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# SOUTHERN NEWS

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## Majors showcase possible career avenues



PHOTO | PALMER PIANA

Each of the majors Southern has to offer to aid students in finding a major and future career that is right for them.

By Alex Palmieri

The Majors Expo allows students to explore all majors and minors that Southern has to offer. On Southern's website, it says students can also discover career choices as they relate to their major and ask questions to connect with faculty, staff and alumni.

There were professors of different departments that discussed possibilities for

students. Kalie Mavricz, a freshman nursing major, said she wants to build a network since she can not apply to the nursing program for another year. With the Majors Expo, Mavricz said it is good to come to the event and ask questions to get a head start.

"It's good to get someone you can go to," said Mavricz, "if you ever have questions when you're finishing your prerequisites and what you can do

to have the best resume to get into the program because it's super competitive."

Because Mavricz said the nursing program is very difficult to get into, she said the Majors Expo was a good start for her. She said the qualifications to get into the program include having a minimum of a 3.5 GPA. Mavricz added there are over a 1,000 applicants but they only accept 80.

"I think this is awesome,"

said Mavricz. "They do a lot of things like this and I think it's awesome they're helping us build our network because I don't really know where to start. So this is a good place because they help you out in the process, especially with the freshmen."

Jazlynn Rodriguez, a freshman marketing major, said she wanted to gain more information on minors that Southern has to offer. She said

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## President Joe wants to know

By Alex Palmieri

President Joe Bertolino encouraged all of the SCSU community to submit any sort of on campus questions. On the Southern website, there is a Joe Wants to Know category, where the Southern community was able to give any thoughts, concerns or ideas to President Bertolino.

Once people expressed their thoughts to the president, the questions were prioritized according to the particular department and were reviewed. President Bertolino also said on the Southern website he would share the ideas that were recommended with the community.

Caitlin Chaput, a senior athletic training major, said Bertolino tries his best to interact with all students on the Southern campus. She said Bertolino is trying to get students to be more active on campus and by students voicing their concerns, she said it can make the campus better.

"He seems like a guy who actually cares about students' input," said Chaput. "So he wants the opinions of what's happening around campus and ways that he can make it better."

Though Chaput did not voice her opinion online, she said if she were to write something, it would be about having more events on campus. Because she is from Vermont, Chaput said it can get a little boring on week-ends with nothing to do.

"It gets a little difficult to find stuff to do that's engaging and actually fun," said Chaput.

Mikayla Hickman, a sophomore music major, said she thinks the financial aid office needs to clear a few things up. Hickman said what the president is doing is good for the school, because if she wanted to, Hickman can give her thoughts and opinions about the issues on the Southern campus.

"There needs to be more upfront information about how your schol-

SEE PRESIDENT JOE PAGE 2

## Fire drills at North Campus no cause for alarm

By Kaitlyn Regan

North Campus resident Jon Roth said he was sleeping when the fire alarm went off around 1 a.m. Monday, Oct. 31.

"I think everyone was pretty much here for that one," Roth said. "That was the worst. Luckily it wasn't like freezing, like winter."

Roth said he has probably been a part of four drills and does not know what is causing them all the time.

"I'm assuming it's people cooking. I think it's inconvenient I guess, other than that they have to happen. We need them, but I don't like them," Roth said.

Mariah Patton, North Campus administrative assistant, said there have been at least 15 or 20 fire drills between the Pine Rock townhouses and North Campus.

Cheryl Cote, Residence Life Administrative Assistant, said they generally spread out fire drills.

"We do have a schedule of them happening, we try to have some during the day and night just to gauge evacuation times and things of that nature," Cote said.

When there are a few alarms

during the day, she said, students cooking is usually the cause.

"I do know buildings with kitchens obviously tend to have more fire drills mostly because students when they cook will sometimes trigger the fire drill with smoke and cooking," Cote said.

She knows students were saying there were a lot of drills for North and some people were pretty perturbed, Cote said.

Deputy Chief Philip Pessina said under the state fire marshal they are required to do two fire drills of the nine residence halls during the year, one in the spring and one in the fall semester. Pessina said they work collaboratively with the Director of Environmental Health and Safety on Campus, Lisa Kortfelt.

Pessina said they look at each of the residential halls and gauge the approximate evacuation time.

"We have an officer go to the top floor of the residential dorm, the farthest most point, and then we have him or her walk down the stairs and out the nearest exit," Pessina said. "That gives us a baseline, a time, it gives us just a gauge to when we think a building of that size needs to be evacuated."



PHOTO | PALMER PIANA

According to Philip Pessina, the spike in fire drills were caused by a sensitive ventilations system.

After they gauge the evacuation time, Pessina said, they schedule the drills with Lisa Kortfelt, director of environmental health and safety. Pessina said he believes around 30 fire drills have occurred at North Campus this semester.

"As far as the recent alarms we've noticed that there have been false alarms coming I believe from North Campus,

there's been a little uptick there," Pessina said. "But that's due to a ventilation situation with the stove hoods."

He said the ventilation system is geared for the room itself, but once the door is open to the room it sets off the alarm which they call a building dump and everyone evacuates. This is because the smoke detectors and sprinkler systems in the hallway

are very sensitive.

Pessina said he has been at Southern for 10 years and by large, the students are terrific and understand the need to evacuate a building in a timely manner.

"They cooperate with public safety, with our university police and fire personnel that may be on the scene and fully understand that we do this twice a year for their ultimate safety," he said.

CONGRESS SHALL MAKE NO LAW *respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.*

**THE FIRST AMENDMENT  
TO THE U.S. CONSTITUTION**  
15 DECEMBER 1791

PHOTO COURTESY | ED UTHMAN

The First Amendment protects the public's right of free speech, included in this is hate speech.

## Debate on restricting hate speech

By Jeniece Roman

The First Amendment protects the right U.S. citizens have to the freedom of speech without restriction from the government but some are questioning whether or not the amendment extends towards hate speech.

Taylor Tuscana, a journalism major, said speech should be restricted if it is considered hate speech and offends the subject that the speech is about.

"I think that when what you have to say kind of infringes on someone else's rights and puts them in an uncomfortable situation, then that shouldn't be allowed. Like, yeah we should have freedom of speech but there should be lines that you shouldn't be able to cross," said Tuscana.

According to the United States Constitution, the First Amendment states: "Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the government for a redress of grievances."

Daniel J. Klau, attorney at McElroy, Deutsch, Mulvaney & Carpenter, LLP, is the president of The Connecticut Council on Freedom of Information. Klau said hate speech is protected under the First amendment and that Congress and state legislators cannot punish a person for it.

"The government cannot restrict hate speech. As vile as it may be, it is protected by the first amendment," said Klau.

Mariah Rivera, an education major, said some speech should be censored to a certain degree, depending on what is being said.

"It's situational because some people

will not take it as hate speech, some people might say that people are voicing their opinion," said Rivera.

She said public figures, such as politicians, should be more scrutinized when it comes to the things that they say and how it has an affect on their audience.

"They're the ones who are influencing all of us. So if they're allowed to say all of these things then I feel like it's going to make us go, 'Oh I can say these things,' and then it just develops more hate in the world," said Rivera.

Tuscana said there are situations where people should not be allowed to say some things and if they do there should be consequences but that defining what those are can be difficult.

"I guess it's really hard to define what's ok and what isn't. I feel like it's kind of, like if someone says something that is blatantly offensive then I think it's easy to tell," said Tuscana. "I feel people get offended by a lot of different things so it would be hard to please everyone."

According to Klau, hate speech is protected under the First Amendment, but can differ in a situation in which an expression is intended to threaten and intimidate and the speech causes an immediate and direct effect of violence.

"It is only permissible to restrict speech that might cause, like an uprising against the government," said Klau. "If there is a clear and present danger, the speech will have an immediate effect, like you're trying to incite an immediate riot"

Klau said although the First Amendment says that congress shall pass no law abridging freedom of speech, it is not always taken as a literal interpretation.

"The reality of the matter is that the amendment is not absolute," said Klau. "There are certain kinds of speech that enjoy less protection than other kinds of speech."



President Joe speaks at freshman convocation,

PHOTO | PALMER PIANA

## President Joe wants to know

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ships or grants or financial aid is really going to work," said Hickman. "Also how much money is going to be posted to your account and how much isn't."

She said President Joe seems more upfront and she likes the fact of him wanting to hear what the students have to say about any topic they wish. Since Hickman's issue is financial aid, she said she did not post her opinion online, but she would consider. She added she received a hold on her account due to a loan processing fee and does not agree with it.

"There wasn't enough information given to me up front about how my loans

were working," said Hickman.

Brianna O'Brien-LaMare, a freshman theatre major, said the one thing she would tell President Bertolino is to have clearer information regarding the financial aid and payment plans for the school. O'Brien-LaMare said she would want to have an appointment set up with financial aid so they can sit down with her, and clearly explain situations step by step.

"I've tried to go to the offices and make appointments and find out more information of what I can do," said O'Brien-LaMare. "But I'm not given very much information. It's not clear."

## The marketing of a black heterodox Islamic tradition

By Adrianna Rochester

English professor Joel Dodson said the goal of Supreme Style: Fashion, Aesthetics and the Marketing of a Black Heterodox Islamic Tradition is to create a space at Southern where conversations such as this one is open for discussion and colleagues are able to share their research on both familiar and unfamiliar topics.

The forum discussion was presented by Siobhan Carter-David, a history professor at Southern, whose teaching and research interests focus around African American and African Diaspora history, fashion/beauty culture, Hip-Hop, urban history and more.

Carter-David's talk focused on the fashion and history of African Americans, as a side project to her dissertation, "Issuing of Black Wardrobe: Fashion and Anti-fashion in Post-Soul Publications," where she discusses what dress and fashion meant during the post-civil rights era.

Carter-David began her talk with an introduction into the history of the Five Percent Nation, an "offshoot of the Nation of Islam and is also known as the Nation of Gods and Earths (NGE)." The NGE, she said is a heterodox black Islamic fraction that's intentionally flexible and individualized in its doctrine.

The NGE or Five Percent Nation was founded in Harlem of 1964, by Clarence 13X, who was formerly known as Clarence Smith. Carter-David said, the reason for the change in name was because followers of the Nation of Islam changed their name to X until taking on an Islamic name to replace their "slave name." After Clarence 13X left the nation of Islam, the NGE was established along with their negotiable doctrines.

Carter-David explained the NGE connection with the history of hip-hop songs and artists, such as Eryka Badu, who adheres to the philology of the Five Percent Nation and Method Man, whose lyrics-- particularly his 1995 record featuring Mary J. Blige, "You're All I Need

to Get By," includes—language from the NGE's philosophy.

Everyone who listened to Carter-David's discussion left the forum feeling more informed than before.

One such individual was Southern student, Kevin Adu-Poku who said he thought the talk was going to give a brief exploration of black culture in relation to fashion, but to see the primary focus on fashion in the heterodox Islamic community exceeded his expectations.

"It brought to light a sense of cohesive identity in the black community that began to erode during the crack epidemic," Adu-Poku said.

He said it is essential to illustrate that what the media perceives of the African American community is disingenuous because as shown by Carter-David's discussion a small segment of the black community had so much wealth in its self-identity.

"What stood out the most to me was the idea of strict gender roles of the Five Percent Nation," he said. "I wanted to know if that caused a stronger or more close-knit black family and if single households were more or less common both in the nation and in the black community."

Lily Chin, a Hamden residsaid the discussion was eye-opening and very engaging.

