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SOUTHERN NEWS

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New advising model inclusive to all

By Tamonda Griffiths
News Writer

The university has never had an official universal advising model, according to Vice President for Student Affairs, Tracy Tyree and social work professor, Elizabeth Keenan.

"[The advising model] creates a place for all students to have access to quality advising," said Tyree, "wherever they are in their Southern journey."

Tyree said up until recently, each

department had their own individualized advising models giving students varying advisement experiences from major to major.

The model has been in the works for the last three years, according to the Executive Summary of Advising Revitalization and Renewal Initiative Advising Model proposal, is based on the idea of academic neighborhoods.

"When we were thinking about what we thought would be helpful for

students for advising," said Keenan, "we were talking about how important it is for students to feel at home in the department where their major is."

Tyree said each of the professional schools are a neighborhood. The School of Arts of Sciences is broken into three; in total, there are six neighborhoods.

"I'll be honest," said Tyree, "it is a pretty big task to take on."

Tyree said although space is not yet available,

eventually, each neighborhood would have its own academic advising center within the department staffed with a professional adviser, a faculty coordinator and possibly peer advisers.

Keenan said these neighborhoods would also provide access to other resources to help students further their education as well.

Tyree said those in-between majors and/or undeclared are "least served" by the lack

of a university-wide advisement model.

"Those are the students that we probably support the least or the poorest right now," said Tyree.

Tyree said for students who need guidance back on track to a certain major or are not sure which major to pursue, the academic advising center would provide a "more intensive short-term advising relationship."

According to Keenan, starting in January of next year the School of Business,

the Science Technology Engineering and Mathematics (STEM) and undeclared neighborhoods should be up and running.

Keenan said by the academic year 2021 all the neighborhoods will be in place.

"We really want students to be able to land in homes," said Keenan.

Tyree said this new model would also benefit those students in terms of Satisfactory Academic Progress (SAP).

SEE ADVISING MODEL, PAGE 2

Sleep Out Southern simulated homelessness



PHOTO | PALMER PIANA

Participants at Sleep Out Southern outside of Hilton C. Buley library.

By Izzy Manzo
Copy Editor

Homeless students have attended the university before, said counseling and school psychology Associate Professor Elizabeth "Libby" Rhoades, and it is possible they will be here again.

"They need a place to stay and they need food to eat," she said, "and sometimes people trying to take care of their education have a tough time with that."

Students participated in Sleep Out Southern last Friday, spending the night outside to raise awareness for homelessness. Rhoades said bringing awareness to campus was important because it is a prevalent

issue.

She said while the event is involved, there are several people who sleep outside because they do not have a choice.

She also said the students who helped put together the event, and the School Counseling and Psychology program in general, have a long history of involvement with social justice issues.

Sleep Out Southern was led by a group of graduate students in the program, and is one of the bigger and more involved events happening during Social Justice Month.

"This [event] is particularly important to me," Taylor Welch, a graduate student, said. "I've worked with the homeless before and served

breakfast to the homeless, so it's a topic that I'm really passionate about."

Graduate student Mykelle Coleman had previously participated in sleep outs when she was a student at West Haven High School.

"We decided to do it to raise awareness, but also to get collections for the Columbus House in New Haven," she said. "We did that twice...but there are others who go through that every day, so it also gave you awareness for being grateful but also that it's time to lend a hand to those that need it."

Coleman said homeless youth and college students are often overlooked, and it is important to raise awareness for them, as it is for other demographics.

"It's an honor to do it again and do it here at Southern," she said.

While he raises awareness through teaching social policy, social work Associate Professor Stephen Tomczak also believes in raising awareness by being active in the community.

He is on the board with the Community Action Agency, which is an anti-poverty agency in New Haven. Tomczak said while it does not deal with homelessness specifically, it deals with issues related to poverty and economic disparities, such as heating assistance and food pantries.

He believes that people have a duty to work towards a more just society.

SEE SLEEP OUT AMERICA, PAGE 3

Full-year academic schedule approved

By Tamonda Griffiths
News Writer

According to the results of an undergraduate student survey, 59 percent of students who participated said they would like to have a full-year academic schedule available this coming March and are very likely to use it for advanced course schedule planning.

"I think being able to see [courses] going to be offered the next semester is very helpful," said Alicia Carroll, registrar.

Carroll said the goal of a viewable year-long schedule would be to help students and faculty to think "holistically" in terms

of registration.

Carroll said students are "bottlenecked" by courses that fill quickly, which affects their plans of on time degree completion.

"Planning is really key to all of this," said Carroll.

she said the full-year viewable schedule does not force students to have to register for a years' worth of courses or credits.

She said part-time and commuter students would benefit from the new schedule because it allows them to map out their work and home lives efficiently around their education in a way that is both flexible and benefits them financially.

SEE FULL-YEAR SCHEDULE, PAGE 2

Transgender Day of Remembrance

By Jacob Waring
Reporter

Students read the names of those whom had been affected by fatal transphobic perpetrators in front of Hilton C. Buley Library last week at the Transgender Day of Remembrance.

Hale Muncey, a junior and interdisciplinary studies major was one of the students who read the names of the victims.

"Vontashia Bell was a young transgender woman who was fatally shot on August 13th in Shreveport, Louisiana," Muncey said. "In her last Facebook selfie, she posted that she was finally feeling like herself again."

Those in attendance, about 50 students, stood in a circle and listened while holding candles.

Transgender Day of Remembrance ended with a moment of silence for the lives lost.

SEE REMEMBRANCE, PAGE 3



PHOTO | JACOB WARING

Hale Muncey, a junior, reading one of the names.

Phishing messages infect inboxes

By Jacob Waring
Reporter

All semester, some students have been receiving phishing emails that asked for their name, email address, password and telephone number.

Within these emails was a threat of student's accounts being, "De-activated from the Database within the next 3 working days."

John Jaser, director of

information system, and Jeffrey Otis, director of information systems—cloud computing, both said the goal of the phishing scammer in this instance was to compromise as many accounts as possible and it seems to be proving successful.

"We average about 5 to 10 students a day, falling for scams like that," said Jaser. "Once their account is compromised, the scammer uses a @southernct.edu account to send additional

[emails]."

According to Otis, it is easier to combat scam emails when they come from external places like other counties or illegitimate domains. Yet, when it is a compromised account such as a @southernct.edu one, it is much more challenging.

"It's hard for us to filter that because we don't know if that's not legitimate as you could be sending out a questionnaire to a hundred people asking for some

information because we don't do a deep dive of the email due to privacy reasons," said Otis.

Otis said the system would start recognizing familiar patterns and prevent them from proliferating. Back in the 90's and early 2000's the patterns, such as misspellings, keywords and the high frequency where a "digital fingerprint," as Jaser said, could be easily blocked.

Gmail, Outlook and other

email providers, according to Otis, are cloud based and an A.I. screens through all the spam where only one percent would land in students inboxes.

Otis said the scammers know most large Internet Service Providers will not block an @edu address, and they can keep sending out emails. The A.I., in this case Outlook, will not notice until the volume of emails sends triggers to the A.I to become suspicious and spurn into action.

Luckily for students, the scammers trying to get student's information are not using it for anything malicious beyond annoyance according to Otis and Jaser.

"The good news is what going on at Southern, is mostly trying to get students or faculty just to expose their password," said Jaser. "And then not going after them for their bank account or steal from them, just use their account.

SEE PHISHING MESSAGES, PAGE 3

Advising model

Continued from Page 1

According to Tyree, SAP is used by FAFSA in order to determine whether or not a student is making progress towards earning a degree within a certain time-frame.

Monique Harriott, a senior and exercise science major, said in the five years she has been at Southern she "never felt supported."

"Freshman year, I feel like that's the most important year for students to - especially as college students - to understand what are we doing here," said Harriott.

Harriott said she feels advisers should help students filter through a student's likes or dislikes and strengths so they do not waste two years trying to "find themselves" and end up not graduating on time.

"I feel like the point of advisers [are] to help us through our college tenure and that was not the case," said Harriott.

Harriott said at this point she just goes to her adviser solely for a PIN number to register for the following semester.

Caroline Adams, a sophomore and pre-early childhood education major, said she had group advising but would prefer one-on-one advising.

Kelly Sullivan, a junior, said she just switched from being a biology major to an anthropology major.

"My previous biology adviser, I was in there for like five minutes and they didn't really give me much guidance," said Sullivan, "but my anthropology adviser, I was talking to him for like almost a half hour."



Social work professor Elizabeth Keenan.

PHOTO | TAMONDA GRIFFITHS

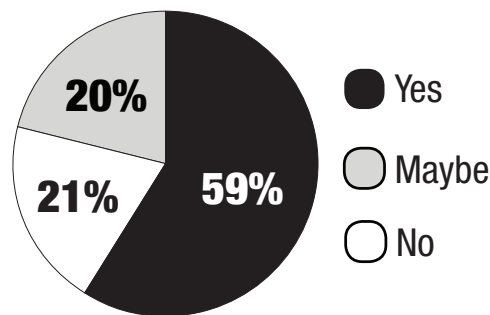
Full-year schedule

Continued from Page 1

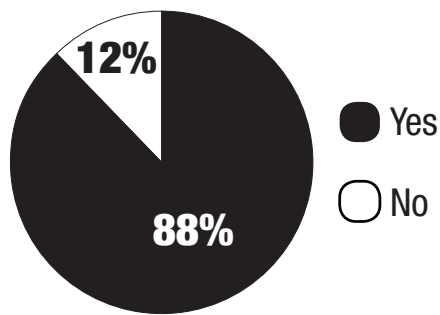
Academic Scheduling Student Survey

The Academic Year Scheduling Task Force recently surveyed 1,806 graduate and undergraduate students about Southern's scheduling policies. Here is what the 744 undergraduate students had to say:

If the full-year schedule were available in March, would that be beneficial to your class planning?



If Southern had a waitlist feature for classes that reach maximum capacity, would you use it?



INFOGRAPHIC | SAM FIX

Source credit: Academic Scheduling Student Survey.

Carroll said although those non-traditional students do not often graduate in the traditional 4-year timeline, it does not mean they want to be in school for over a decade.

