, so that's all that was in my head."

The Owls were more aggressive in the second half, pushing the ball downfield.

In the 73rd minute, a yellow card on midfielder Khaleed Dawkins, a junior, set up a free kick leading to an SNHU score by Jaime Selva to tie the game late.

Seeger was able to stop a scoring attempt by the Penmen in the final minute of regulation to force overtime.

"We just play every game like it's our last game ever," Seeger said, "and that just shows all the heart and character that our team has."

Seeger allowed just one goal despite 14 shots from the opposition.

Overtime did not last long, because in the first minute, a yellow card on Lianick Comba set up the Owls for a game winning goal by defender Alex da Cunha, a freshman.

"I saw the ball in front of me, just had to kick it in," da Cunha said. "I knew the game was over, it was the biggest relief ever, so I just wanted to celebrate with my guys. With the team. Best day ever."

Overwhelmed with emotions, after embracing his teammates, da Cunha fell to his knees on the sideline in a powerful

moment of giving thanks.

"I wanted to score that goal to finish the game, to win this game for the seniors here, and we did it for the team and me falling down in my knees was just being thankful for everything we have here," da Cunha said.

Regular season play for men's soccer ends on the road Wednesday, Nov. 3, against Le Moyne as the Owls search for a bid in the NE10 tournament.

"We know we still have a chance to get into the playoffs and this is what we're going for," Strelow said. "This is our goal, and this win gives us the belief that we can do it."



PHOTO | ROMA ROSITANI

Freshmen defenders Alex da Cunha and Jacob Rose.

Volleyball reaches milestone 20th win of season

By Morgan Douglas
Sports Editor

The volleyball team remains the best this university has to offer, winning all three of their games this past week and improving to 20-8 on the year.

All three victories occurred in Pelz Gym, where the team is 15-2, a milestone the team has not reached in 15 seasons.

Perhaps the most impressive of the Owls' three wins was their dominating performance against St. Michael's College Purple Knights this past Saturday, where they convincingly won in three sets.

"Everything just clicked today," middle blocker Erika Benson, a senior, said. "We were playing together and having fun, so everything was just going perfectly."

Interestingly enough, the Owls found themselves down 6-1 in the first set, prompting head coach Lisa Barbaro to call timeout.

After the timeout, the Owls never looked back, outscoring the Purple Knights 24-5 to win the set. Outside hitter Gabriela Gaibur, a junior, led the team in kills for the set with five, Benson had four, and setter Taylor Jones, a sophomore, had 10 assists.

"This whole season we've been building so much trust within each other," Gaibur said. "We have such a great connection all of us. The way that we connect shows on the court."

The second set showed why the Owls have been so successful this year, with



PHOTO | ROMA ROSITANI

Middle blocker Erika Benson, a senior, and outside hitter Gabriela Vazquez, a graduate student, leaping to contest the opposition's attack.

one of their most complete efforts to date.

Middle hitter Abigail Epstein, a graduate student, led the attack with seven kills, including the first three of the set. Jones tallied 12 assists and tacked on two of the teams four service aces in the set.

"The importance of our serving actually digs a little deeper than you would think, because it's something we struggle with specifically, as a team," Jones said. "So the fact that we did well today will be a boost for tomorrow and hopefully we carry it over."

Carry it over they did, as they took St. Anselm down in four sets, but back to last Friday's action.

The Owls made it look easy, toying with their prey like a cat with a mouse, or perhaps an owl with

a mouse. They took the set 25-9, with the nine constituting the fewest points allowed by the Owls in a full set since the first game of the season against Dominican College.

Some members of the team were dancing in the huddle heading into the third set. A set which allowed the Owls to experiment with different lineups, rotating substitutions in and out.

"It was exciting for a lot of people to go in that usually don't get the opportunity," Jones said. "So it was exciting for us on the bench to watch."

Whilst Jones got her well-deserved rest, her teammates did the work necessary to banish the Purple Knights, racking up three more service aces, giving them nine for the

entirety of the game.

"Serving is a huge part of the game," Gaibur said. "It's the part of the game where it's literally just up to you, and for the other side, receiving that serve, it can be a lot of mental pressure."

The Purple Knights actually got off to a good start in the third set, allowing their bench to get loud again, but a couple of mistakes later and the Owls found themselves tied at seven.

A balanced attack kept St. Michael's on their toes, forcing them to call timeout after timeout. In fact, calling timeout proved to be the one thing the Purple Knights were capable of doing with any efficiency.

The second of defensive specialist Jamie Allen, a senior, whose two service aces gave the Owls the 25-16 win, taking the match in

three sets.

"We've had a lot of games this season, so each game you learn more about the people that you play with," Benson said, "so every time we play, we just get a little better, and I think today we figured it out, we were having fun."

Volleyball next takes the court on Thursday, Nov. 4, on the road against the University of New Haven, as they look to carry the momentum of their three-game win streak into an important NE10 Conference matchup.

"We just have to keep that same energy and not take this win for granted," Gaibur said. "They are not going to be easy to beat, that's for sure, they're a huge competitor of ours, but as long as we bring what we brought today, we'll be good."



PHOTO | ROMA ROSITANI

Outside hitter Gabriela Vazquez, a graduate student, going up for an attack during volleyball's winning effort against St. Anselm.