"The discussion explored the influence of Islam on the African American community and laid down the history regarding the NGE and how it has shaped the culture of black and Latino communities in the New York neighborhoods," Chin said.

One impactful point Carter-David made was the idea of the revolution of culture refinement throughout the history of "black fashion," she said.

"Earths" or women of the NGE were controlled in the fashion of her culture. Women were taught the ideology that respect for their "gods" or men of the NGE reflected in the women's dress, which consisted of head wraps, ankle length skirts, tradition tunic tops and more.



PHOTO | ADRIANNA ROCHESTER

History professor, Siobhan Carter-David discusses African American history and fashion during a forum.

## Majors expo

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because Southern hosted this event, it can help students plan where they want to go.

"When you first come in," said Jazlynn, "you have a mindset of, 'I want to do this,' or you're undeclared. So this really opens your eyes to see more."

Ben Yambao, a junior social work transfer student, said he first wanted to major in nursing. But after he looked at Southern's website, Yambao said Southern has a very good social work program. He said he is not sure if he wants to do social work as a career, so Yambao wanted to learn about all the different majors that Southern has to offer.

"I come here to learn about the different majors," said Yambao. "I want to find a major that involves helping others; I learned about public health and other departments too. So here I really want to clarify my goals."

Yambao said it was a great move by Southern to have a Majors Expo since a lot of students don't quite know what they want. He said he wanted to find other majors that might intrigue him into another direction. When he got meet different directors of different departments, Yambao said that helped him tremendously as well.

"Getting one-on-one interaction," said Yambao, "then they can help me figure out what I can do."

If students go to different buildings to attempt to find different majors, Yambao said it can be frustrating. With all of the directors for several different majors in the ballroom, he said it was very convenient.

"It allows students," said Yambao, "better access to what they can possibly do."

# Winter is coming: the making of a snowday

Patrick Dilger talks on how he makes the call for snowdays

By Alex Palmieri

Patrick Dilger is the man responsible to let the Southern community know whether classes are canceled due to inclement weather. With the winter right around the corner, Dilger will be sending the emails all students are overjoyed to read.

All over Twitter, every year, students tweet how anxious they are to see the email from Dilger to inform them that classes are cancelled. When inclement weather appears, Dilger would get up in the mornings around 5 a.m. to see if the roads are too messy for students and commuters to travel.

Although he does not decide whether classes are cancelled or not, Dilger is the one to notify everyone.

"It starts with the police chief - Chief Dooley, and Bob Sheeley, who's the associate VP for facility operations," said Dilger, director of integrated communications and marketing. "They monitor the weather from various sources."

There is a lot more information that goes into a snow day than students may think. Dilger said Sheeley has a lot of weather tracking services that he monitors. So if there is a severe storm coming within the next few days, Dilger said they will have a good idea of the severity since Sheeley would be tracking it into the early morning hours.



PHOTO | ALEX PALMERI

Patrick Dilger poses at his desk, where he works to keep the Southern community informed.

"It's really a group effort," said Dilger. "Usually we try to get the word out by 5:45 a.m. The rule of thumb is we will have an announcement out by 6 a.m."

Mokia Hull, a senior psychology major, said she thinks Southern's crew does a fairly well job to notify all of its students and faculty about cancellations and

delays that the school faces.

"I mean I think they do pretty well," said Hull.

Hull said she does not like driving in the snow so if there is inclement weather approaching, and she does not think she can drive in it, she hopes Southern will cancel classes for the day.

On the morning of a storm

day, Dilger said him along with another college will get together and send out massive emails, texts and alerts to the entire Southern community. Dilger said he encourages everyone to get signed up for Southern Alert texts since the inclement weather season is right around the corner. "Sign up for Southern Alert,"

said Dilger. "It's not just for weather; it's for any sort of emergency. Otherwise you will just get an email."

Trever Sprouse, a senior media studies major, is a commuter to the Southern campus. He said he is happy to have emails sent to him from Dilger and the crew to notify him whether classes are cancelled or not.

"I always check my emails," said Sprouse. "That's how I get my information."

Even though Sprouse is a commuter, if the roads are bad and Southern still has classes, he said he would still attempt to come to class. Students do pay for their classes after all.

"I would still come," said Sprouse. "Unless it was for some reason really bad and they just didn't cancel."

Dilger said aside from tweeting, he and his crew will also put the alerts up on Facebook, Southern's homepage, TV stations and radio stations. He added students will speak their minds to him if they do not agree with the call that Dilger and his crew made.

"I get a little chuckle out of it," said Dilger. "I tend to trend upward or downward depending on what the call is, and that's the way it goes. I don't mind people having fun. I actually think it is good to have a name out there because if people do have questions, I always respond."

# Raising awareness on rape culture

By Brokk Tollefson

Kereyn Castro sees it everywhere. She says the American culture is saturated in it and it is so embedded into society that it is over looked and hard to notice anymore. Castro is talking about rape culture.

Castro is an undeclared freshman and said she has seen rape culture all her life and people have become numb to it.

"I definitely do think that it exists, we see it everywhere, every day, in movies, TV shows, music, it's everywhere," said Castro. "And that's really sad because that makes people not take rape culture seriously and that's what gets to me the most."

Castro said rape culture is something not to be taken lightly, as it is something that should be used with sobriety of mind and reverence to those who have been victims of traumatic sexual experiences.

"From where I come from, people take it seriously," said Castro. "But when I look at other places and how certain people act, I can definitely see that it's joked about and not taken seriously."

Melissa Kissi, Sexual Assault and Violence Prevention specialist at SCSU Violence Prevention, Victim Advocacy and Support Center, said this is common for people to joke about in today's society.

"People fail to see that it's a big, serious thing," said Kissi. "Why would a rape victim want to tell her or his friends if they also joke about it?"

According to Kissi, only two-thirds of rape victims go to authorities. This is in part due to the fear of not being taken seriously.

Said Kissi, "Why would someone

want to say something if they're not going to be taken seriously or even blamed for it themselves?"

According to the Rape, Abuse, and Incest National Network, there are less people in jail or prison than the amount of rapes that take place.

"Only three out of every 100 rapists will ever spend even a single day in prison," according to RAINN. "The other 97 will walk free, facing no consequences for the violent felony they have committed."

Richard Mills, a sophomore exercise science major, said more people are becoming aware of rape culture, but it is not necessarily in a good way.

"The awareness is being spread good enough to recognize it and steer away from it," said Mills. "But then again, I think the awareness is bringing upon the idea that increases the chances of it happening at the same time."

Castro said rape culture is an increasing phenomenon because of recent political events.

"Because of Donald Trump's words, people think that since he's running for president and he said those things about women, now they also can say those things about women," said Castro.

Mills said today's generation is especially responsible for the amount of rape culture.

"It's hard to get away from it, and it's increasing because our generation of people are partiers and they want to go out and want to experience new things," said Mills. "Don't allow yourself to be completely vulnerable on social media websites where people can know everything about you--where you are, what you're doing, who you're with."



PHOTO | PALMER PIANA



PHOTO | PALMER PIANA



PHOTO | PALMER PIANA

The Red Flag Campaign aims to raise awareness for victims of domestic and sexual violence.



PHOTO | CREATIVE COMMONS

## Hillary Clinton's emails under investigation again

Hajar Jhazy, a business management major, said the information released by FBI director, James Comey, was relevant because it revealed pertinent information about a presidential candidate.

By Jeniece Roman

Since James Comey, director of the Federal Bureau of Investigation sent a letter to Congress informing them of recent information that may be relevant to the Hillary Clinton email investigation, he has received backlash from several political leaders.

"Many argue that he faced a difficult choice between being seen as trying to impact the election and kind of taking a political stance or as part of the investigation being open and transparent about what they were doing," said Jennifer Hopper, a political science professor.

Hopper said it has put the FBI in a really hard position because of the proximity to Comey's letter to the election. She said it is just a coincidence that the FBI just came across the new evidence, while others question his

intentions.

President Barack Obama said in an interview with NowThis, that investigations should not be operated on innuendo or incomplete information. Republican Representative Jim Jordan commented in an interview with Fox News Radio, saying that it was not the right thing to do.

"It sort of depends on whether or not which side you find more persuasive of those two arguments, then how it might impact your view on the FBI," said Hopper.

Chris Ardito, an interdisciplinary studies major, said the information will not harm Clinton that much and criticism Comey has received is just political statements. Ardito said he is legally obligated to inform Congress regardless of whether or not the information was relevant.

"By law he has to update on this ongoing investigation," said Ardito.

Hopper said Comey's

reason for wanting to keep Congress informed about the email investigation was because he did not want to be perceived as hiding information relevant to the investigation.

"Critics of Comey say it's unusual for the FBI to do that and that, potentially, it's problematic moving forward if the FBI is seen being a political institution," said Hopper.

Hajar Jhazy, a business management major, said that the information was relevant because it has to do with someone who is running for president. She thinks that this new information about emails will affect Clinton in the presidential race.

"I believe they should know what she had in her emails and everything about that," said Jhazy.

According to Hopper, the letter seems to have had a big impact within the election and poll numbers for Clinton have declined.

"It's possible that the FBI could release more

information about what their investigating and they could release information that makes them think there's something here or there's something concerning or they could release information that says that there's absolutely nothing here at all," said Hopper.

Hopper said that the Clinton's scandal management strategy was to attack who they felt like was attacking them. She said a reason why Comey is receiving a lot of backlash for what he has done is because it might have been perceived as a threat to the Clinton campaign.

"It definitely does not look good for the Clinton campaign," said Hopper. "Since there have been concerns or doubts about things like Clinton's trustworthiness or worries about scandals surrounding her emails it really brings that story to the forefront of people's minds."

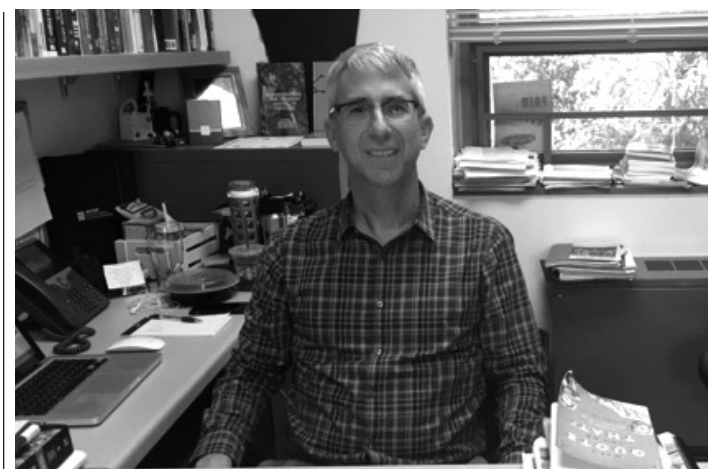


PHOTO COURTESY | ADRIANNA ROCHESTER

## Unsung Hero: Andrew Smyth

By Adrianna Rochester

English professor, Andrew Smyth teaches Secondary English education where he specializes in grammar, linguistics, writing and fieldwork supervision.

Smyth's main goal in the secondary English program is to train students into becoming future teachers by enabling them with skills needed to not only understand the English language, but to also translate their interpretation of the English language in a way so that others can also formulate their own interpretation and understanding of English.

"I teach a grammar class that focuses on being able to explain the English language and less on proper punctuation, grammar and more," Smyth said.

Prior to becoming a professor, Smyth said while he was in college, he was inspired by his professor's passion for education. Due to his professor's seriousness for their profession and desire to spread knowledge of the English language, Smyth said he was able to absorb some of that passion to make his own.