"It can't hurt to see a full-year schedule," said Carroll. "I couldn't think of anybody in my mind who was gonna be disadvantaged by being able to view the plan or the upcoming year."

According to Carroll, the survey polled around 1,800 students.

In addition, she said the "strongest points" on the survey was course wait-listing.

88 percent of undergraduate students surveyed said "yes" to being alerted when an open seat of a class that had been filled is vacant.

Carroll said although wait listing was a very popular category on the survey, there is a lot of organizing and planning that would have to be done to efficiently implement such a system.

According to Carroll, Central Connecticut State University uses wait-listing during registration periods.

Carroll said another suggestion that had been made during an Undergraduate Curriculum Forum meeting was the offering of financial aid during summer and winter sessions

Currently, said Carroll, the winter term does not offer financial aid assistance because of the length of the term and the limited number of courses

offered.

"We only have so much money for the year," said Carroll, "so the question is how do you cut it up over the terms?"

Carroll said the statistics that stood out to her the most were 24 percent of undergraduates surveyed were willing to take summer and winter courses in order to accelerate their degree completion as opposed to a catch-up period.

"So, let's focus on not only offering the LEP courses but the courses that can - that usually bottleneck in the fall and spring," said Carroll, "that should also be offered in the summer for those people who want to get ahead."

Zhane Ellison, a sophomore and bio-chemistry major, said she woke up 6:10 a.m. to register for classes.

Ellison said being a procrastinator, she personally may not find a viewable full-year schedule beneficial, but students who "want to be ahead of their time" will.

Kelly McGinniss, a sophomore and recreation and leisure major, said she only got into two of the classes she needed to take next semester because they had filled up.

"I had to, like, ask for permission in all my other [classes]," said McGinniss.

She said it had been a stressful experience and ruined the remainder of her day. She said a viewable year-long would make

registration a much less stressful experience.

"That's like high school, I feel," said McGinniss, "like it's - you know what you're gonna take."

Carroll said an "overwhelming" amount of the comments made on the survey were about the morning of registration for various grade levels.

On the morning of senior registration, 14 minutes after registration had officially opened, the IT Department issued a

campus-wide statement alerting students that BannerWeb could "experience delayed loading times."

"I knew it was an issue, but I've worked in [the Registrar's] office for a year and I've worked at the university for four years," said Carroll. "I didn't realize how much of an issue."

Carroll said fixing the registration system was number two on their priority list following the idea of wait-listing.



Registrar Alicia Carroll.

PHOTO | TAMONDA GRIFFITHS

Banquet illustrates class differences



PHOTO | JACOB WARING

Students categorized into their income-earning classes.

By Jacob Waring
Reporter

Students were separated into three separate economic classes at the Oxfam Hunger Banquet and given characters based on the stories of actual people

to stimulate the struggles that poverty causes to people.

Rachal Hara, senior and psychology major, said she was glad the event expanded beyond the lens of American poverty and took on a global perspective.

"It was enlightening because I like the fact it was an

international view, and not just American views," she said. "I expected it to be just American poverty which is in its own right horribly high."

The masters of ceremony were Gianna Mastroianni, a sophomore political science major, and Jamil Harp, a junior communication major read from a script provided by the Oxfam Hunger Banquet., which they laid out statistics about poverty.

Students were then instructed to stand-up and separate into different poverty groups to illustrate the stories of actual people.

Those who were categorized as high-income earners were seated at tables with tablecloths and a flower centerpiece. While the middle-income earners were seated at tables with little setup. The low-income earners were seated on the floor with flat cardboard boxes as their tables.

According to Sabrina St. Juste, a Violence Prevention, Victim Advocacy and Support Center graduate intern and was part of the committee that oversaw this

event, said the setup was meant to illustrate the disparities between different classes.

"Believe it or not, we had students that were like glaring here and there, they're like, 'What's going on over there? Like why are they getting served,' it really kinda opened a lot of students' eyes," said St. Juste.

She said the reason people sitting at the high-income tables were getting served food and allowed to eat first was to show qualities of economic privilege.

Hara said she understood what the low-income group was experiencing due to her own personal experiences.

"[When] I grew up... food was never an issue, but money was tight," she said. "I knew how those people felt on the floor because [I have] been there."

Keynote speaker Steve Werlin, the executive director of Downtown Evening Soup Kitchen in New Haven said poverty goes beyond putting food on the table. When factoring the various bills and daily stresses it can become more complex to address; money

for food can equal no money for to pay the bills, which could eventually end in homelessness.

"We're all working on addressing poverty, all working on addressing the same thing," said Werlin.

There was also a discussion with students that was facilitated by Stephen Tomczak, social work associate professor.

"Certainly, I could've said much more than I did about my own ideas about how to address, for example: global poverty, economic inequality and various systems of oppression. I did want to see if we could elicit responses from the participates as so they can offer their ideas and based on the experience they have gone through. I think we got some of that," said Tomczak.

Hara said she would have incorporated one aspect to the banquet that she felt was lacking.

"It stinks that we couldn't do interclass warfare by trying to steal some of their food," said Hara. "Because that is a thing that does happen. I wish that option was opened."

Sleep Out America

Continued from Page 1

"We as citizens of this world have an obligation if we're advantaged at all to make sure that the world is a better place for those who aren't as advantaged," Tomczak said.

He said hopes staging "experimental activities" like Sleep Out Southern will give students a sense of what homeless people

are going through in their lives.

"We do this for a short period of time—a night, a few hours, whatever it is," he said. "But you always have to keep in mind that... in the real experience of homelessness, not only are you doing it this night, but the night after that and the night after that."



PHOTO | PALMER PIANNA

Outside of Hilton C. Buley library during Sleep Out Southern.

Remembrance

Continued from Page 1



PHOTO | JACOB WARING

Students and staff giving tribute to victims of transphobia.

Muncey said it is important to speak about such tragedies as the media does not mention the victims as often as they should.

"It's emotional," Muncey said. "It's definitely like, as somebody who's part of the trans community, very visceral to hear about other trans people being killed, and like the details of that."

Olivia Carney, a graduate intern at the SAGE Center, whose mission is the promotion of inclusivity for LGBTQ+ and providing programming, advocacy, and support to students that they benefit, said most of the people they were remembering that night were trans women of color.

The idea, she said,

was to show that the LGBTQ+ community is composed of multiple minority statuses, intersecting identities and is more than just either classifying someone as a member of the LGBTQ+ community or not.

Carney said the day of remembrance was held in the rotunda of Engleman for the last two years. The change in location,

according to her, was the idea that social justice can inspire uncomfortable angst when discussing critical issues or deaths. She said sometimes people must make themselves uncomfortable to address critical issues. Thus, holding the event outside embodies that way of thinking.

"Being outside in the middle of November, seems like a good way to mirror the discomfort that a lot of people feeling in a physical sense, like a metaphorical discomfort," said Carney.

She said she estimated around 50 people attended, which is an increase from the previous year's 15 individuals.

Miranda Fabre, a junior and social work major, said it restored her faith in humanity a little bit because seeing that many people show up for the event showed that people do care.

"It's pretty powerful seeing almost 50 people show up for something that was really publicized. So, its really great these people are honoring those who were killed," Fabre said.

The Transgender Day of Remembrance was just one event in a week-long Transgender Awareness Week. Posters were placed all over campus of the stories of those who died due to transphobic people.

On Nov. 15, "Little Miss Westie," a documentary that chronicles the lives of two transgender siblings during an era of Trumpian politics, was shown.

Phishing messages

Continued from Page 2

What we're seeing in this case is that [scammers are] simply blasting out more emails."

They said the best way students can combat these phishing emails is by flagging the emails which helps the A.I. respond quicker. Both Jaser and Otis confirmed the IT department is doing everything they can to prevent such scams and phishing emails, but said they will always have problems behind such emails, as scammers find new ways to subvert

protections implemented.

Political science major, Bret Baribault, one of the students who received a spam email, said he did not know it was a scam but erred on the side of caution. Baribault had suspicions of the phished email due to the content embedded within.

"Like, why the hell would the school want your phone, your email, and stuff like that. Like, wouldn't they already have that?" said Baribault.

Gordon Adshade, a physics major, said he noticed the spam emails

due to how they are written and the recent one going around was obvious.

"I know they're scam emails because a lot of them have grammatical or spelling errors and the general message that they say doesn't make sense," he said. "The most recent one did strike me a little off guard but once I got the, 'Hey, suspicious activity' and I was like, 'Alright, I didn't do anything special,' which made me catch on that it was a fake email."

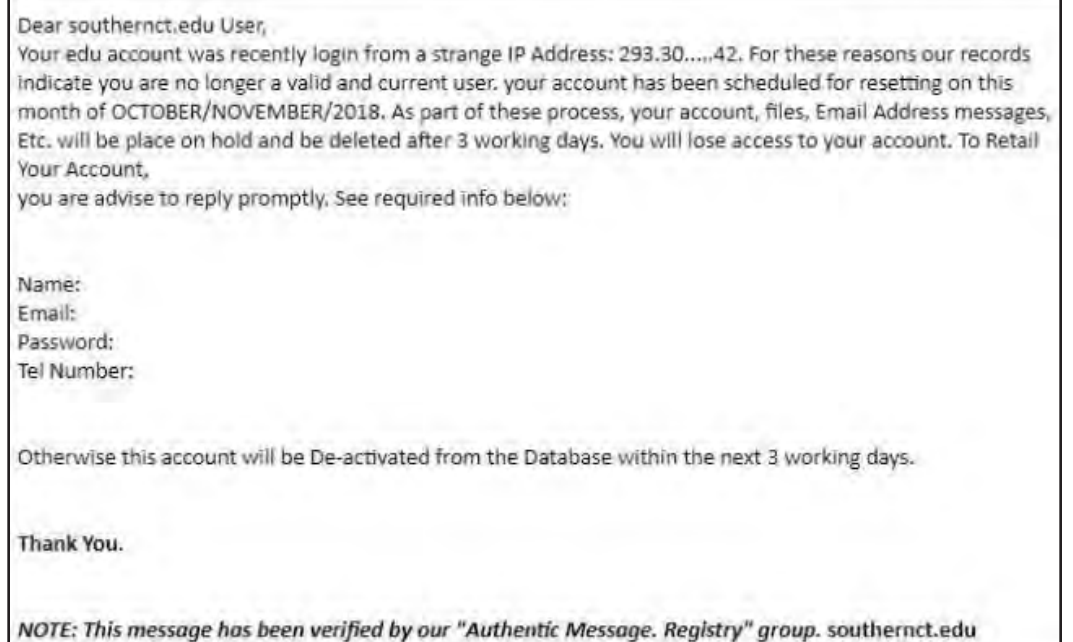


PHOTO | JACOB WARING

One of the phishing emails students have been receiving.