"When it came time to think of a career move," said Smyth, "I couldn't imagine myself doing anything else other than teaching."

When asked what were some key lessons that stuck with him, Smyth said that his professors stressed the importance to not rush through literature.

"Reading takes time," Smyth said, "the more you rush, the more you miss out on both the context and the story that's being conveyed."

"I want to be able to prepare future teachers," Smyth said "knowing that one day they will be the ones to further teach the English language to students is very inspiring to me."

Along with teaching classes at Southern, Smyth said he travels to various secondary schools to supervise student teachers in different grade levels.

"Watching these individuals transform from student learning to now being a teacher, teaching students is very rewarding to witness," Smyth said.

Throughout the course of his career, Smyth said he has noticed the English language is constantly evolving, which allows individuals to think in new directions.

For example, Smyth said he has found himself researching animal studies and how they are incorporated into human lives, in translation to pets and the way we treat or house them.

"I've also found myself doing more research on comics and have used them as part of my course material," Smyth said, "which is mind blowing because 20 years ago I wouldn't have thought about using those methods to teach my students."

"When it comes to teaching, especially teaching teenagers, it is important to be patient. Every student learns differently and every student has a different personality, so, as teachers, getting to know each of your students is very important to their learning experience, Smyth said, "and they're able to then interpret the skills being taught more efficiently."

## SOUTHERN NEWS

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# Extinction is at an all time high

Environmental studies professor, James Tait, said the current rate of extinction is higher than any other during a historic mass extinction period.

By Myra Sampson

While the threats of climate change are well known by many within society, the current rate of biodiversity loss and the implications of our current period of mass extinction are still a mystery to many. When we talk about extinction many people think of animals, but plant species are also affected.

“What happens if one day there are no policemen and then next there’s no nurses,” said environmental studies professor, James Tait. “Each species plays a specific role in their ecosystem. If they go extinct and there is not another species to take over their role, it harms the ecosystem and the situation can start to snowball.”

Tait said that, according to biologists, the current rate of extinction is higher than the extinction rates during historic periods of mass extinction. Tait also said the primary causes of biodiversity loss include habitat loss and habitat fragmentation, both of which are due to human activity.

There is also the edge effect, Tait said, which is the degradation of the ecosystem edges that around human environments,

and with the fragmentation of habitats there are a lot of edges.

“If you look at an ecosystem, it has biotic and abiotic components, things humans get and take for granted, like food,” Tait said. Humans benefit greatly from healthy, robust ecosystems: many of the most commonly prescribed medications come from nature. About 40 percent of land is used to grow food.”

In his Ted Talk, Jonathan Foley, a professor from the University of Minnesota, refers to the intersection of human land use and the environment as, “the other inconvenient truth.”

“Well, again and again, what we find as we look around the world, in our little tour of the world, is that landscape after landscape after landscape has been cleared and altered for growing food and other crops,” said Foley.

A perfect example of the importance of biodiversity, specifically in the area of genetics, is the Rice Grassy Stunt virus outbreak in the 1970s. Tait said that in the 1970s the Grassy Stunt virus threatened much of the world’s rice crop because only a few varieties of rice are grown and they were susceptible to the virus.

However, there are organizations that bank seeds and they were able to



PHOTO | CREATIVE COMMONS

distribute different types of rice seeds that are genetically different than the types of rice commonly grown and this made them resistant to the Grassy Stunt virus, Tait said. The Grassy Stunt virus is just one example of why genetic diversity is so important, without it the affects of the virus could have been devastating.

Humans need nature—they need to grow food, they need medications and

other resources. Nature needs humans to treat the environment responsibly.

“We face one of the greatest grand challenges in all of human history today: the need to feed nine billion people and to do so sustainably and equitably and justly, at the same time protecting our planet for this and future generations,” said Foley.

## Chelsea Cain quits Twitter after social media uproar

By Jeneice Roman

Chelsea Cain, a writer for Marvel comics has decided to deactivate her Twitter account after she received multiple negative comments about the series “Mockingbird” and her feminist views.

Sarah Reeves, a women studies graduate, said the reason many readers were upset was mainly because the protagonist was wearing a T-shirt that said, “Ask me about my feminist agenda” on a cover of Mockingbird.

“I think where Cain shocked people more than usual is that she put it right on the cover. In that particular picture, that was the one that really started the flame war online on her Twitter page,” said

Reeves.

Reeves, who wrote her thesis on feminism in Japanese anime, said feminist ideas in comics are not a new concept. She said suspect that because these agendas were more subtly explored, that is the reason why writers haven’t been attacked like Cain.

“I think that the interesting thing about comic books is that they can exaggerate things for kind of a hyperbolic art form. They can really go out there. I think they can really magnify the social issues that much more,” said Reeves.

Shelby Simmons, a studio art major, said she has no issue with the art on the cover being on shirt but others might not want



PHOTO | CREATIVE COMMONS

to see that and Cain should not have added any logos or text on her cover of the comic that might trigger people.

“I feel like as an artist you should almost do what you want but also be conscientious of who your audience,” said

Simmons.

She said while Marvel should work to appeal to it’s core fans, it should also begin to work to gain new readership among younger more socially active readers.

According to

Simmons, in the comic book world there is a bias towards females because it’s mostly a male dominated industry.

“Since she is a woman and she’s making a woman a heroine. You kind of have to like, appeal to the audience,” said Simmons.

Reeves said she does not blame Cain for shutting down her Twitter account because she had no support to regain control of the content on her account. She said it would have been a good idea on Marvel’s parts to standby their writer but that there decisions are usually more economically motivated.

“It would be fantastic to see a large corporation like Marvel take a

stand on social issues,” said Reeves. “If they’ve license and author that write about them then they should but their brand behind it. Otherwise why are they licensing it.”

Reeves said to be fair to Marvel, they are not completely patriarchal because of series published such as the Agent Carter mini-series.

She said that because Marvel is a business it would publish whatever makes money, and that Marvel should back Cain despite if supporting feminist publications is a profitable market.

“Their silence on it is extremely disappointing,” said Reeves. “They’re leaving their writer out to dry.”

## Opposing political views could conflict with holiday cheer

By Brokk Tollefson

For Southern Connecticut State University Police Officer Abbey Pantani, the holidays are a time for families and friends to forget about their differences and enjoy one another. Pantani said this year’s holiday season might be different.

“I would like to think that people wouldn’t let their political preferences affect their relationships with friends and families simply based on their point of view because that’s not what this country is about.”

Pantani said with the election less than two months before Christmas, Pantani anticipates the holidays will be stained by the divisions this year’s presidential campaigns have caused in America.

“Our country is about being different: having the right to choose who to vote for, what your religion is, what your sexual orientation is,” said Pantani. “It’s the land of opportunity, it’s all about the choice and people should be able to feel okay with whatever decision they make without anybody treating them indifferently.”

Paige Darcy, a freshman political science major, said she thinks Hillary Clinton is going to win the election, but one’s anticipation depends on who one’s sources are. Many people think Hillary is going to win but many others truthfully believe Donald Trump will win.

“I think it depends on who you talk to and who your social circle is,” said Darcy. “A lot of my friends think that Hillary is going to win the popular vote and I think that has a lot to do with social media and where you’re getting your information from.”

Darcy said she thinks the election will have a negative effect on the holiday season for many people.

“I definitely think that people are still going to be very hostile,” said Darcy, “maybe not throughout the four or eight years of his or her presidency, but definitely in the beginning because of this election. I’ve noticed that it has divided people who have strong political views.”

Andre Aiken, a junior exercise science major, said not only will this election taint the holidays, but it will ruin relationships.



PHOTO | CREATIVE COMMONS

Professor Alan Brown said political drama during holiday season existed before the 2016 presidential election.

“This holiday season is going to be very pessimistic to say the least, in my opinion,” said Aiken. “I do believe that everyone is being very triggered and if two people disagree politically, their friendship is going to fall through the cracks.”

Aiken said people take political matters and allow it to create personal bias to others. This, said Aiken, is not what people should be doing.

Alan Brown, a sociology professor, said this election is creating a lot of drama for everyone during the holidays, but in terms of politics, the drama has already existed.

“The holiday drama is already there,” said Brown. “I wouldn’t say it’ll fuel the fire, I’d say it’ll fan the flames because the flames are already there.”

Brown said the hostility and drama created by this election will go beyond the holidays.

“But are families not going to do Christmas, no. Are kids going to go without presents, certainly not. But I do think it’ll go beyond the holidays, beyond the winter and into the spring,” said Brown.

Brown went onto say this election has brought to the surface many things Americans must work on to fix.

“This is one of the defining moments of a generation that the rift that’s been created in this election cycle is going to last for quite a while,” said Brown. “It’s really not about political party, it’s not about candidates, it’s about having exposed some very deep divides in American culture about ideology.”

# DiCaprio and National Geographic Create a Climate Change Documentary



PHOTO COURTESY | NASA GODDARD SPACE FLIGHT CENTER

Photo of Leonard DiCaprio and Dr. Piers Sellers taken when DiCaprio visited NASA's Goddard Space Flight Center to do research for climate change.

By Meagan McAdams

Academy award winning actor, Leonardo DiCaprio, released his latest project, "Before the Flood." DiCaprio collaborated with National Geographic to create a documentary concerning the global climate change. He travelled to five continents and the arctic discussing different ways different parts of the world are being affected by climate change.

The movie was released completely free to a large number of streaming platforms in 171 countries, and in 45 languages. The movie reached 30 million viewers in the first few days, setting a record for the most viewed National Geographic film in history, according to Business Wire. It was directed by Academy award winning filmmaker, Fisher Stevens.

"I think because of who he is it is going

to automatically have a lot of followers," said Madison Jones, a sophomore communications major. "It seems like everything he is doing he has a lot of passion for, he definitely really cares about this issue, and him being already famous is drawing in more people probably than if anybody else did it."

The title "Before the Flood" came from a painting DiCaprio said he remembers seeing as a child. It was "The Garden of Earthly Delights" by Hieronymus Bosch. There is a panel in the painting that depicts human kind as thriving and a green earth. This panel is called "Before the Flood." In the next panel it depicts a scorched and ruined landscape, after humankind is through with it.

DiCaprio has been named the United Nations Messenger of Peace on Climate Change. However, in the movie, DiCaprio admits that they may have picked the wrong person for the job due to his

pessimistic views of the Earth's future. He also recognizes the size of his own carbon footprint due to his profession and status. DiCaprio's concern with climate change has not been met in a totally welcoming manner. He receives criticism for continuing to fly private jets, own multiple homes, and party on yachts.

In 1998, DiCaprio founded the Leonardo DiCaprio Foundation, which donates money to over 65 organizations dedicated to the wellbeing of the environment. The foundation has received over \$69.5 million in grants.

"I think it is really inspirational what he's doing, because he's already a famous actor with a ton of money he could just chill for the rest of his life if he wanted to, but he's chosen to do some good with it," said Devon Wrinn, junior.

DiCaprio conducts interviews with President Obama, Pope Francis, Secretary of State John Kerry and many of the

world's top environmental scientists. DiCaprio delves into the political side of climate change bringing up climate change deniers like talk show host Rush Limbaugh, Fox News' Greg Gutfeld, and radio and television personality, Sean Hannity.

"Leo has been pushing climate change so hard lately. I mean of course it's extremely important and the movie had some shocking things in it but I feel everyone already knows what he's talking about," said Riley Scheuritzel, an interdisciplinary studies major. "The movie is basically another "An Inconvenient Truth." It's still relevant but releasing this movie he's not really doing much but telling me what I already know."