A hair story with a history

By **Essence Boyd**
Copy Editor

As acceptance of natural hair in the black community continues to grow, so does the population of fraudulent culture. Queens such as Solange, Lauryn Hill and Erika Badu (the list goes on) have taught me not only how to appreciate my hair, but have educated me on the power I hold in each un-tamable coil. Now, I understand that the hairstyles may seem trendy and the jewelry that we attach to our hair may be unique. However, that does not give you green light to impersonate it. Before you sit down in a salon chair and weave centuries of silenced "hairstory" to your scalp, please take a moment to truly understand what you are taking on. Are you prepared to take on years of shame, judgment and struggle, or is it all for an

Instagram photograph? Before I offend anyone, allow me to clarify that I do not agree with the statement that there are hairstyles designated only for black people. You must understand and respect that this fad, for you, is embedded into blood and rooted in my culture.

Understanding the culture of black hair means not only knowing the life of, but respecting the first American self-made millionaire, Madam CJ Walker. Understanding means not labeling a white woman brave and chic for braiding half of her head and labeling my "fro" disturbing and unprofessional. Most importantly, understanding means knowing what questions, actions and statements are appropriate. "Can I touch your hair?" "how did you grow your hair so fast," and my all-time favorite "is that all your real hair" are

not and will never be an acceptable question to ask anyone. If you contribute to the slander of black women, you cannot take part of any aspect of black culture, as without us, there would not be a culture to appropriate. To adore black culture with little to no knowledge, care or advocacy for black issues and history is nothing short of disrespectful and will not be tolerated.

As a black woman with natural hair on this campus, I have seen the glares of disgust, confusion and embarrassment thrown my way as I walk around. I have also seen white women on this very campus with cornrows, dreads, and box braids receive praise for following a Kardashian-Jenner cultural appropriation tutorial. The frustration not only comes from the invasion of cultural privacy but the entitlement that comes attached to it. Not

only is our culture taken from us, but once it is constructed to fit societal standards, black women are taunted for wearing the styles that were made for us, by us. So please believe when I say anyone who believes cultural appropriation is not real or does not need to be addressed can leave the discussion.

Black hair is an extension of one's personality, beliefs and rights. The hairstyles that appear on your social media feed and are plastered across the pages of magazines have been based on for generations. When wearing the hairstyles, you are attempting to place yourself in a culture you were never a part of. Anyone who has the privileged to dip in and out of black culture needs to be mindful of history behind the styles they choose. For most of us, our culture does not get erased once we take out the braids.



PHOTO | AUGUST PELLICCIO

Essence Boyd, Southern News copy editor.

Book store prices reflect a monopoly on the Southern brand

By **J'Mari Hughes**
Reporter

When I shop in the school store, it is strictly because I want a snack and forgot to bring one to campus with me, not because I willingly want to spend two dollars on a bag of air that happens to have a few chips in it. If I am ever paying for a new textbook from the school store, it is because after searching far and wide, I

could find it no place else, not because I willingly want to spend half my paycheck on a book I would never buy if I was not in school.

Often times I buy a bagel from Dunkin Donuts in the Student Center, which costs me over a dollar more than what I would pay at any other Dunkin. It was the simple white t-shirt beholding the words "Bend and Snap" priced at \$30 that really made me wonder: Since when is a

school bookstore the place to find clothing based on early '00s movies and more importantly, why is school merchandise so expensive?

I roamed around a few stores on campus and looked at their prices: over \$2 for Sour Patch Kids, over \$3 for chocolate covered pretzels, and the bizarre misconception that \$5 for two bottles of water is a good deal. In the past I saw a bag of candy for \$0.44, and I was extremely confused. It was not

expired; it was not in the clearance section. I decided to buy it, whether the price was a mistake or not and when I discovered it was not, of course I bought another couple of bags—it was only \$0.44. Recently, I saw the same bag of candy for \$1.59.

My favorite part of the bookstore, the clearance section, sells clothes for 25 percent less than usual. That is a deal, but one may still find him or herself spending \$40 on a

sweatshirt. Perhaps these businesses know that since they are the only ones selling the university brand, they make them as expensive as they can. If students want them so badly, the bookstore is their only option.

According to the National Association of College Stores, the average student spends \$655 a year on textbooks, but not me. Having been in college for two years now, I have learnt that when

in need of textbooks, the bookstore is not the place to go unless you like spending unnecessary loads of money. A textbook I once needed sold for \$85 in the bookstore and I got it online for \$30. But as my professor once said, textbooks are expensive because their writers need to make money somehow.

Alex Neal, CEO of Campus Books, told the New York Post that since publishers do not make money off of used-book sales, corporate book companies use their business is to try and eliminate old editions thereby forcing students to buy new ones. New ones that, according to the Huffington Post, are 812 percent more expensive than they were 30 years ago.

With sites such as Chegg, eBay, and Campus Books, students are able to purchase their necessary textbooks for a fraction of what they would pay in a school bookstore. As for snacks, of course there are drug stores and convenience stores for those who do not want to pay that extra \$0.75 for candy. Though I am sure we would all appreciate it, I do not see school stores lowering prices any time soon. They need to make money.



PHOTO | AUGUST PELLICCIO

Exterior of campus bookstore in the Adanti Student Center.



PHOTO | AUGUST PELLICCIO

Nylon, collared shirt in the bookstore, priced at \$45.71, with tax.



PHOTO | AUGUST PELLICCIO

Wind-breaker jacket on sale in the bookstore for \$63.79 with tax.

SOUTHERN NEWS

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Southern News welcomes any and all comments and suggestions. If we make a mistake, please contact us and we will publish a correction or clarification in the next issue.

We are the student newspaper of Southern Connecticut State University, and we welcome the writing of all Southern students and faculty.

To submit a piece, email it to scsu.southern.news@gmail.com, or stop by the Southern News office on the second floor of the Student Center, Room 225. Electronic submissions are preferred.

Opinion Columns are 500 to 800 words and Letters to the Editor are a maximum of 400 words. They must include the writer's name and phone number for verification. We reserve the right to edit for grammar, spelling, content and length.

Looking back: Fall of 1991



Student's death shocks campus

On Aug. 22 a fight broke out in a New Haven pizza place. The result: one student was shot to death and another was wounded.

Guy Young, a 21-year-old graduate student, was killed during a brawl at Broadway Pizza. The other Southern student, Sean Dingwall, was shot in the thigh. Young and several friends were visiting local clubs. One student who saw the group said Young seemed in a good mood and did not seem to have been drinking much.

New Haven Police arrested one person in connection with the shooting as well as getting a warrant for the alleged shooter. Young was a business major at Southern who had graduated the previous May.

"Young was not only one of my best students," said Southern Philosophy professor Steven Gold, "but he was one of my best friends. He is the one student I spent the most time with."

Gold said Young could make handling a job, school and much more look effortless. He said he would approach work in a relaxed and "fun way."

A group of friends and teachers said they were working on creating a committee to honor Young. One such person was Peter Boppert, Young's employer at the Learning Resources Center. He said he deplored the conditions that brought on the shooting.

"It's a tragic thing; there are too many guns and people who don't know how to use them," said Boppert. "It is so easy for Young people to get guns. Ten years ago this might have just been another fist fight and nothing more."

Kyle English, the alleged shooter, was arrested in Aug. of 1993 on a warrant and held on a \$450,000 bond.

More from Fall of 1991

August:

- President Michael Adanti and other Southern faculty were on a trip to Russia to increase the size of Southern's foreign exchange program with Russian students during the failed 1991 Soviet coup d'etat.

September:

- All Connecticut colleges and universities are mandated to report crime statistics to employees and students each year.

October

- Governor Lowell Weicker requests that Southern layoff 62 employees.
- The university installs 12 emergency phones across campus.

December

- Tuition at Southern is raised from \$1,380 a year to \$1,518 a year.

Compiled from the Southern News archives by Josh LaBella, Managing Editor

Vista member strives to end food insecurity

By Victoria Bresnahan
News Editor

Some students suffer from food insecurity. Aleyra Lamarche, a Campus Compact for Southern New England AmeriCorps vista member, who works to improve the college experience for students suffering from food insecurity, said so herself.

"So, it's me trying to educate the campus that there are these students that exist on campus," said Lamarche, 22-years-old and recent alumna of Holy Cross, "But, also this culture of you know living off of cheap food is not okay, and it means that there is a deeper issue there."

Vista members, specifically, manage poverty issues in higher education and create programs at their institutions that will have longevity, she said. To help with this issue, Lamarche said she is brainstorming different ideas and programs to create better resources and bring awareness to students.

Although she

can research what other universities do to manage this issue, Lamarche said she is trying to find a solution solely for the university considering how many students commute.

"A lot of the times those programs don't work here," she said. "And, it's me trying to imagine what works here, what are the problems here."

One of her goals was to help organizations like the Mobile Food Pantry to better connect to the university. Now, there are about 14 to 16 students using the resource.

The Mobile Food Pantry's volunteers, who Lamarche said are "very supportive of each other" and the students who use the resource, come to campus for two hours each month.

"It is just a pick-me-up almost," she said. "Even though it's a service that, at the end of the day it is kind of sad that these students need these resources, it is also great to see that these interactions aren't negative."