The movie was released on Oct. 30, to begin National Geographic's Earth Week. All week long they play documentaries and specials pertaining to climate change.

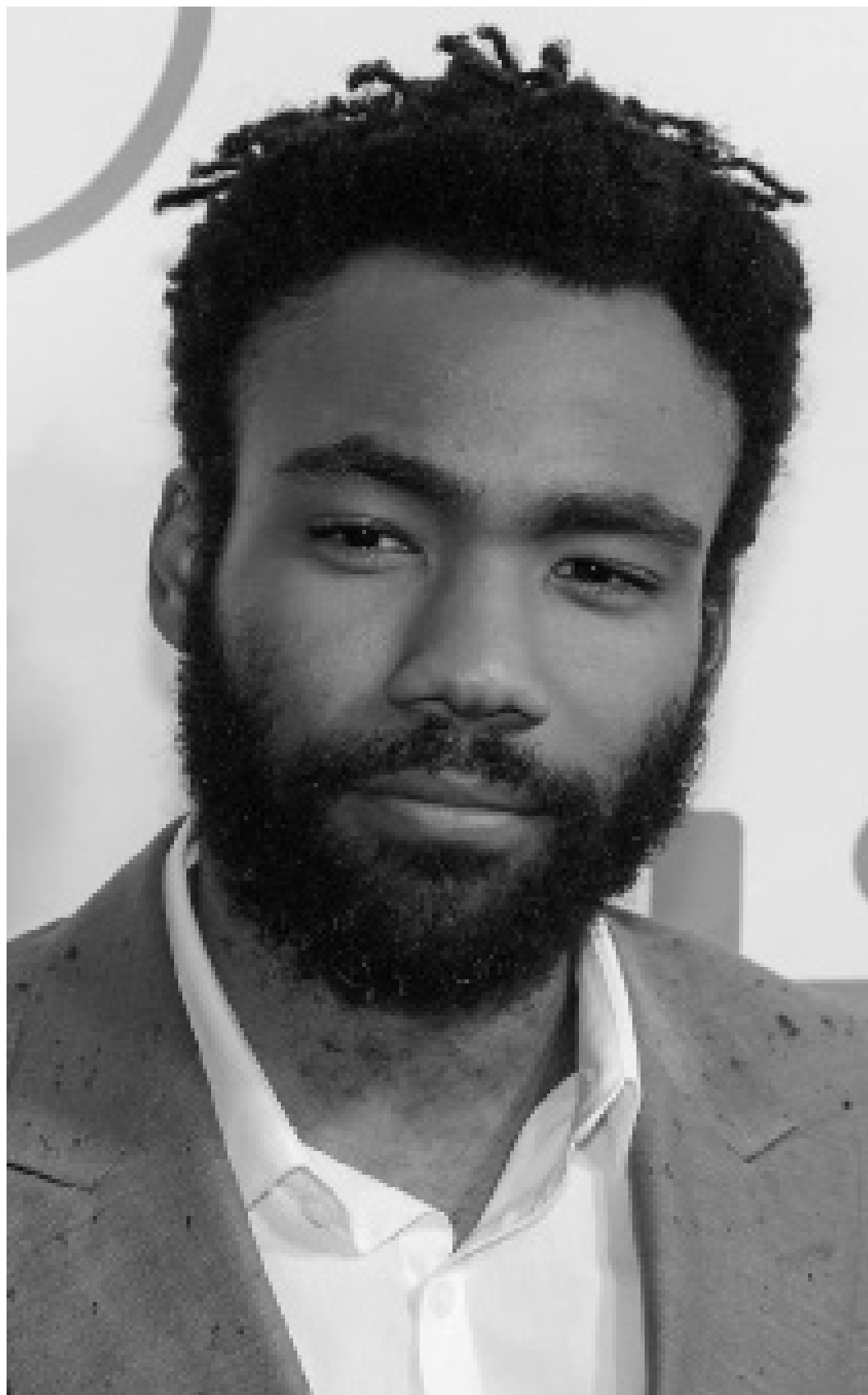


PHOTO COURTESY | CREATIVE COMMONS

Donald Glover, also known as Childish Gambino posed in a photo from 2015.

## FX Series Review: 'Atlanta' Covers Dramatic and Social Issues

By Gregory Gagliardi

Blood, mud and ruined trenches litter season one of "Atlanta." Donald Glover's record setting dramedy about the life of young Atlanta rappers or what he described as "'Twin Peaks' but with rappers", has left viewers with many feelings.

Ultimately, the show was never about hip-hop. Paper Boi's rap career is used to show social injustice rather than produce songs. We do not see images of Paper Boi in the studio spitting rhymes, but what we do see is the world played out through the eyes of various characters in a city that is the epicenter of black culture.

Tuesday's season finale starts with Earn (Donald Glover) waking up in the aftermath of a house to find that his blue bomber jacket is missing.

We have seen from past episodes that Earn is strapped for cash. The constant emphasis on his jacket further proves one of the many points that Atlanta makes; it sucks to be broke.

The missing jacket leads Earn, Paper Boi and Darius all over. Earn stops at a strip club in search of the jacket only to be told he must pay

\$10 to enter. He never finds the jacket inside, but does get approached by stripper in hopes of landing a role in a Paper Boi music video.

The jacket and the perils of being broke continue to haunt Earn. He eventually finds his jacket. It was in the Uber from the previous night.

The Uber driver has the jacket, but forces Earn to pay \$50 for it. Upon arriving to purchase the jacket, Atlanta does what Atlanta does best.

They use the scene to touch upon a social issue. This time it's police brutality.

Paper Boi begins to have an uneasy feeling, and sure enough the minute he begins to drive away, cops ambush the car and demand the men leave the vehicle and abide by the cop's rules; hands up. The men do as they are told, but they do it calmly as if they've been here before.

As the cops begin to frisk them, the Uber driver runs out of the house with Earn's jacket. He is instantly gunned down by the police.

The episode moves from police brutality to refocus on money. Earn pays a visit to his daughter and her mom, Van. Earn received his manager fee from Paper Boi. He gives the majority of that cash to

Van. Van tell Earn he's a good dad, which is based on the fact that he gave her money.

Once again, money is shown to drive home a deeper point; Earn is only a good dad when he has money. When Earn leaves, Van offers for him spend the night, but Earn refuses.

The major twist in the episode is where Earn spends the night. Earn arrives at a storage unit. Most people keep their belongings here, but Earn is here for a different purpose; this is his home. As the episodes begins to fade out Earn curls up, takes \$200 out of his pocket, and goes to bed while Outkast's single "Elevators" plays in the background. The show ends with Andre 3000 rapping these words:

"True, I've got more fans than the average man

But not enough loot to last me

To the end of the week, I live by the beat  
Like you live check-to-check

If it don't move your feet then I don't eat."

The first season of "Atlanta" can be summarized with that final line, "If it don't move your feet then I (you) don't eat."

# Students name favorite pizza spots for National Pizza Day

By Sherly Montes

In honor of National Pizza Day, which is on Saturday, Nov. 12, students are sharing where they like to go to grab a slice, as well as the type of pizza they prefer to eat.

"I love Pizza," said Marisa Tomaso, a sophomore exercise science major. "I'm from North Branford, so I haven't gotten pizza from around here too much. I've only been to Pizza Heaven and Modern Apizza."

New Haven is well-known for its thin-crust, coal fire pizza and the popular places that serve

this pizza, such as Frank Pepe's Pizzeria Napoletana, Sally's Apizza, and Modern Apizza.

"I've been to Modern like once or twice," said Tomaso. "It's definitely different from what I'm used to because it's thin crust. I love thick crust pizza and my favorite topping is buffalo chicken."

"I prefer thick crust," said Thomas Pelletier, a freshman philosophy major. "But I admit that New Haven's thin crust is growing on me."

Pelletier said his favorite pizza place in New Haven is Frank Pepe's.

"I'm impartial because it's the first place I went to when I came to New

Haven from Bristol, but it definitely lives up to the hype," said Pelletier.

"New Haven is definitely known for Pizza," said Ray Charles Capanzana, a junior mental health psychology major. "I've heard someone came like 2000 miles just to try the pizza here."

Capanzana said Modern Pizza is the best pizza he has tasted so far, although he prefers thick crust because the toppings don't slide off when he's eating his pizza.

"The only thing I knew," said Pelletier, "when I came here was that New Haven was well known for Pizza."



PHOTO COURTESY | CREATIVE COMMONS

Bacon, spinach pizza from Frank Pepe's in New Haven, Conn.

# Lady Gaga Mixes up Sound in Fifth Studio Album 'Joanne'

By Melanie Espinal

Lady Gaga's fifth studio album "Joanne" was released on Oct. 21, to viewers at the cost of \$3.99 on Amazon. If that price does not hint at a dramatic change in her career then the music surely will.

This album is different from past Lady Gaga albums to say the least. In comparison to her past four studio albums, it is not flashy or dramatic.

In this album I was scared of "Joanne" being a cheesy country persona, like the many personas Lady Gaga has had throughout in her career. However, this was not the case. The album still

has her rock and roll undertones, and her feminine power.

It was refreshing to hear this album is probably more Gaga than most of her albums. All her albums are parts of her of course, like the Fame Monster, and Artpop, but this album seems more personal.

It has upbeat tracks like "A-Yo" and "John Wayne" which have the classic Americana motif of the cowboy, but put to a pop beat. "John Wayne" is a fun tune and is as country as Lady Gaga's avant garde pop sound allows.

"Joanne" might be the most personal song on the album. Gaga mentioned, in an interview with the New

York Times, that her middle name Joanne was after her late aunt.

Her aunt Joanne died at the age of 19, the same age Lady Gaga started to go through the motions of music and began her path.

The song is, in a sense, about Joanne and her. It is about the death of an actual figure she felt like she always knew--the literal figure of her aunt--but also her younger self.

In this song she keeps repeating, "Where do you think you're going?" as she had no idea where music would take her and how far. The song itself sounds similar to a Lana Del Rey song, reminiscent and reflective of her younger

self.

The first single off the album "Perfect Illusion" is a song worth a second listen. On the radio it might have been easy to not pay attention to the power and the video is very simple compared to her past death, sex, and gore videos. Her simple seemingly un-choreographed dancing acts out the frustration of her realization that her relationship was an illusion.

In this album, the lyric repetition and deliverance allows listeners to fully experience her experiences, which is the case for songs like "Million Reasons" and "Sinner's Prayer."

"Hey Girl" is one of the best tracks on this album,

which features Florence from Florence + The Machine. It's a strong girl-power track, and sounds like the Spice Girls if they went country and rock. It could be put on the soundtrack of "Thelma and Louise" if a remake was ever in the works.

At the end of the day Lady Gaga's sound and lyrics are very pop. Rarely do I enjoy more than one or two tracks off of an entirely pop album. The sound here is more than just pop, as many genres are pulled together. On some songs she reminds listeners of Carole King, and others Shania Twain. Her meshing of influences brings a somewhat nostalgic listen for a life we have never lived.

# The Best Movies to Watch Featuring Presidents After Election Day Voting



PHOTO COURTESY | STEFAN FUSSAN

The 2016 presidential race brings to mind a few fantastic Hollywood movies that focus on past U.S. presidents.

By Dylan Haviland

Trump and Clinton, what a presidential race these two candidates have come to offer.

Amidst the controversy, shouting matches and stress of the 2016 Presidential Election, here is a list of some of my personal favorite films and television shows featuring U.S. Presidents.

So now that you have hit the voting booths, you can enjoy a feature informing you on the great men of the past or one just shooting aliens from a jet.

"Independence Day"

Bill Pullman stars as U.S. President Thomas J. Whitmore, a president faced not only with issues of leadership, but also impending doom as an alien armada besieges Earth. The film features a ridiculous amount of

destructions as the aliens laser beam the White House and major cities across the globe as humanity gathers together for all out war.

Pullman eventually teams up with the film's protagonists played by Will Smith and Jeff Goldblum to lead an offensive against the invaders. "Independence Day" is a great presidential movie that combines cheesy one liners, total destruction and an American president uniting his country and the world to combat impossible odds.

"Lincoln"

Daniel Day-Lewis proves his credibility as one of today's best actors in this Steven Spielberg film. He plays Abraham Lincoln, a man deeply troubled with the dept of responsibility thrown on him as he fights to preserve the union.

The actor is no stranger

to period pieces and he has perfected the craft in excellent features such as "There Will be Blood" and "Gangs of New York." But what he does here is applying these talents he exercised in all these roles and perfecting them to create one of America's most emotionally complex presidents. One can see the weight on his soul as he speaks to Mary Todd Lincoln about the troubles of his day and the nation being torn apart before him.

"John Adams"

This HBO miniseries showcases the network's talent for detailed narratives with the support of Paul Giamatti who plays America's second president John Adams. What makes Giamatti stand out so much in this series is his ability to make Adams a spectacular figure to watch without falling into the cliché of making him larger

than life.

Adams was living amongst some of the most influential men of early American history and Giamatti plays out a human that is both modest, serious and determined to guide the new country.

"Olympus Has Fallen"

Gerard Butler plays the disgraced body guard of the U.S. president played by Aaron Eckhart as he battles a massive terrorist attack that takes over the White House.

Similar to "Independence Day" the movie is an overtop action flick that focuses on intense scenes of combat that fluid story. But what the film lacks in plot it delivers in fluid action sequences that creates extreme tension. The entire film is a race against time as Butler slaughters countless villains to find the president and to save his country.

"Abraham Lincoln Vs. Zombies"

Abraham Lincoln, the 16th president, at one point may have not only been battling for the unity of the United States but also its preservation against the undead horde. Yes, Mr. Lincoln upon learning of the spread of a zombie virus that took his own mother's life heads out with an elite regiment of men to cleanse a fort full of undead Confederate soldiers.

This movie takes ridiculousness to the utmost. Lincoln switching from rifle to melee battles the undead during the time of America's greatest danger. Across the way he fights alongside John Wilkes Booth, confederate generals and even rescues a young Teddy Roosevelt. History is well and alive in this feature film.



PHOTO | ADRIANNA ROCHESTER

Images of America: African American Exhibit displays old artifacts, pictures, advertisements and products from this time period.

## Latest Exhibit in Lyman Displays African American Artifacts

By Adrianna Rochester

Images of America: African American Exhibit was structured to help teach unity, tolerance and diversity by exhibiting a collection of original African American artifacts from the era of slavery up until the Civil Rights Movement of the 1960s, coordinator of multicultural affairs, Dian Brown-Albert said.

The Multicultural Center worked in collaboration with Jeffrey Fletcher who is the collector and owner of the memorabilia on display in the lobby of the Lyman Center for the Performing Arts, Brown-Albert said.

"Mr. Fletcher has a huge collection the artifacts, but the ones shown on display is just a small portion of his collection," she said.

Brown-Albert said it has taken them a long time to make this exhibit happen because the date kept getting pushed back, but to see it all come to life now, she said, she's glad it all worked out.

Each of the four display cases represents a different period, she said, starting with slavery, then the marketing of African Americans, the Tuskegee Airmen, and finally the Civil Rights Movement and Jim Crow.

The atmosphere was silent as viewers

quietly absorbed each of the display's elements. In the background, audio from Martin Luther King Jr's "I Have a Dream" speech filled the room, as well as songs, such as "His Eye Is On the Sparrow," and "Ain't Gonna Let No Body Turn Me Around."

Among the viewers was Christina Smith, who came to Lyman to buy tickets for the "Black Angels over Tuskegee" show that was held there later that week. After seeing the exhibit, Smith said that she felt moved.

"Clearly it's a very graphic image of our history, but it portrays the brutality and it's very touching to see," Smith said.

Being able to observe the exhibit before coming to the Tuskegee play left her feeling compelled to come support events that are multicultural in their nature, she said. Also to encourage others to do the same.

Smith said, "I've taken cards to give to other people to come and see the exhibit so we all can be reminded of history and be informed to move forward and use this as a context of our history."

Student diversity coordinator of the multicultural center, Janelle Smith, said after viewing the entire exhibit, she was left in awe.

She pointed to the first case, a painting of a slave with whip slashes on their back, and said, "That took the cake for me and to see the realistic image of same man next to it



PHOTO | ADRIANNA ROCHESTER

Images of America objects on display in Lyman.

made it ten times more real."

She said she remembers when she was sick and used Vicks Vapor Rub on her back to help soothe herself the feeling was overbearing once the cooling sensation took effect. She said this picture automatically came to mind and she thought, "If my ancestors can go through this then I can endure this pain."

Witnessing all of the items in the exhibit

helps keep her grounded, she said and reassures her strength because even though at times she does not understand how these people survived such brutal times, knowing they did pushes her to not make any excuses to be strong during harsh times too.

## Student art of the week: Mary Brown



"I've found that photography is a way I can express myself and they [my friends] think it has some quality to it."



PHOTO | DYLAN HAVILAND

Mary Brown, a student in photography class at SCSU.

Original photography by Mary Brown, a photography student at SCSU.

Student art of the week is an arts and entertainment project from the Southern News. If you are interested in submitting work in any artistic format please contact editor Sherly Montes through [scsu.southern.news@gmail.com](mailto:scsu.southern.news@gmail.com)





PHOTO | EDGAR AYALA

Senior wide receiver, Devante Jenkins (#3), and junior quarterback, Raymond Catapano (#15), celebrate after the two connected on a 40-yard touchdown. The Owls (No. 4) will travel to UNH (No. 3) on Saturday for a third-place playoff game.

## Women's soccer drops their quarterfinal game to Pace 1-0



PHOTO | PALMER PIANA

Womens soccer finished their season with a 9-7-3 overall record, and a 8-4-2 record in the conference.

By Tyler Ferrara

The end of Southern's women's soccer team season, and a spot in the semifinals of the conference tournament ultimately came down to a penalty kick.

"We couldn't see it and we didn't know if it was a handball or not," said Cohen on the penalty. "So the first thing that went through my mind was unfortunate, but we had plenty of time to fight back."

The Owls (No. 3) lost a heartbreaking 1-0 contest, last Tuesday night, against Pace University (No. 6) in the Northeast-10 Conference quarterfinals. The fans were silenced early when senior Deanna Ryan unintentionally touched the ball with her hand in the 22nd minute of the first half.

The Setters of Pace were rewarded with a penalty kick, and junior Drew Ribadeneira, did not hesitate from 12 yards - drilling a shot into the bottom left corner for the Owls' only goal of the night.

Heading into the game, Cohen had an idea of what to expect from Pace.

"We knew that they were going to defend in numbers, and they were going to try and attack, and put us under pressure with service," said Cohen. "They were trying to make it difficult for us to play, so we wanted to keep our composure and create as many chances as we could."

Cohen said at halftime they made a

# Three in a row

SCSU football won their third consecutive game and secured a winning record for the first time since 2011, defeating Saint Anselm 28-25

By Edgar Ayala

The football team sent out their seniors on a positive note by securing a winning record for the first time since 2011, defeating Saint Anselm on Senior Day.

"We've spent a lot of long hours put into this," said head football coach, Tom Godek. "We have been trying to dig out of this crater that's occurred the past couple of seasons. It all started with last year's senior class, and the momentum continued to build with this year's class."

He added: "It's a credit to them and it's a credit to the coaches for believing in what we are trying to

accomplish here."

**"We've spent a lot of long hours put into this. We have been trying to dig out of this crater that's occurred the past couple of seasons . . ."**

— Tom Godek, head football coach

The Owls managed to capture their third consecutive win in their 28-25 victory over Saint Anselm on Saturday. The Owls finished off their regular season with a 6-4 overall record, and a 6-3 record in the conference.

Senior Corey Chaffee was one of 14 seniors honored prior to the game. Chaffee said the win against the Hawks was huge for future Owls.

"We made a lot of big steps this year, and this was the finalized step," Chaffee said. "If we didn't finish this one off, then who knows what the program would have been next year. This win really sealed the deal and it's going to move the program a lot moving forward."

The Owls got off to a quick start - scoring in the opening 97 seconds, and go 75 yards in four plays.

That opening score saw quarterback Raymond Catapano connect with Devante Jenkins on a

39-yard pass, and put the Owls up 7-0 after the PAT. Jenkins almost dropped the pass, as he juggled the ball four or five times before securing the ball in the end zone.

"Ray threw a great ball, and I didn't let anyone get in the way of that," said Jenkins, a senior. "It was just a great offensive play call, down to the execution."

With the score, Jenkins finished No. 3 in the conference with nine touchdowns. He finished his career with Southern with 24 touchdowns in two years with the Owls.

The Owls never trailed in the game, and led Saint Anselm in scores of 14-0, 21-3, and 28-10. It wasn't

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SEE WOMEN'S SOCCER PAGE 10



PHOTO | PALMER PIANA

Senior Nicole Hauser (#14) sets up to volley the ball back to Stonehill's side of the court, Friday night inside Pelz Gymnasium.

## Skyhawks clip the Owls' wings

By Phil Zoppi

Southern's women's volleyball extended their losing streak against Stonehill College on Friday night losing 3-1 in sets.

The Owls have now dropped seven games in a row bringing their record to 14-17 on the season. Head coach Lisa Barbaro expects more from her players, but understands the team still has a lot to learn.

"I think they're in a really tough stage right now," said Barbaro. "They've fell short of their goals this season and have really struggled to

get back on track. It's still a young group, and they still have a lot to still develop with their mentality on the floor."

Southern was able to win the third set of the match by a score of 25-13. Sophomore captain Leanna Jadus played a big role in winning the third set, and had a strong night overall as she finished with 12 kills and nine digs on the night.

Jadus was continually talking in the team huddles, trying to motivate her teammates to stay positive even when the game looked out of reach.

"I was just telling them

to fight, keep playing, and push through until the end," said Jadus.

Southern struggled early out of the gate as they dropped the first two sets. Assistant coach Drew Schaeffer was trying to motivate the team in the second set and specifically told Jadus that she needed to play better after back-to-back errors. Jadus responded well to the coaching.

"As a leader she has to know that the back-to-back errors is something that can't happen," said Schaeffer. "She really turned it around, but

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## Real Madrid will win the league

By Edgar Ayala

Nearly a third of the season into the La Liga season, and Real Madrid look like the team to finally bring back the league title to the Santiago Bernabeu since the 2011-12 campaign.

Four seasons have gone by, and Madrid has not brought home the league title. Now, for any other club in Europe that doesn't look so bad. But for Madrid's standards - this is a big deal.

This is a team who year after year is fighting for silverware at the end of the season. Madrid the past four years

have seen the likes of Atletico Madrid and Barcelona take the La Liga crown.

However, its not like Madrid is not winning any trophies. Los Blancos have won the UEFA Champions League two of the past three years. The King's Cup in 2014, and the UEFA Super Cup in 2014 and 2016.