A 2016 Wellness Center student health survey found 30 percent of Southern students



PHOTO | PALMER PIANA

Aleyra Lamarche, Campus Compact for Southern New England member.

may suffer from some form of food insecurity, according to Lamarche. A 2018 Wisconsin Hope Lab survey, which analyzes research concerning low-income students to create policies to help them succeed in their education, stated 36 percent of university students and 42 percent of community college students of the more

than 40,000 survey were hungry in the past 30 days. Lamarche said, in the long term, the university would like to have a group or individual help students with as many basic needs as possible such as food, clothing and textbooks. If students do not receive this help, she said this could lead to students being unable to focus on

their education. "If you can't get your basic needs met," she said, "then your life as a student it doesn't get better." Ultimately, Lamarche said she wants to be a student affairs professional and continue to work with struggling college students. Low income, first-generation, and minority students are some of the people she hopes to

someday help. "I tend to do this where I just pick things kind of, it's like a pattern," she said, "and I end up kind of working with the same group of people and then kind of in the same settings—in college or transitioning from high school to college. So, I just feel like I'm just going along for the ride, but somehow it all ties in together."

Holiday celebration begins too early, students say

By J'Mari Hughes
Reporter

Pamela Newark, a senior, laughed when she said that if Christmas decorations are going up in October, it is concerning.

While Newark's town house has had Christmas lights and a tree up since early November, she said "wait until after Thanksgiving" to start the next holiday.

In a study by Psychology Today, Deborah Serani, a psychologist, concluded that decorating early for the holidays can lift one's mood. Thinking about hanging stockings and exchanging gifts, as well as the color therapy from the lights and the nostalgia of past holidays,

she said, spike dopamine, thereby causing a feel-good emotion.

Not every student is in favor of beginning holidays before their respective months have come into play. Students Jaromy Green and Danielle Jusma both said they do not prefer to skip over one holiday and move onto the next.

"The internet decided that October is all Halloween and that anything after October is all Christmas," Green said. "It's just annoying." Green said he's seen Christmas decorations ever since everyone took off their costumes and switched their calendars to November.

After Thanksgiving, he said, is a much better time to start Christmas.

Jusma, a senior, works with children and previously held a Halloween party with them. It took place at an appropriate time in October, she said. Though it was not up to her to decide when the occasion was held, she said it was better to have the costume party towards the end of October and not anytime sooner.

Laurel Maher, a junior, said once December begins, she likes to decorate her rooms with white lights while back at home, her parents, also, adorn for the celebrations.

"We still have ornaments from when we were kids that my mom puts up," Newark said, "and there's a house



PHOTO | J'MARI HUGHES

Mike Bearile (left) and Jaromy Green (right).

in my town where if you connect to the right station, the lights go with the music on the radio and I love that."

Even before Thanksgiving, the radio reminds listeners how shiny Rudolph's nose is or that Frosty the Snowman came to life one day. But that's not an issue for Maher, who will willingly listen to Mariah Carey's "All I Want for Christmas is You." She said it is her favorite Christmas song, even when Christmas is over a month away.

Mike Bearile, a senior, said that even though he likes Christmas music, he only starts listening every year because it is forced onto him while he is shopping.

"It's like literally the day after one holiday, the people start the next one,"

he said. Bearile said he enjoys decorating for all three holidays, putting up spider webs, pumpkins, Christmas trees, and his favorite, garland. When Green hosts Halloween parties, he said his decorations are generic, "spooky" ones that can be easily found in the dollar store, and that he enjoys it so much because of the costumes.

"It's the [most fun] of the three with all the movies out and I like snow," Bearile said.

"I love to spend time with family and not be at work or school."

These four students all said that Christmas is their favorite holiday all year.

"Christmas is so loving," Newark said. "I can't wait to watch The Grinch."



PHOTO | J'MARI HUGHES

Pamela Newark, a senior (left), and Laurel Mahler, a junior (right).

Students practice Ho'oponopono and more

By Jacob Waring
Reporter

Meditation Club provides students with the chance of securing their inner peace and learning to navigate the daily grind and stresses of college life. Denis Zack, adviser to the club said that the benefits of meditation are scientifically proven – it helps to activate the part of the brain that is responsible for neurological thinking and calming individuals down. “I love having a space where students come every week, and learn different types of meditations, and practice it on a regular basis,” said Zack. “They can hopefully incorporate it into their lives outside of these sessions.” On Nov. 19, the group was guided in a Ho'oponopono meditation, a traditional Hawaiian practice that comes from the word for “correction.” Afterward students meditated silently, either sitting at the table with their eyes closed, laying down on the floor or sitting in the corner with their hat covering their eyes. Soft music played while the lights were dimmed down. Chris Wilson, a freshman, communication major, said he joined the club a couple months ago, and was recently elected public relations co-officer. He said his passion for meditation started when he was searching for tools for coping with stress. Upon discovering and joining the club, he found that it expanded his understanding of meditation. “I thought there [were] only a couple of ways of meditating,”

Wilson said. “Then I found out there was all these different things such as positive affirmation, guided meditations, silent meditations. The club has exposed me to different meditations,”

Meditation Club's public relations co-officer Annie Prusak said she liked to meditate with a beanie hat covering her eyes. Prusak, a sophomore, communication disorder major said the club does not have strict rules about how students meditate, and they are open to different methods.

“Some people prefer to sit at the table, some prefer to sit on the ground,” said Prusak. “I like to sit on the ground in the corner, and I had my cap over my eyes because of the light as it's less distracting for me when I meditate.”

Prusak said it is dependent upon how students feel most comfortable. Some, she said, lay down on the floor to get the most out of their meditation. She said that club members have yet to discuss why they prefer the methods that they do to calm their essence.

“From a week to week basis we generally like to switch it up,” said Prusak. “We have gone outside, where we will meditate outside on yoga mats usually in a circle, usually in silence but with the sounds of the world around you.”

Week to week they either try something new or find new meditation methods that people prefer. Prusak said the goal is to expose everyone to new meditations, and find out what everybody likes the most.

Sarah Zuiewsk, a sophomore, social work major, was recently elected secretary of the club for the spring semester.

She meditates with her eyes open, which she said is an uncommon method. “For me, it helps me to just gaze at something,” said Zuiewsk. “That's just my process, because closing my eyes kind of freaks me out.”

Zuiewsk said she prefers guided meditations because she is a more structural person. She said it helps her to lay down flat on the floor or a table.

Meditating on Mondays, she said, sets the tone for the rest of the week. Zuiewsk said she appreciates the club, because they make her feel like she belongs.



PHOTO | PALMER PIANA

Alfred Mingrone and Anna Prusak, Meditation Club members voting on executive board positions for the spring semester.



PHOTO | PALMER PIANA

Denise Zack, adviser to meditation club, and Chris Wilson, a freshman, communication major.

Product placement in films can be excessive, but clever

By Jessica Guerrucci
Contributor

When some people see name brand products and logos in their favorite TV show or film, it jumps right out at them. Others, not so much.

The concept of placing a product in a TV show or film is received differently by various

students. Some said that they find it to be distracting, some said that they do not mind it, and others said it does not have any effect on them.

Tyler Shand, a communication major, said it depends entirely on how he feels about the product. Shand said that if he likes the product, he does not mind seeing it, but

if he does not, he finds it to be a waste of time.

“I don't know what movie I just saw, but there's something for Toyota, and they said their catchphrase and that was a little bit too much,” said Shand. “They should've just left the car they had.”

On the other hand, some just find advertising in TV shows

and film to be distracting. Stephen Spangler said he is not a big fan of product placement, and if it is done, he prefers it to be subtle.

“Film is meant to give you an idea or something to enjoy,” said Spangler. “It's not meant to be an advertisement.”

Other students said that they think product placement is a good way for companies to advertise their products. Shannon Netter said that the characters in the TV shows and films have an impact on the audience and herself.

“A lot of people watch films and TV and they're influenced by the characters and what they do in them,” said Netter. “So if they're drinking a Coke product, they're obviously going to want to go and buy a Coke product.”

Nico Cappello said that one of the product placements that stuck out to him was in the movie “Little Nicky.”

“It's with Adam Sandler, there's this scene where he's sitting on a park bench next to his dog and just chowing on some KFC,” said Cappello.

Shand also said that he has seen product placement in the TV series, “Stranger Things.”

The character Eleven is always eating Eggo Waffles.

Another student, Mireille Jaser, said that she does not feel that she is the target audience when it comes to advertising in films, people who are impulse shoppers might go out and buy the products that they see on the screen.

Cappello agreed with Jaser and said that whether product placement is effective depends entirely on the audience.

“For certain people, they are going to go out and probably think about buying the item, whatever it is,” said Cappello, “but for certain people also it will just be, oh look, another blip in the timeline of the movie.”

Jaser said that for her, product placement has no effect on her and just sees it as part of the movie. Cappello had a similar perspective and said that while he believes some people go out and buy the products, for him personally, the advertising does not bother him.

“I don't think it's distracting at all, actually,” said Cappello. “It's just kind of like a pop-up. It's part of the movie, so you kind of just keep going with it.”

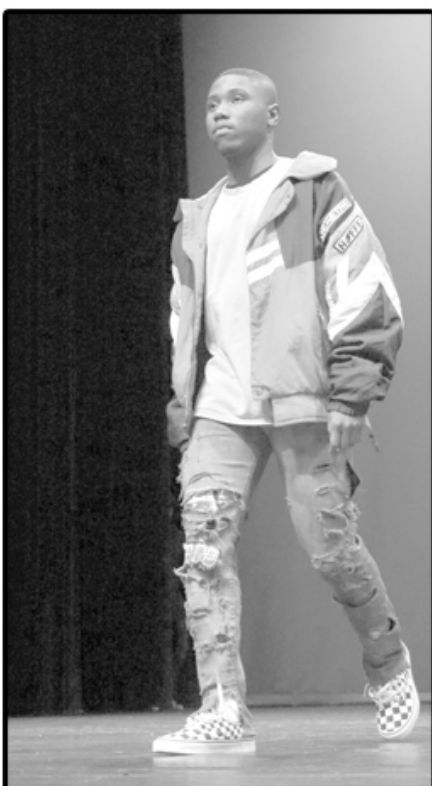


PHOTO | JEFF LAMSON

Street-side view of Criterion Cinemas movie theater on Temple Street in New Haven.