Having won all this silverware in the last two seasons. Yet, the only thing they haven't won recently is the league title.

However, this is the year Madrid wins the league once again.

After coaching half of the season last year, Zinedine

Zidane can finally coach a full season for Los Blancos. Madrid sacked Rafael Benitez midway through the year, and the team was responding much better under Zidane the second half of the season.

And this year they have continued that momentum, as they are the league leaders with 27 points, and remain undefeated through 11 games (8-3-0).

A big part of that is because of the new guidance under Zidane, and the goal threat Gareth Bale, Karim Benzema and Cristiano Ronaldo (BBC) has in front of goal. Yet, there seems to be another goal threat

Madrid possesses.

Alvaro Morata has been playing a key role in Madrid's run in the league. After securing a transfer back to Los Blancos from Juventus, Morata has had a couple of game-winning goals for Madrid.

If Real Madrid wants to win the league title this year, Morata needs to be given more opportunities. This guy can find the back of the net if given the chance. The only problem stopping Morata from starting is Madrid's BBC.



## Vochan Fowler rushing and pounding the rock



PHOTO | EDGAR AYALA

Redshirt sophomore Vochan Fowler (#4) runs past Saint Anselm's defence and attempts to break out of a tackle against the Hawks, Saturday afternoon at Jess Dow Field.



PHOTO | SOUTHERNCTOWLS.COM

Fowler has rushed for 573 rushing yards on 121 carries through the Owls' 10 games in the regular season.

By Phil Zoppi

Redshirt sophomore running back, Vochan Fowler, has seen a significant increase in touches this season and he has made the most of them.

"I'm just more involved," said Fowler, "last year I was used more as a special teams guy. This year I'm actually heavily relied on with the offense. With guys like Robert Thomas and John Moscatel graduating, someone had to step up this year at the running back position and it was me."

Fowler had big shoes to fill as Thomas rushed for 983 yards for the

Owls in the 2015 season. Through 10 games Fowler has racked up 573 rushing yards on 121 attempts, which is good for 4.74 yards per carry average.

He rushed for 98 yards on 18 carries in Southern's 28-25 win over Saint Anselm on Saturday.

And Fowler had arguably his best game of the season against Bentley on Homecoming day, rushing for 114 yards and two touchdowns against the Falcons.

"We had a really good game plan going into that game," said Fowler. "We had a good week of practice and executed the plays in the game. We have the players to get the job done,

so it's just about going out and doing it."

A 114-yard performance makes life easier on the entire team. Not only does the defense get to stay off of the field, but also the quarterback is given many more one-on-one opportunities with his wide receivers. And can keep the opposing defense guessing throughout the game.

Quarterback Raymond Catapano has been reaping the benefits of Fowler's strong performances ever since he took over the starting quarterback role.

"He makes my job a lot easier," said Catapano. "He just brings so much energy to the offense. It's so easy

to feed off of his energy. He is just really fun to play with."

Catapano also finds ways to make playing running back easier for Fowler. Catapano has some speed to him, and is always a threat to run out of the backfield as he has rushed for 153 yards on 55 attempts this season.

If any defense has to account for a quarterback taking off and running it can open up plenty of holes for a running back.

Fowler has been pleased with a multitude of different traits that Catapano has brought to the Owls' offense.

"He brings a different type of energy," said

Fowler. "He's a vocal leader and we rally behind him very well. He fakes it really well so there's always a threat that he might run and defenses have to respect that."

Southern has had success in the passing game too, and Fowler has a lot to do with that. Fowler only has two receptions for 21 yards on the season, but that is not the way that he contributes to the passing game.

Pass blocking is something that is vital to any offense's passing game for it to succeed. Catapano believes that Fowler does a good job of keeping him clean in the pocket throughout the game.

"He's done a tremendous job with pass blocking," said Catapano. "No one likes pass blocking, but he takes pride in it. Whatever he can do to help the team he will. If that's blocking a 200-pound linebacker or 300-pound defensive tackle he'll do his best at it."

Fowler has said that he looks up to running backs like LeSean McCoy, CJ Spiller, and Duke Johnson Jr. And at this rate, if Fowler continues his progression as a running back for the Owls, he might start putting up statistics similar to those NFL backs.

## Women's soccer

CONTINUED FROM PAGE 9

couple of adjustment that tried to put some people in better positions to attack and create opportunities in order to make Pace feel unbalanced.

However, the Owls would instead would fall short to Pace, and end their season with a 9-7-3 overall record, along with a NE-10 tournament berth.

"They did all of it, they came together as one," Cohen said. "When they came in at the beginning of the year, there was a large senior class, but also a large freshman class so it took a little bit of time. But they worked hard at it and came together as one."

One player that will be graduating this year is Meaghan Howard, a senior forward who is studying elementary education, had a few words on Tuesday night's game.

"I thought we did everything we could. We fought until the last second and I'm very proud of our team and I couldn't be any happier," said Howard.

Howard led the Owls with

five assists this season, and was the Owls' first choice for any free kick opportunities.

"I wish we could have gotten out to a better start," said Howard. "I think we ended the season exactly how everyone wish the season would end, unfortunately tonight we didn't come away with a win."

Fellow senior classman, Caroline Staudle, a forward for the Owls, had some words of wisdom for the underclassmen after the 1-0 loss to Pace.

"Cherish every moment," said Staudle, the Owls leading goal-scorer this season. "Even the days you don't want to go to practice because it flies by. And work your butt off each and every offseason, and over the summer, and you're going to get what you put into it."

Staudle finished the 2016 season leading the Owls in goals and points, with nine goals and 20 points. Last 2015 season, Staudle put up seven goals and was named All-New England honoree



PHOTO | SOUTHERNCTOWLS.COM

Victoria Conde played 69 minutes in Southern's 1-0 loss to Pace last Tuesday. The Owls lost the game on a penalty kick in the 22nd minute of the first half.

and All-Northeast-10 Conference selection.

Yet, Staudle noted what she was going to miss most about Southern and the women's soccer program. "Everything," said

Staudle, "the group of girls - you know you come into college with 24 to 25 new friends that made you feel comfortable right away. There was always someone to talk to. There

is a lot of memories, just the feeling of being on the field and those night games - just everything."

With the season now over for Staudle, the senior finished her career being

the Owls' No. 6 all-time leading scorer with 25.

The women's soccer team now shifts their attention to the offseason, reflecting on the 2016 campaign.

## Jaguars continue to struggle

By Phil Zoppi

The Jacksonville Jaguars are once again one of the worst teams in football, and the coach is to blame.

Gus Bradley was given one of the more talented rosters in football and has coached it to a disappointing 2-5 record. The Jaguars were a preseason sleeper team to watch for many NFL analysts, and have looked unprepared week in and week out. Bradley has to be fired sooner rather than later.

I expected Jacksonville to

be a top tier defensive unit in 2016, but they have been steam rolled too many times to even be considered a good defense. Not only did they draft star defensive back Jalen Ramsey in the top five, but they also added Malik Jackson, Tashaun Gipson and Prince Amukamara.

All of that, and they are still having teams like the Chargers and Titans hang more than 30 points on them. Embarrassing.

Believe it or not, the offensive side of the ball has been even worse as they have only eclipsed 20 points twice in their eight games. Now, I

do not blame this part of the team on Bradley considering he is a defensive minded coach. Most of the blame goes to Blake Bortles, who has been painfully brutal this year.

Fans who own Bortles on their fantasy team may think he is having a good season, but that is not the case at all. Bortles is the king of padding his stats in garbage time.

It would be a huge surprise to even see Bortles on the Jaguars next season. There is no excuse for his poor play when he has skill players like Allen Robinson, Allen Hurns

and TJ Yeldon around him.

Robinson is a top five talent at receiver and for him to only have 366 yards at this point in the season is a serious problem. That shows that not only Bortles is struggling, but also the offensive coaching staff is struggling. Struggling so much that Greg Olsen, the offensive coordinator of the Jaguars, was fired two weeks ago.

Bottom line is the Jaguars are a hot dumpster fire, and I do not expect it to get any better until they find a new head coach.



## Football

CONTINUED FROM PAGE 9

where the Hawks came alive to score two touchdowns – making it 28-25 with 3:17 left in the final quarter.

Not only that, but Saint Anselm recovered the ball on an onside kick following the touchdown, and the Hawks were in Owls' territory driving for the winning score with just over two minutes left in regulation.

But just when Southern was on the verge to blow a 28-10 lead, Chaffee intercepted Saint Anselm's pass at Southern's 37-yard line and would run 60 yards into Saint Anselm's three-yard line.

"They've been running the same play all game," said the senior defensive back, Chafee. "It was a quick three-yard slant and they called a swish on the last play. I saw my linebacker [Vasilios Grigorakos], he acted like he was going inside, and

then he went outside."

He added: "Right when he did that the quarterback looked right at the No. 2 receiver. When I saw that I took a guess, I gambled and came down and picked it off. It was huge, it really made my football career."

After the Chaffee's interception, Southern ran down the clock and secured their third straight win for the first time since 2013.

With the win, Southern finished No. 4 in the Northeast-10 Conference and will compete one last time in a third-place playoff game against the No. 3 team.

Who is Southern's opponent? Cross-city rivals University of New Haven will battle it out with Southern Connecticut for a third-place championship game in West Haven, Conn. on Nov. 12 at noon.



Senior Kayjuan Bynum (#11) makes one of his 11 tackles (team-high) against Saint Anselm. Bynum was one of the 14 seniors honored before the game.

PHOTO | EDGAR AYALA

## Volleyball

CONTINUED FROM PAGE 9



PHOTO | SOUTHERNCTOWLS.COM

The volleyball team will play their final regular season game against the University of New Haven.

unfortunately the set didn't end the way we wanted it to."

The second set was the closest of all the sets as Stonehill edged Southern by a score of 25-23. After that second set, Southern looked like a completely different team. The Owls came out strong in the third set, winning it by a score of 25-13.

In between the second and third set, Barbaro made sure to try and calm her team down after falling down 2-0.

"It was really just getting them all to reset," said Barbaro. "We went with a totally different lineup and that seemed to energize the team a little bit in different ways."

Although there were positives to take out of the night the bottom line is Southern has not won a game since Oct. 21 against Saint Michael's.

It has now been over two weeks since the Owls were able to pick up a win, and Jadus admitted that it has taken a toll on the team.

Jadus said that at times the team gets down but they are trying to do everything they can to keep themselves up.

The volleyball team will have a chance to end the season on a good note, as they still have a few games left before the conclusion of the season.

Schaeffer has noticed that the team can get down on themselves in the middle of the game, and has been working on fixing that issue. This problem has been going on for a while, according to Schaeffer.

"I think it really depends on the score," said Schaeffer. "When we're up we're good, but when the other team starts making a run that's when we get down ourselves. We're addressing it in practice and trying to fix it. The team knows it too. Leanna as well as the other team captains have been addressing it in practice."

The volleyball team will play their final regular season game against cross-city rivals University of New Haven in a key conference contest on Nov. 10.

## SCSU basketball plays exhibition with UConn



PHOTO | SOUTHERNCTOWLS.COM

Junior Jerry Lockett Jr. (#34) scored a team-high 17 points on 7-for-16 shooting in 21 minutes. The Owls lost their exhibition game 94-65 to Division I UConn Huskies.

By Michael Apotria

The men's basketball team traveled to Storrs, Conn. on Nov. 5 to play an exhibition game against the four-time NCAA Division I champions UConn Huskies, in what was their third exhibition game in the last four years.