FACE Models host fashion show for Social Justice Month

Photos by Palmer Piana
Photo Editor



The role of politics in music, ads and film

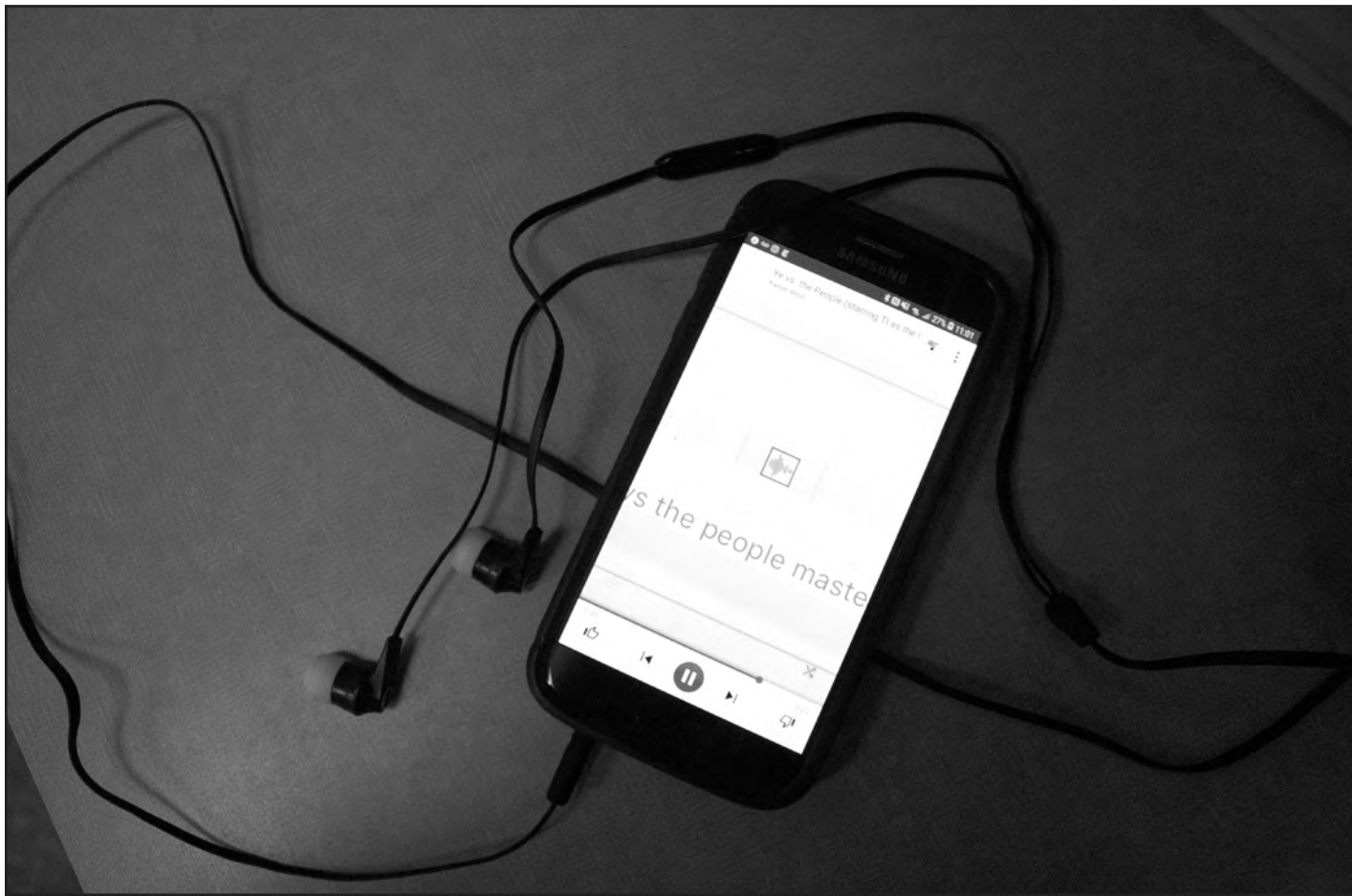
By Jacob Waring
Reporter

Eminem's anti-Trump rap at the 2017 BET Hip Hop Awards. Kanye West's "Ye vs. the People," which featured Kanye rapping praise upon President Trump and Jim Carrey routinely paints portraits of politicians or political situations with his perspective. Television, movie stars and musicians have been on talk shows expressing their political messages for years.

These are just a few examples of artists incorporating politics into their work. Student opinions ranged from wanting the arts and politics to be separate to viewing relationship as symbiotic for better and for worse.

Joshua Rizek, a senior and philosophy and political science major, said there is nothing wrong with having messages in political art as it is a different, perspective in seeing the world. He thinks an artist's voice, regardless of being conservative or liberal, should be respected for what it is, and not as an end-all-be-all source of information.

"I think we need to be aware of the actual truthful weight of art,"



Kanye West's "Ye vs. the People" playing on Google Play.

PHOTO | JEFF LAMSON

Rizek said. "I'm not saying artists are not informed but they're not informed, because they're artists."

He said he could see what Rosanne Barr was trying to do with the revival of her show, but comments she had made on television made the show and actor controversial. Rizek said it

depends on the context.

"So, late night talk show hosts, are literally all on one side and they scoff at anyone in the middle of the country, but I see it, and there is certain context where it's polarizing," said Rizek.

Idongesit Udo-okon, a senior and geography major, said that for her,

it is dependent upon the nature of the piece when it comes to advertisements. If an artist or organization was not originally in the political arena then she said it was not acceptable in her eyes for them to stray into politics.

"If the ad is from a company like Pepsi or whatever, then I kind of

don't agree with that, but if a politician wants their own ad then I think that's fine," she said.

Udo-okon said that artists have every right to incorporate their political messages within their music, films and other art pursuits. She also said that art is an expression of the person's self, so it is only

natural they would want to include their political slants.

"I might not agree with someone else's political views, but if they want to put it into their songs then they can do it," she said.

Joe Priester, a senior and biology major, said he believes that everyone is entitled to do whatever they want in terms of incorporating political messages into their art. Priester said it is up to the individual to decide whether to continue to support an artist, a philosophy he follows himself.

There is a double standard, said Priester. When someone's personal view does not align with another, they do whatever they can to discredit those political messages. He used Taylor Swift and Kanye West as an example of such standards.

"For example, Kanye West and Taylor Swift, it's easy to say 'They're just musical artists, what do they know about politics?'" said Priester. "They're people and citizens just like us. It's a way to discredit people as far as double standards go, they're always going to be around and it all comes down to a matter of interest."

Students discuss celebrity endorsements for politicians

By Jacob Waring
Reporter

Stacey Abrams, who was running to become the first black woman governor of Georgia, had Oprah endorsing her. Taylor Swift endorsed two democrats in Tennessee and Beyoncé endorsed Beto O'Rourke, who hoped to nab Ted Cruz's Senate seat in Texas.

Ludacris, John Legend, Cher, Travis Scott, Rihanna, Amy Schumer, Kid Rock and Ariana Grande all endorsed political candidates in the last midterm cycle.

But whether or not celebrities should be involved with politics is still up for debate.

Lizzy Goul, a biology major, said she could not name any of the endorsements because she does not follow politics.

"They have the right to tell people to vote for whomever they want elected," she said. "Just like I have the right to be like, 'Oh yeah, you should vote for this person,' I think it's ethical."

Colette Gleed, a senior and sociology major, said that it is a mechanism for pushing ideas onto people, and it is not authentic but it is positive in times of change.

"I definitely think that a platform that a celebrity has can really push people to vote, and I think that in general that people are a little more mindless than they realized when it comes to politics, they'll likely follow someone they idolize," said Gleed.

The bottom line, she said, is that she cares

about how a celebrity is supporting a politician. She said that, as an example Taylor Swift encouraging her millions of followers to register to vote is more productive than an artist like Kanye West polarized fans with his outspoken support of President Trump.

"I feel like if somebody like Kanye West, who has such an impact on a lot of people lives, endorses somebody like Trump, facilitates what he says and feels, then that's pretty damaging to a lot of people," Gleed said.

She does not feel that celebrities should be prohibited, or chastised for wanting to support a politician of their choosing despite being an artist in their respective discipline.

"Everyone is a citizen, everybody has their own idea. I think that if you have the platform, and you're capable of inspiring a lot of people, then it's definitely understandable that they would do that. I don't think they're stepping over boundaries," Gleed said.

Senior and physics major Patrick Murphy, said he does not think that celebrities have the expertise to act in the political field, and that does not matter what they think.

"I think everyone's opinions have different values," said Murphy.

Murphy said that despite people's talent making music or movies, those people do not look at all of the facts available, and that they and others base their opinions on their feelings.

Darius, Roberson put on soul striking show at Lyman Center

By Haljit Basuljevic
Contributor

The John Lyman Center for the Performing Arts was packed Saturday night for another entry in the venues jazz series.

Darius soulfully kicked off a solo that received a wave of thunderous applause. He was accompanied by the saxophonist was Grammy award-nominee and R&B singer Eric Roberson whose "cool cat" persona electrified the crowd.

The 1,500 person capacity theater was nearly full, the audience awaited with eagerness while the dimly lit stage was occupied by band members checking and tuning their instruments. The moment was enlivening as the audience was ready to vibe with the

Motown-inspired tunes. Some even before the show were beginning to catch hot feet. So, when Eric Darius came out, he came out blazing.

With a contagious energy, Darius weaved through the aisles as if the music told him go wherever it wanted. Often, he would stop by the edge of a row, and would either improvise for the lucky fan or shake hands with the rest of those seated. His playing was jubilant, dynamic, and cool.

One of the highlights of the night was when Darius performed his hit single "Going All Out". He said that one of the best moments in his life is when "Going All Out" peaked at No. 1 on the Billboard Top Contemporary Jazz chart back in 2008.

After a few songs, he

spread much love to the crowd before introducing everybody to Eric Roberson.

With the demeanor of Cee-Lo Green and a crisp voice to match, Roberson performed "Picture Perfect," a dedicating love song whose lyrics evokes comparisons to the Song of Solomon from the Bible. The two artists finally turned into a duo, feeding off each other's performance, and the crowd never stopped swaying in their seats as the songs moved from slow, soft ballads to high-tempo acrobatics.

In between songs when the stage was just his, Roberson had the crowd in hysterics when he talked about marriage and his life. There was never a dull reaction from the crowd when he tried to relate to them.

Much like their predecessors, the artists' message emphasize the spiritual interconnectedness of music, the rise above material wealth, showcased by songs like "Million Dollars," and living the Black experience.

Backup singer D Maurice, also called "DMo!" spoke about spreading the message in a musical form that is not as widely heard as it once was.

"We're not trying to do anything super-innovative," he said. "It's really all about the love."

More than just a pit-stop on his tour for his new album, "Breakin' Thru," Darius acknowledged Southern's Lyman Center as one of his favorite venues to play. And the crowd reciprocated with a roar.

Throughout the encore, many audience members felt free to finally detach themselves from their seats and start dancing. Several people had said that the shows Darius had put on never disappointed. Lawrence Tomascak, Lyman's director of programming, marketing, and event management said that the reception for the jazz series throughout the semester was nothing short of excellent.

"I've gone every time here to see Eric [Darius] perform. He's dope. He's got energy," said Courie Stevenson, who frequently attends the jazz shows at Lyman.

With an undefined schedule going into the spring as far as Lyman Center is concerned, Eric Darius' and Eric Roberson's return should almost count as a definite, although the question of when remains so far unanswerable.



The John Lyman Center for the Performing Arts.

PHOTO | JEFF LAMSON

SAGE Center honors trans murder victims

By J'Mari Hughes
Reporter

To commemorate Transgender Awareness Week, members of the Sexuality and Gender Equality center created posters to be displayed in a variety of places on campus featuring photos, biographies and positive comments of transgender people who have been killed.

2018 has been the deadliest year for transgender individuals surpassing the already high enough amount of

trans people that were murdered in the previous year, according to Mary Fitzgerald of the SAGE Center, an organization on campus dedicated to being a resource to LGBTQIA+ students.

"We want to show people that it's 2018 and this stuff is still happening so it's really prevalent," said the graduate student. "There's a lot of fear and anxiety out there and everyone needs to be aware of that."

Transgender Awareness Week is an observance that recognizes victims of transphobic violence.

Typically the second week of November, this occasion leads up to a day of remembrance, which the SAGE Center held Wednesday, Nov. 14 outside of Buley Library.

Gigi Pierce, described as "vivacious and enthusiastic," Diamond Stephens, with an, "incredible personality," and Cathalina Christina James, a dancer and a traveler, were all black women whom were fatally shot. Fitzgerald said that this demographic are more likely to experience violence.

"It's disgusting," said Hale Muncey. "In many states, even now, it's technically legal to kill a trans person if you are shocked by finding out that they're trans. You can completely get away with it."

Muncey, who identifies as they/them, said that when trans people are killed, it is not a coincidence as if they were killed in an accident; they were killed simply because they were transgender and a transphobic person decided to take their life away.

"The fact that people are being killed for embracing their own identity is horrifying and they deserve to be remembered," Muncey said.

SAGE member Miranda Favre said trans murder victims are not acknowledged well enough in the news.



PHOTO | J'MARI HUGHES

(Left to right) Mary Fitzgerald, Hale Muncey and Miranda Favre showing one of the poster for the SAGE Center's Trans Day of Remembrance.

Their faces are barely ever shown, she said, so people hardly know this is happening. Showing the posters around campus opens students' eyes to the unfortunate truth Favre said.

"You go to school and see 24 people [who were killed] right in front of you and you never even knew they were murdered," said Favre, "but they were."

Fitzgerald said the current presidential administration's attacks on the LGBTQIA+ community leave them scared and worried. She said a memo was recently released aiming to change the legal definition of gender, defining it as being part of one's biological sex.

"That is not what gender means and it's just an attack on the

trans community and an attempt to erase their civil rights," Fitzgerald said.

Fitzgerald, Muncey and Favre agreed that people should work together and become better advocates for the LGBTQIA+ community. Favre said that transgender people should be treated "like people."

"That'd be awesome," she said.

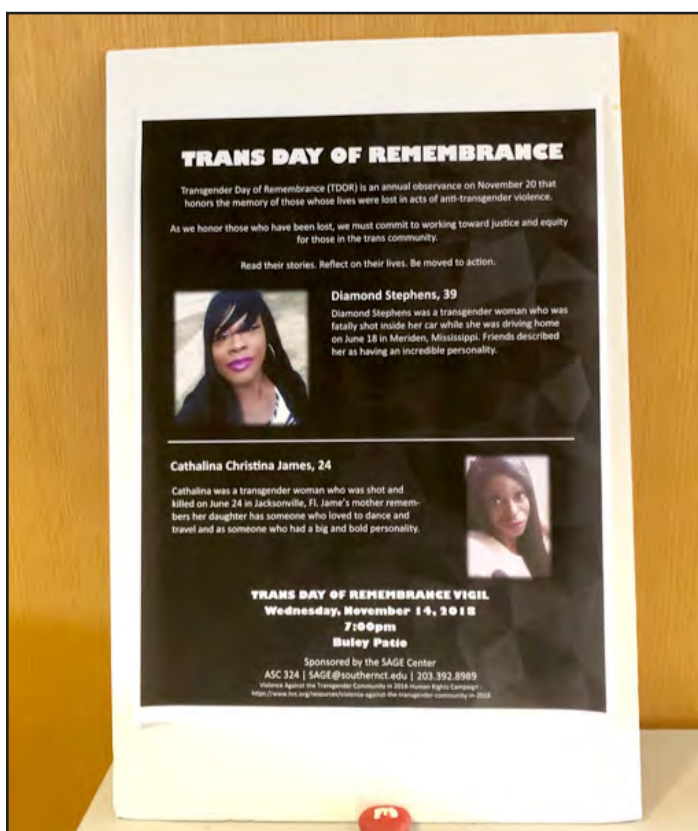


PHOTO | J'MARI HUGHES

One of the posters in Engleman Hall.

A fantastic follow up to franchise favorites



PHOTO | JEFF LAMSON

A poster for "Creed II" at Bow Tie Cinemas in New Haven.

By Jeff Lamson
Arts & Entertainment Editor

Audiences for "Creed II" should not expect a follow-up to "Creed" or "Rocky IV," but a story pulling from and building on each of them.

Ivan Drago (Dolph Lundgren) and his son Viktor (Florian Munteanu) arrive on the scene just as Adonis Creed (Michael B. Jordan) is named World Heavyweight Champion to redeem their name in the eyes of the former Soviet Union and of Viktor's mother.

While Creed's story arc is the same as the previous film, this film focuses more on the different relationships between father and son. Creed's individual identity, while still maintaining his father as a part of himself, is strengthened by the development of these relationships.

Viktor is a natural antagonist for Creed. Ivan having killed Creed's father, Apollo, but the concern was whether or not Viktor could be nearly as iconic as Ivan. Lundgren had a unique and powerful presence that continues into this film, but that Munteanu did not quite match. He was still an imposing presence, towering over Jordan and being well established as a powerful opponent.

Where the film really shines is in the multi-

directional conflict between Creed, his father's legacy, Viktor, Ivan and Rocky Balboa himself (Sylvester Stallone). The Drago's are given some much needed humanity and sympathetic motivations, an impressive feat given the history of the character.

A viewer might arrive assuming that they are mindless fighting machine's, but the conflict between them is strong. Ivan wants so badly to redeem himself that he nearly forces his son to make the same mistakes as he did, to live as a puppet, dedicating himself to someone else's cause.

The direction of "Creed II" is acceptable. While Steven Caple Jr. was able to create some visually compelling shots, performances from returning actors were not as strong as they were in the previous film. One could blame the actors themselves for that, but it is hard to look past that being a directorial issue when it is across the board.

He also had a liking for the now cliché and distracting slow-motion shot when someone is hit particularly hard in the face. What was a nice choice in one of the fights was using swaying and disorientating point-of-view shots in what felt like an homage to "Raging Bull," a nice touch.

Where the overall story

of "Creed II," is a strong drama between strong characters the writing seems to fail in some of the details. The voices of the commentators felt natural and unobtrusive in the last film, but here it clashes with the visual style and just seems like a writing crutch to over-explain to audiences what they would already know if they were paying attention at all.

The music for "Creed II," was strong even if not quite so memorable. There was a strong use of Bianca (Tessa Thompson) as a musician that lead to some strong story moments making those stand out. However, Jaden Smith's "Icon" was used as one of Creed's entrance song and that was probably a bit embarrassing for everyone.

There are minor issues with the film here and there, but "Creed II" is a competently made, interesting film with some great moments having some audience members cheering and clapping well before the credits roll. The complex relationships between the characters are truly fantastic and completely make the most of these characters.

"Creed II," is a departure from "Hearts on Fire," energy of "Rocky IV," but has plenty of its own triumphs and is a truly satisfying and worthy entry in this storied franchise.

Pfohl, Steinauer lead Owls to win in home opener



PHOTO | PALMER PIANA

Forward Jessica Fressle, a junior, shoots a free throw during a home game against Le Moyne on Nov. 17,

By Hunter Lyle
Sports Writer

In a game that came down the final fleeting seconds, the women's basketball team was able to defeat Le Moyne 65-63.

The Owls improved to 4-0 and 2-0 in the NE10 Conference - after the win. Le Moyne fell to 1-1 before.

Head coach and Southern alumna Kate Lynch said she was happy with the overall team success and endurance after playing so many games in such a short time.

"It was tough for us, we just played five games in seven days so we knew we weren't going to be as sharp as we normally are, but they just focused when we needed them to," said Lynch. "We got some defensive stops when we needed to and Amanda Pfohl really stepped up big for us towards the end. It was definitely a team win."

The game started off with tough defensive sets from both teams. In the first quarter, the Owls were able to come up with four steals. Le Moyne kept themselves in the game by forcing three shot clock violations and kept the score to 15-15.