While it is only a friendly game, senior Austin Carter said prior to the game, a win against the Huskies would be immense for momentum entering the regular season.

"UConn is one of the top basketball programs in the entire country," said Carter, the senior captain. "Winning [against UConn] would give us that mindset that we can beat anyone."

However, the Owls fell to the Huskies 94-65, after trailing by only 11 points at halftime.

Carter said he had a better understanding of what to expect coming into this game after playing UConn in both his freshman and sophomore year.

"The first time I faced them I was a bit excited and nervous," said Carter. "The second time was my sophomore year and that's the season we made the Elite 8. That [year] showed me we could play with anybody out there."

Southern's men's basketball assistant coach, Michael Papale, said the game was a great learning experience for everyone on the team – especially the younger guys.

"Most kids grow up wanting to compete against the highest level of basketball," said Papale, "this [past Saturday] they got to."

Freshman guard Noah Miree said prior to the game he was anxious to get out on the court and face the Huskies for the first time.

"I [was] definitely excited and nervous," said Miree. "There [was] a lot of fans out there. I've never had the opportunity to play in front of so many people."

Southern's guard Michael Mallory, the Owls' top scorer from last season (23 point per game), was held to 14 points on 4-for-17 shooting against the Huskies. The senior captain also had six assists, three bounds and two

blocks in 35 minutes of action.

On the other side, the Owls' second captain, Austin Carter, recorded 12 points, seven rebounds and one assist in 32 minutes of play.

Yet, it was Southern junior transfer, Jerry Lockett, who led the Owls in scoring with against the Huskies. Lockett recorded 17 points on 7-of-16 shooting, to go along with three rebounds and two steals in 21 minutes of action.

Southern's head coach, Scott Burrell, found his team down 44-33 at halftime and reflected on team's performance.

"I think our guys competed in the first half," said Burrell in the postgame press conference. "I think they were tough the first half. We rebounded well. We didn't make a lot of shots like we usually do, but they were there for the challenge."

Despite being down 11 points at the half, Southern got outscored by UConn 50-32 in the second half.

"The second half – a lot of run outs early in the second half," said Burrell in the postgame conference. "They got down, and I think they might have crumbled under that pressure. They played well. They're big, they're long, they're athletic. Every pass is tough, and every hand off is tough against a team like that."

UConn has one of the nation's top recruiting classes and that has allowed them to recruit several players with unique size and skill, which is why they beat Southern in the rebounding battle 40-33.

"They have a lot of young talent and some big guys who are 6-foot 10 and seven feet tall," said Papale. "That [didn't] mean we were going to change the way we play."

Coming into the game UConn was ranked at No. 16 by the USA Division I coaches poll, and Southern was ranked No. 4 in the preseason poll released by the Division II Bulletin.

The Owls' first official game of the regular season is scheduled for Nov. 12 against Holy Family in Bridgeport, Conn.

# SCSU volleyball vs. Stonehill photos



PHOTO | PALMER PIANA

Junior Nicole Hauser (#14) and freshman Gabriela Vazquez (#5) rowdy the team up in the Owls' loss to Stonehill.

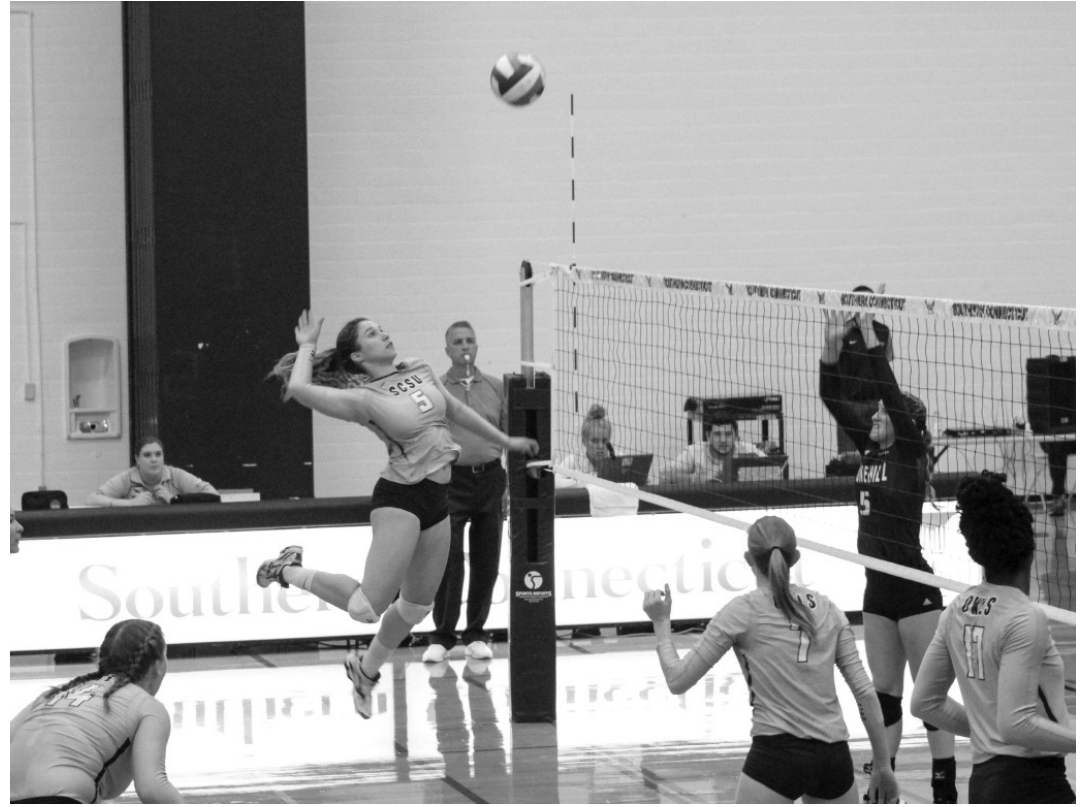


PHOTO | PALMER PIANA

Freshman Gabriela Vasquez (#5) sets up to smash the ball into Stonehill's territory Friday night.



PHOTO | PALMER PIANA

Senior Faith Ford (#17) and junior Alexandria Nimz (#7) attempt to block the shot from the No. 4 skyhawk player.



PHOTO | PALMER PIANA

Sophomore Leanna Jadus (#12) and senior Faith Ford dive for the ball in the center of the floor, Friday inside Pelz Gymnasium.

## Northeast-10 Standings

### MEN'S SOCCER

	CONFERENCE			OVERALL		
	GP	RECORD	WIN %	GP	RECORD	WIN %
ADELPHI	13	12-0-1	0.962	19	17-1-1	0.921
MERRIMACK	13	10-3	0.769	19	14-5	0.737
LE MOYNE	13	9-3-1	0.731	20	14-4-2	0.750
FRANKLIN PIERCE	13	9-4	0.692	17	12-5	0.706
SO. NEW HAMPSHIRE	13	8-3-2	0.692	17	11-4-2	0.706
AMERICAN INT'L	13	6-6-1	0.500	18	8-9-1	0.472
ASSUMPTION	13	6-6-1	0.500	18	7-10-1	0.417
SO. CONNECTICUT	13	5-6-2	0.462	17	7-8-2	0.471
STONEHILL	13	5-8	0.385	17	7-10	0.412
SAINT ROSE	13	3-8-2	0.308	16	5-9-2	0.375
NEW HAVEN	13	3-9-1	0.269	17	6-10-1	0.382
SAINT MICHAEL'S	13	3-9-1	0.269	16	5-10-1	0.344
SAINT ANSELM	13	3-9-1	0.269	16	4-11-1	0.281
BENTLEY	13	2-10-1	0.192	16	2-12-2	0.188

### FIELD HOCKEY

	CONFERENCE			OVERALL		
	GP	RECORD	WIN %	GP	RECORD	WIN %
SAINT ANSELM	12	10-2	0.833	20	16-4	0.800
LIU POST	12	9-3	0.750	18	15-3	0.833
STONEHILL	12	9-3	0.750	19	14-5	0.737
ADELPHI	12	9-3	0.750	19	13-6	0.684
MERRIMACK	12	8-4	0.667	17	9-8	0.529
ASSUMPTION	12	7-5	0.583	18	10-8	0.556
AMERICAN INT'L	12	6-6	0.500	18	10-8	0.556
PACE	12	5-7	0.417	18	9-9	0.500
SO. NEW HAMPSHIRE	12	5-7	0.417	18	9-9	0.500
BENTLEY	12	5-7	0.417	18	7-11	0.389
SAINT MICHAEL'S	12	3-9	0.250	18	6-12	0.333
SO. CONNECTICUT	12	2-10	0.167	18	4-14	0.222
FRANKLIN PIERCE	12	0-12	0.000	17	3-14	0.176

### FOOTBALL

	CONFERENCE			OVERALL		
	GP	RECORD	WIN %	GP	RECORD	WIN %
LIU POST	9	9-0	1.000	10	10-0	1.000
ASSUMPTION	9	8-1	0.889	10	9-1	0.900
NEW HAVEN	9	6-3	0.667	10	6-4	0.600
SO. CONNECTICUT	9	6-3	0.667	10	6-4	0.600
BENTLEY	9	5-4	0.556	10	5-5	0.500
STONEHILL	9	4-5	0.444	10	4-6	0.400
AMERICAN INT'L	9	3-6	0.333	10	3-7	0.300
MERRIMACK	9	2-7	0.222	10	2-8	0.200
SAINT ANSELM	9	2-7	0.222	10	2-8	0.200
PACE	9	0-9	0.000	10	0-10	0.000

### WOMEN'S SOCCER

	CONFERENCE			OVERALL		
	GP	RECORD	WIN %	GP	RECORD	WIN %
ADELPHI	14	11-2-1	0.821	19	15-3-1	0.816
AMERICAN INT'L	14	9-5	0.643	19	11-7-1	0.605
SO. CONNECTICUT	14	8-4-2	0.643	19	9-7-3	0.553
STONEHILL	14	8-5-1	0.607	21	15-5-1	0.738
SAINT ROSE	14	8-6	0.571	18	11-7	0.611
PACE	14	7-5-2	0.571	21	12-7-2	0.619
SO. NEW HAMPSHIRE	14	7-6-1	0.536	19	10-8-1	0.553
LE MOYNE	14	7-6-1	0.536	19	9-8-2	0.526
BENTLEY	14	6-6-2	0.500	17	9-6-2	0.588
ASSUMPTION	14	6-7-1	0.464	18	8-9-1	0.472
MERRIMACK	14	5-6-3	0.464	18	8-7-3	0.528
FRANKLIN PIERCE	14	5-7-2	0.429	16	7-7-2	0.500
SAINT ANSELM	14	4-9-1	0.321	18	6-11-1	0.361
SAINT MICHAEL'S	14	3-11	0.214	17	4-13	0.235
NEW HAVEN	14	2-11-1	0.179	18	5-12-1	0.306

### VOLLEYBALL

	CONFERENCE			OVERALL		
	GP	RECORD	WIN %	GP	RECORD	WIN %
LE MOYNE	12	10-2	0.833	25	20-5	0.800
SAINT ANSELM	11	9-2	0.818	24	19-5	0.792
NEW HAVEN	11	9-2	0.818	21	14-7	0.667
AMERICAN INT'L	12	9-3	0.750	27	22-5	0.815
ADELPHI	12	8-4	0.667	27	17-10	0.630
BENTLEY	12	7-5	0.583	26	10-16	0.385
PACE	11	6-5	0.545	27	20-7	0.741
FRANKLIN PIERCE	11	6-5	0.545	23	10-13	0.435
STONEHILL	12	6-6	0.500	23	11-12	0.478
SAINT ROSE	12	5-7	0.417	24	10-14	0.417
SO. NEW HAMPSHIRE	12	4-8	0.333	26	7-19	0.269
SO. CONNECTICUT	13	4-9	0.308	33	15-18	0.455
MERRIMACK	13	3-10	0.231	28	5-23	0.179
ASSUMPTION	12	2-10	0.167	22	5-17	0.227
SAINT MICHAEL'S	12	1-11	0.083	17	3-14	0.176

### SPORTS CALENDAR

Wednesday - No games

Thursday - VB at University of New Haven at 7 p.m.