In the second quarter, the rebounding of junior Kiana Steinauer, who almost had a double-double in the first half with 11 points and 7 rebounds, paired with the defense of junior Jessica Fressle, the Owls turned up the energy and took a 33-26 lead going into the break.

"We just ultimately want to stop the ball as much as possible. We have goals as a team and we want to try our best to get those," said Steinauer. "As a team, we want to do whatever we can to get stops on defense so we can execute on offense."

Between the Le Moyne potent third quarter offense, or the Owls starting with six misses, the Dolphins came back and eventually tied the game with minutes left.

With time winding down in the game, the Owls and the Dolphins fought for every possession. The Owls were able to get hot from deep, Fressle and senior Amanda Pfohl hitting a combined five threes in the final minutes of play.

The game came down to a final possession from Le Moyne, with the score set at 65-63 and just seconds left on the clock, but the Southern defense held through and sealed the win.

"I actually like playing in tight games better than blow outs," said Pfohl. "Mentally you're more involved in the game, it's more exciting and you definitely try harder. It's more adrenaline."

SEE WOMEN'S BASKETBALL PAGE 10



PHOTO | SOUTHERNCTOWLS.COM

Guard C.J. Seaforth, a sophomore, during a game earlier this season.

Seaforth showcases skills in blowout win over Caldwell

By Hunter Lyle
Sports Writer

In their second appearance in Moore Field House this season, the men's basketball team was able to topple Caldwell University 81-69.

After a tough 67-62 loss to the University of the Sciences last Sunday, freshman guard Michael Mozzicato said the whole team knew they needed a win.

"Just knowing that we were 1-4, we knew we had to get a win," said Mozzicato. "Everyone had to step up and get a big win."

The game started off quickly for the Owls, with sophomore guard Ulyen Coleman scoring immediately from the tip off. From there, Southern took off on both sides of the ball. Between shooting 51.7 percent and forcing nine turnovers in the first half, the Owls were able to claim a 21-15 lead with just

over nine minutes left in the opening half.

Two first year players for Southern-Mozzicato, and Iona College transfer C.J. Seaforth-also stepped up big at the start of the game, especially from beyond the ark. Mozzicato shot a perfect 3-3 from three, while Seaforth contributed 12 points from distance, shooting off 4-6.

Head coach Scott Burrell said that he had faith in the new players and said they are helping carry the injured team in recent games.

"They are going to get opportunities with all our injured players," said Burrell. "They're going to get opportunities to just grow. Every day in practice, get better. Every day in games, get better. You're going to have setbacks, but just overcome them. Don't worry about it, learn from your mistakes. Just get better every day and every game. That's all I want from them and they do."

SEE MEN'S BASKETBALL PAGE 11



PHOTO | PALMER PIANA

Guard Kealen Ives, a senior, shoots during a home game against Le Moyne earlier this year.

Volleyball season comes to end with loss to Adelphi in first round of NCAA Tournament

By Matt Gad
Contributor

The Owls, winners of 21 overall, were unable to continue their season Nov. 15 when they lost to Adelphi 3-0 in the first round of the NCAA Tournament.

Despite a closely contested opening set that saw the Panthers winning, 26-24, the game ended up being one of missed opportunities for the Northeast-10 champions, who would have played a rematch with American International in the second round.

"I'm really proud of this group and what they've been able to accomplish this year," head coach Lisa Barbaro said. "[They won] their first

conference championship ever and to be back to the NCAA Tournament for the second time in a row is pretty tremendous. The girls have really worked hard from the start of the season to the end and I'm just proud of what they've been able to accomplish."

Senior middle hitter Alyssa Gage, last week's Most Outstanding Player, led the team with 12 kills and freshman Kailyn O'Neal, the only one in her class that earned a starting spot this year, had 30 assists. Another senior and co-captain, Leanna Judus, named to the Google Cloud and CoSIDA Academic All-District Team, recorded nine kills.



PHOTO | SCSU ATHLETIC COMMUNICATIONS

The volleyball team celebrates after a point during the NCAA Tournament against Adelphi at Charger Gymnasium.

SEE VOLLEYBALL PAGE 11

Beesley becoming key role player in time of need



By Hunter Lyle
Sports Writer

One of the most important factors in any efficient and effective basketball system are the glue guys and role players. These typically unsung heroes help carry the load during dry spells, rough patches and spans of team injuries.

The men's basketball team is no foreigner to the world of sports crisis. Currently, one of the team's center pieces, senior guard Isaiah McLeod, suffered an injury and has missed the past three games while other key players suffered injuries in the preseason.

Between the seemingly constant injuries and the slow start to the season, the Owls currently sit at 2-4 - fourth in the NE-10 Conference Southwest division at 1-1. Through the drought, the Owls have been relying on the rest of the team to fully commit.

One player has been a key pillar to the team for the past two years: number 52, Luke Beesley.

Beesley is an essential part to both sides of Southern's game. Tenaciously grabbing rebounds, both offensively and defensively, he can create opportunities for the rest of his team while also making plays for himself under the basket and playing ironclad defense on the other end.

Beesley also contributes offensively without scoring. As a tough post-player, he opens up the court by positioning himself deep in the paint, allowing shooters to find their mark and fire away.

In the 2018-2019 season, Beesley is currently averaging 11.3 points per game, off a whopping 71.9% shooting, 8.7 rebounds per game, and close to a steal and a block every game. In the last three games played, he has finished with double digit points and totaled close to 30 rebounds.

In his last game against Caldwell University, Beesley finished with a career high 18 points, six rebounds and played stellar late-game defense in the 81-69 victory over the Cougars.

While Beesley has only been playing at Southern since his junior year, after transferring from Parkland College, in his first year with the team he averaged 2.7 offensive rebounds per game, the second most in the NE-10 conference.

With all the woes the men's basketball team is facing as of late, Beesley has certainly maintained become a prime factor for the Owls, which only makes the return of injured players more exciting.

The multi-faceted, back-to-the-basket playstyle of Beesley, paired with the athletic scoring of players like McLeod and Ulyen Coleman, should make a potent offense that will certainly make some waves in the NE-10 conference.

Pfohl's confidence high in first year as starter



Senior Amanda Pfohl, a guard, playing defense in an exhibition game against UConn earlier this year.

PHOTO | SCSU ATHLETIC COMMUNICATIONS

By Michael Riccio
Sports Editor

Women's basketball head coach Kate Lynch said she thinks every time Amanda Pfohl shoots the ball, it is going to go in.

"I think Amanda has the opportunity to break some records when it comes to three-point shooting and we've always kind of said that to her," Lynch said. "We said this is the year that you can do that. She's such a great young lady that she's not even focused on any of that. She's focused on doing what she can for the team and helping us be the best we can be and hopefully that's winning championships."

After averaging just 2.2 points in her first three seasons, Pfohl, a senior guard and captain, is averaging 13.4 points per game and has made 16 of her 33 three-point shot attempts. She has helped lead the Owls to their first 5-0 start since the 2006-2007 season.

Pfohl said the transition from high school from college was difficult because of the success she had in high school at Trumbull.

"In high school I was definitely known as the best player," Pfohl said. "I had the most playing time, I had some school records, and then coming here it's kind of like a shift with everything that's going on and it's like you're the baby."

She said being in a backup role was frustrating but she had to have a change in mindset, especially with the team having success.

"I just had to think 'my team's winning, my teammates are playing well, it's more of a team sport it's not about me,'" Pfohl said. "Obviously I wanted to be on the court but the fact that we were winning and doing well was fine enough for me."

Lynch said with players like Abby Hurlbert and Taylor McLaughlin, former All-Conference players over the last two seasons, Pfohl was able to learn under them while coming off the bench.

"She's gotten better every single year," Lynch said. "She's been more consistent with her three-point shooting, her confidence has been building, she's gotten a lot better defensively each and every year so she's really done a great job staying the course and staying

confident and everyone is seeing that now."

Lynch said Pfohl is more confident now than when she was a younger player, and now everyone is seeing her develop more with more playing time.

"She's really just blossomed," Lynch said. "She's one of our hardest workers, she's always focused, she always wants to win, she's always giving her best in practice, so watching her grow and blossom into the player she is now has been fun to watch."

Erin Ryder, one of the two other senior captains for the Owls, said during her first three years, Pfohl would still make the most of her opportunities coming off the bench.

"She would go out there and do what she does best which was her shooting," Ryder said. "Anytime she'd go out there and she had a chance to make herself known, she took her chances to shoot and she what she did best."

Ryder said her and the team has always been confident in Pfohl because they knew what she is capable of in practices.

"Not everyone can see what we see and do in practice day in and day out and the past four years, especially me and Allie Smith," Ryder said. "We've been able to see what she does best. We've been able to see her do the extra work so us being able to see that helps us know she can do it."

Since Ryder said Pfohl now has more confidence in herself, that has "made her have prominent role on the floor."

"When she's out there she knows we're behind her," Ryder said. "I think that gives her more confidence in herself too so that gives her the confidence to let her shot fly."

After scoring 14 and 13 points the first two games of the season, something she did not do in a game her first three years, Pfohl has scored exactly 17 points over the last two games, a career high. After shooting 28.2 percent on three-pointers as a freshman, she shot 35.5 percent as a sophomore and 42.1 percent as a junior. This year, she is shooting 48.5 percent on three-point shots.

"My dad always says 'there's never a shot Amanda sees that she doesn't like' so I think it's just I like to score," Pfohl said. "Shooting was always my best asset of my game ever since I was little so I just continued to work on it and now it's better than it's

ever been."

Lynch said Pfohl can give the team a boost at any point in the game because of her shooting and having a player like her is important with the way they play.

"She shoots the ball probably within one second of when she gets it," Lynch said. "We set up plays for her to obviously get open three's but she really has a knack for getting herself open."

Because of the start Pfohl has gotten off to this year, Lynch said it should help Pfohl for the rest of the season going forward.

"I think anytime you knock down three or four three's, especially right away, that's going to help you be more confident. I expect her to shoot even when she's not on because great shooters keep shooting and she's got that mentality."

Along with Ryder and Smith, Pfohl was named as a captain for the season. She said she was excited and knew she can be a leader, even if it is a distinctive role.

"It's very different," Pfohl said. "It's just different to see the other side of it because obviously you can get frustrated and stuff but hearing coach's

input more as a captain kind of make's things make more sense and understanding the game as a whole better."

Lynch said Pfohl does a good job with younger players on the team and keeping the team together and focused for every game.

"She's one of those student-athletes that does anything you ask of them, and does it without question," Lynch said. "She's one of those young ladies that if I'm not on the court, she's an extension of me on the court. She does and says the right things, she knows what the coaching staff expects from them and she's that person that stepped into that role and holds everyone accountable as a leader."

Ryder said she has a strong relationship with Pfohl after playing with her for four seasons and said she has become very close with her.

"I consider her one of my best friends on and off the court. She's always been very supportive of me with anything that's happened throughout my lifetime the past few years and I've been there for her so she's someone I could really count on."



Senior Amanda Pfohl, a guard, shooting the ball last season.

PHOTO | SOUTHERNCTOWLS.COM

Women's Basketball

Continued from Page 9

Among the successes of the day was Pfohl, who scored a career high in points with 17.

"[Setting my career high] is awesome. I'm not going to take any of the credit though," said Pfohl. "My team really has a lot of confidence in me and there's been a couple games where I've had a hard time shooting and today I just let it fly. I didn't really let any of negative energy get to me."

Pfohl also credited her relationship with her coach and how much confidence she generates.

"My coach specifically has really given me a lot of confidence in me. She'll send me cute quotes before the game to be confident in my shooting and I think, at this point, it was just do or die," said Pfohl. "I was going to keep shooting whether I made it or missed it, and it just happened to go in today."

The Owls improved to 5-0 with a win against Queens College on Nov. 25. They return home to play New Haven on Nov. 28. an NE10 Conference game.



Forward Kiana Steinauer, a forward, in a game earlier this year.

PHOTO | SOUTHERNCTOWLS.COM

Fornaciari leads swimming in junior season



Junior Avery Fornaciari swimming in a meet earlier this year.

PHOTO | SOUTHERNCTOWLS.COM

By Hunter Lyle
Sports Writer

As she dives into her third season swimming at Southern, junior and psychology major Avery Fornaciari looks to lead her team and fulfill her duties as team captain.

Teammate and athletic training major Meaghan Spagnolo said part of the reason Fornaciari was made captain was due to her work ethic and motivation.

"She definitely brings motivation and she definitely is a leader by example," said Spagnolo. "It's a rare day when you see her struggling in practice. Even if she is struggling, she's still cheering everyone else on and beating herself up for struggling but she is still pushing through it. Her struggling is nowhere near bad."

Fornaciari started swimming at the age of eight and after developing a love and passion for the sport and continued to chase her passion ever since.

"I got much more competitive around 13

or 14. I started doing USA Swimming, which is a bigger organization before I was doing rec swimming," said Fornaciari. "There's some kind of feeling you get from [swimming competitively] that you can't explain. I'm a really competitive person, so I hate to lose."

Instead of competing in high school swimming, Fornaciari chose to swim in a rec league, and after becoming for recruitment, she decided to reach out to Southern.

Coach Tim Quill, who has been leading Southern's team for the past 20 years, was impressed with her attitude and enthusiasm towards the sport.

"[When I visited her] I saw a very strong young lady. She has a lot of energy to her, and I mean not just in the training itself, but even in her personality," said Quill. "She's very good to get along with, she tends to keep everybody enthusiastic about what we are doing. Those are invaluable characteristics to what I consider a model athlete."

Quill also said that Fornaciari has shown great improvement with each year she plays for the team.

"Avery has made tremendous strides in the

past two years," said Quill. "She went from just barely making the top 16 in her freshman year, her first year here, to almost winning the 100-fly last year. She's shown all the indicators of continuing that push forward."

In the team's loss to Iona College in early October, Fornaciari, who specializes in butterfly and freestyle, placed first place in the 200 butterfly, with a time of 2:11.33, and finished second in the 100 butterfly, with a time of 59.94. She also placed second in the 200 yard freestyle event with a time of 1:59.26 during their win against Pace University.

As she steps into her role of being captain, Fornaciari said she wants to keep the team fire burning strong.

"Definitely bringing the team together is huge for me. Keeping everyone motivated because I think this is the hardest part of the year," said Fornaciari. "Keeping everyone motivated is my biggest goal and also pushing everyone to limits because it's so easy to fall into a rhythm of just going through the motions. This team has been the most motivated I've seen while I've been here."

Women's basketball off to historic start to year



By Michael Riccio
Sports Editor

A year after making the NCAA Tournament, the women's basketball team has won five games in a row to start the season. The 5-0 start is the Owls best start since the 2006-2007 season, the last year they won the NCAA Tournament and started the year 20-0.

The Owls lost four of their starters from last season, including First-Team All-NE10 selection and leading scorer Abby Hurlbert and starting point guard Murphy Murad.

However, many players that were on the team last year have stepped up into starting roles this year and excelled. Led by Kiana Steinauer, who is the only returning starter from last year, the Owls have gotten to their best start in over a decade.

Steinauer has already recorded five double-doubles in the season's first five games. She has also upped her scoring and rebounding average from 10.1 points to and 10.6 rebounds per game to 18.2 points and 13.4 rebounds per game. She has also missed just four of her 28 free throw attempts while averaging three steals per game.

Replacing Murad at the point guard position is Imani Wheeler. Wheeler, a junior, spent the last two years coming off the bench. Last year, she led the team in steals with 50 steals in 31 games played. She has also become a reliable passer for the Owls, averaging over 5.5 assists per game.

Jessica Fressle and Amanda Pfohl have also become reliable shooters for the Owls in their first years starting. Fressle, a junior, scored just 68 during her first two years. This year, she has scored 91 points—an average of 18.2 points per game—tied with Steinauer for first on the team. Fressle has also shot 39.1 percent from three while grabbing 7.8 rebounds per game.

Pfohl has always been one of the most reliable shooting options for the Owls, but came off the bench in every game during her first three years. She improved her three-point shooting percentage in every year, shooting 28.2 percent as a freshman, 35.5 percent as a sophomore, 42.1 percent as a junior, to 48.5 percent this year. She also set her career high in scoring in a game with 17 on Nov. 17 against Le Moyne, then tied it in the next game against Queen's.

With so many players departing the Owls from last year, there was a concern about who would replace last year's production, who would step up in a leadership role, and how so many players would respond to the increase in playing time. So far, the Owls have answered all questions as they try to make the NCAA Tournament again.



Leanna Jadus, a senior, during the Owls' NCAA Tournament game against Adelphi at Charger Gymnasium.

PHOTO | SCSU ATHLETIC COMMUNICATIONS

Volleyball

Continued from Page 9

"I can't say enough about this senior group and what they've been able to do for our volleyball program," Barbaro said. "They've really helped to turn the corner and they've been great examples for the university, both in the classroom and on the court."

The team welcomed seven freshman to the squad as they entered this season back in August. Including O'Neal, they brought on Megan Mercer, Sophia Castellano, Erika Benson, Kylie Fisher, Natalie Fineman and Xia'ian Carrasco.

"We see how we've done well now and we still have more opportunities to keep going," O'Neal said. "Even though this is the end for the seniors I know they've left such a good legacy that we know what we have to do to continue fighting and be as strong as we were this year."

The team ends the 2018 season with two consecutive NCAA Tournament appearances, their first two in program

history, their first ever conference title and another campaign that saw more than 20 wins overall.

The Owls also managed to record an 13-1 mark on their home court at Pelz Gymnasium and finished their postseason 3-1.

"Our passing broke down a bit and we missed serves. We just struggled to get back into a rhythm after losing the first set," Barbaro said.

Coaching on the sidelines with Barbaro this year, and returning assistant coach Eddie Castano, was Marshay Greenlee, who played Division I volleyball in college, and Brianna Litevich, a former standout at Nyack.

Over the past two seasons, the Owls have recorded a combined record of 45-25 for a winning percentage of 64 percent.

"In practice we all know that we need to have the ability to step up and like in our match today anything can happen. We just have to be ready to go," O'Neal said. "I don't have any doubt on my mind that nobody can't do what they have to do. We want to use this to motivate us to do even better next year."

Men's Basketball

Continued from Page 9

The team shot 56.3 percent from deep, and managed to gain a 41-32 lead at the half.

At the start of the half, the Owls picked up where they left off. The shots continued to fall, with senior forward Luke Beesley granting multiple second chance points by battling under the glass and sophomore guard Ulyen Coleman finding his shot and adding three more triples to the lead.

On the other hand, Caldwell struggled to keep up. Continuing from the first half, the Cougars turned over the ball and could not connect on multiple trips to the free throw line, which forced them to a 17-point deficit with nine minutes to go.

As the game carried on and the time wound down, the Cougars

ran into foul trouble, leaving the game all but finished. A score of 81-69 gave Southern their first home win and improved their record to 2-4.

Burrell said the key to the victory was a mix of the Owl's potent offense and the tenacious rebounding.

"I think we ran good offense. We ran a good offense and took good shots and we made shots," said Burrell. "We rebounded the ball a little bit better in the second half, that was the big key for us. I think those are keys to the game and the second half was a big second half for us."

Four Owls ended in double digits. Beesley finished with 18 points and six rebounds, Seaforth had 18 points and six assists, Coleman dropped 14 points, and Mozzicato finished with 13 points.

"[Getting a win] was definitely great. It was great, but we're trying to move on," said Seaforth. "On Wednesday, we have a rival game, and we're just trying to get focused for that one."



Guard Ulyen Coleman, a sophomore, during a home game against Le Moyne last week.

PHOTO | PALMER PIANA

SOUTHERN NEWS

SNOW comes early

Palmer Piana
Photo Editor



PHOTOS | PALMER PIANA

The front of Connecticut Hall during the snow storm on the night of Nov 15.



Snow continuing to come down in the academic quad.



Jess Dow Field covered in a fresh coat of snow.



Farnham Hall during the night of the storm.



An untouched coat of snow in front of Earl Hall.