Friday - WSWIM & MSWIM vs WPI at 5:30 p.m.

Saturday - FB at University of New Haven 12 p.m. / MSWIM & WSWIM at Pace 2 p.m. / WBB vs Queens College in Bridgeport, CT 2 p.m. / MBB vs Holy Family University in Bridgeport, Conn. 8 p.m.

Sunday - WBB at University of Bridgeport 4 p.m. / MBB at University of Bridgeport 6 p.m.

Monday - No games

Tuesday - VB vs Northeast-10 Championship in New Haven, Conn.

## Student's take on overcoming test anxiety

By Jeniece Roman

In a test environment if you ask me what two plus two is, I might tell you seven.

Okay, maybe that is an overstatement, but like many students at Southern I do get anxiety. Exams are stressful. The reason depends on each individual: it could be the time constraints, lack of exam preparation or the fear of failing. However, I have learned several ways to

overcome test anxiety.

The process of studying, taking the test and waiting for the results can send many people over the edge. Though test stress is unavoidable, there are a few methods that can help you cope with the anxiety that comes with taking exams. These components break down into preparation, during the test and after it.

Preparation for exams is an important factor in reducing stress. If students are better prepared, they are less likely

to feel uncertain about how well they will do on the exam. If you know ahead of time the format for the test, you can appropriately study for it. If you can, study for the exam in the place where you will be taking it; it does not have to be in the same room but it can be in the same building. Even simulating an exam scenario where you do a mock test can prove helpful.

Another key factor to exam success is to get sleep, and to avoid pulling an all-nighter trying to study for an exam

the next morning. Not only will you not remember most of the things you studied for, but you will also be tired and unfocused during the exam. In addition to being well rested, it is beneficial to be fed and hydrated. No one wants to sit in a silent exam room as their stomach roars loudly because they forgot to eat.

Once in class, take a few deep breaths and clear your mind. Understand that whatever will come next will only be for an hour or so.

During the exam it is important to be aware of the time that you have to complete it and look at the amount of questions or pages required to complete it. Not each question is the same and, therefore, they may not need to have an equal amount of time to consider. There is a term in the medical field for assessing areas and priorities—triage. Military doctors and EMTs use this method to decide whom they should treat first and who are the people past saving.

Using the triage method, one can assess the parts

of the exam that are most important or need the most time to work on. Identify the questions you know the answers to, then the ones that need more thought and leave the questions that you don't know the answer to for last. Begin with the easy questions and if you can't answer the question, skip it. After you've done that, you can begin working on the more difficult questions.

Carefully read each question. Sometimes points are lost on an exam because you did not take the time to read what exactly is being asked. After you are done with the exam, take a moment to look it over and make sure that there are no mistakes, misspelled words, or questions not answered.

Once you hand in the exam, forget about it. There is nothing more you can do and you should not think about it. As they say on Parks and Rec, "Treat yo' self." You do not have to know the reference to understand the concept. Reward yourself for the hard work you have put in, regardless of the results.

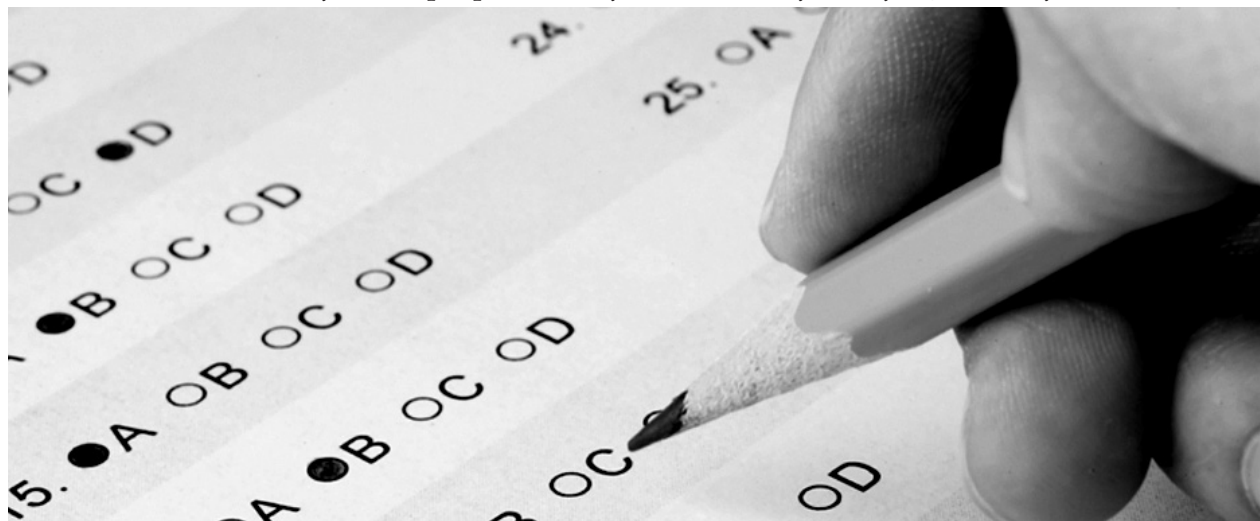


PHOTO | CREATIVE COMMONS

## Contraception study taken to Puerto Rico

By Vivian Englund

A recent study on the injection form of male birth control determined that while it is effective at reducing the production of sperm, it has vastly similar side effects to female contraceptives.

How does this work? The Independent reports, "Indeed, the current study was exploiting the well-established relationship between testosterone – the hormone that gives men their male characteristics – and sperm production. By giving men synthetic testosterone in combination with a hormone called progestogen – similar to the hormones usually found in the pill – sperm production in the testes is reduced dramatically."

On one hand, I get it, a lot of the responsibility regarding contraceptive and family planning does fall on women.

The Centers for Disease Control and Prevention found that 62 percent of women of reproductive age are using some kind of contraceptive. This includes pill birth control, IUD and others.

The Independent reports that men participating in the study experienced some of the same side effects. Over half of the men said they were experiencing acne, over a fifth reported mood disorders and over a third reported a higher libido.

On the other hand, NPR reports men do not want to put up with the side effects of

the medication.

I know how that sounds-- it is definitely frustrating from a female perspective that men do not want to deal with feeling bloated or having acne. However, I think it is unnecessary to have hard feelings over it.

For some reason the argument of "wow, men can't handle a little bit of acne," just seems a little arbitrary and maybe even hypocritical. I think the issue is more important than that.

What we should be really upset about is the unsettling history of the first human birth control.

The New Republic said that the doctor, Gregory Pincus, who developed the pill tested it under the guise of a fertility study in the 1950s and 1960s. The catch though, was that he did not tell his patients that the pill's purpose was to prevent pregnancy. With little information on the drug they were essentially tricked into taking, many women dropped out of the study after experiencing bloating, potentially fatal blood clots, and mood changes.

Since so many women were dropping out of the study in the US, and it was getting more difficult to find participants due to birth control being mostly outlawed, the researchers took to Puerto Rico.

In Puerto Rico at the time of the study, there were concerns of overpopulation, so birth control and abortion became legal on the island. At this time women were being



PHOTO | CREATIVE COMMONS

Image of the femal birth control pill.

sterilized sometimes against their will or knowledge under the procedure called "La Opcion."

Because of this, the researchers thought they would find women to comply with their studies, again omitting information about the drug they were trying to administer. Essentially, the researchers were trying to take advantage of a country that already had issues.

So it is safe to assume that the FDA and

big pharma kind of just shoulder-shrugged when they were looking at the research and made potentially dangerous drugs legal anyway-- now that is messed up.

Like I said, if anything is to be angry about-- it is that. Not the fact that men are experiencing symptoms that we experience too. We should be mad that these side effects are even a thing in the first place-- not making fun of "fragile masculinity."

## The U.S. Supreme Court to review transgender rights

By Chloe Gorman

With only eight Supreme Court justices since Antonin Scalia's death, any case is going to be hard to come to an agreement on. This is especially evident in the case regarding transgender rights in North Carolina.

The case made its way into the Supreme Court after Gavin Grimm, a transgender boy, wanted to use the boy's bathroom at his Virginia high school. According to North Carolina law, transgender people must use the bathroom that corresponds with their biological gender in government buildings.

Grimm attends Gloucester High School in Virginia, which implemented a policy preventing him from using the boy's bathroom, but added that those grappling with their gender identity could use private bathrooms.

The debate around whether or not transgender people should be allowed to use the bathroom that corresponds to the gender they identify with is one that has grown increasingly popular recently.

Many naysayers argue that allowing transgender people to use the opposite bathrooms will open the door for more instances of sexual assault or sexual predators.

However, the Williams Institute reported in 2013 that around 70 percent of transgender people have



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reported being denied entrance, assaulted or harassed while trying to use a restroom.

The American Civil Liberties Union Lesbian Gay Bisexual Transgender Project also found that out of the 18 states that do not bar trans people from the restroom they identify with, none of those states experienced any raise in sexual violence.

What some neglect to understand is the mental harm that comes with being refused the right from using the bathroom of the gender a trans person identifies with.

"No one has given me any problem, and I have

never been happier exercising my right to be who I am," Grimm stated in a court document. "I did not ask to be this way, and it's one of the most difficult things anyone can face."

Grimm also said that girls disagreed with his presence in the girl's bathroom because he did not look like a girl. This is not an isolated incident, the same thing has happened in different places around the country as well.

It is more off putting to see a female-to-male trans person – like Grimm – in a girl's bathroom than it would be if he went into the boy's bathroom.

There needs to be more strides being made toward transgender equality. There is a lot of misunderstanding and uncertainty when it comes to trans people in general.

This can only be fixed with more education about transgender issues. Without knowledge, there can never be understanding and can only to more discrimination.

What it comes down to is not only transgender rights, but also human rights. At the end of the day trans people are people and do not deserve to be treated as anything less than that.

When the Supreme Court rules on the case early next year, they should take this into account.

"I deserve the rights of every other human being," Grimm said in a court document. "I am just a human. I am just a boy."

# PHOTO



Eric Nesmith Theatre Major, a Junior running the theatre booth.

# Majors Expo

By Palmer Piana

Students, alumni and faculty came together on Wednesday Nov. 3 to promote their majors and potential careers in that field.

Each department created booths designed to educate as well as draw in potential candidates.

The style of each booth varied from department to department, some more elaborate than others.

They talked to students about potential career paths, as well as requirements of that particular major. This may vary from GPA to general education requirements.

They also encouraged students to consider their field as a minor if they were already committed to a different major.



Ravindra Sharma masters of public health and Danielle Davis masters of fine arts at the international education booth.



Media studies booth.



The physics and engineering booth.



Majors Expo in the Adanti Student Center Ballroom on Wednesday Nov. 3.



Communications booth at the Majors expo Wednesday Nov. 3.